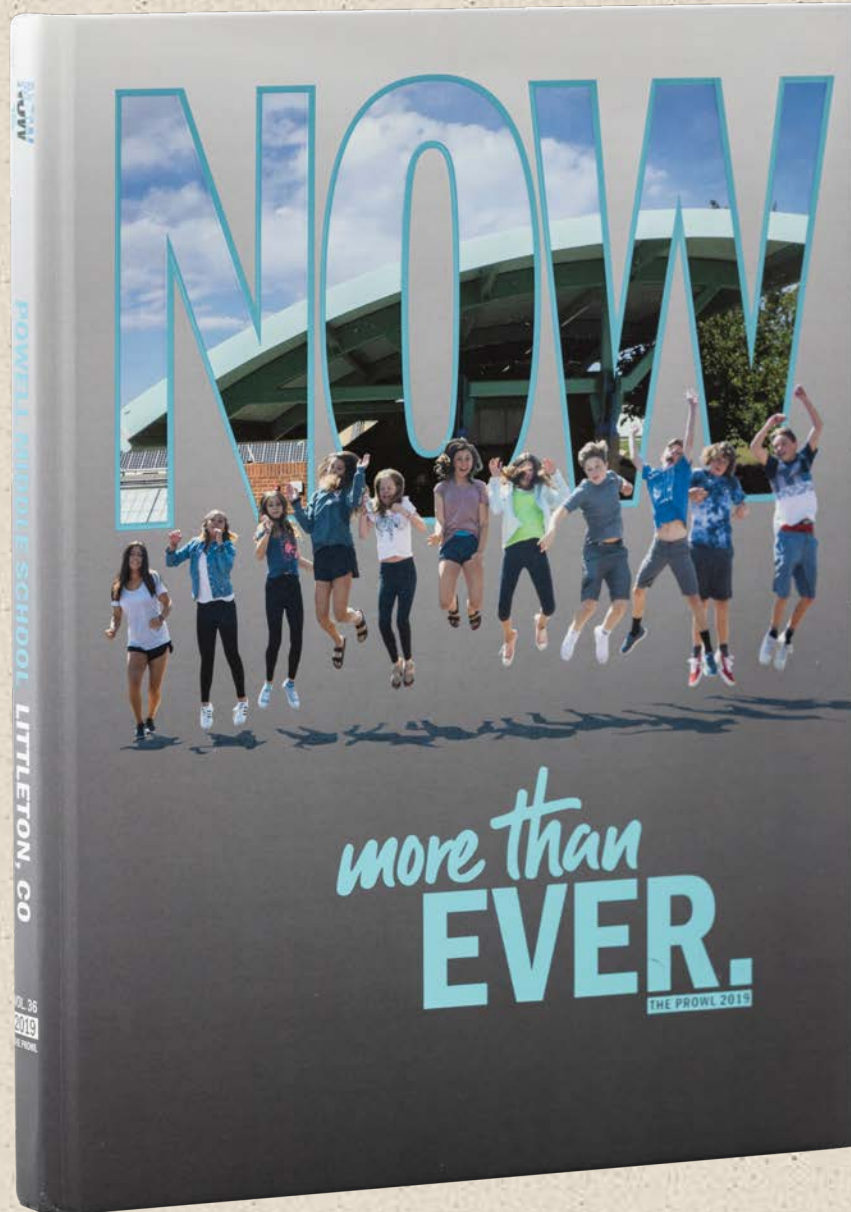




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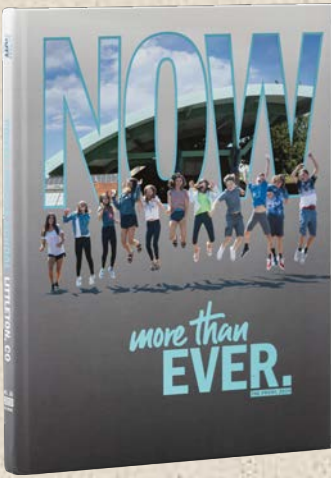


// The Prowl

*Powell Middle School
Littleton, Colorado*

EDITORS: Leah Grier, Maddie Murphy,
Kate Tucker, Sophie Tucker

ADVISER: Yvette Manculich



// The Prowl
Powell Middle School
Littleton, Colorado

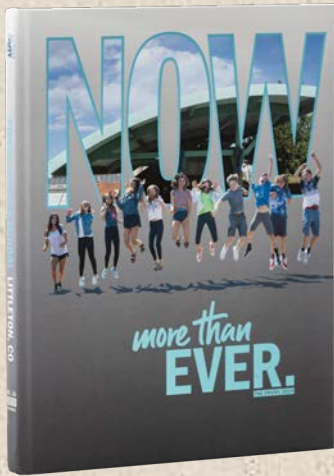
RAVES *from the judges*

// All the elements of an excellent book are exhibited on all the pages of The Prowl.

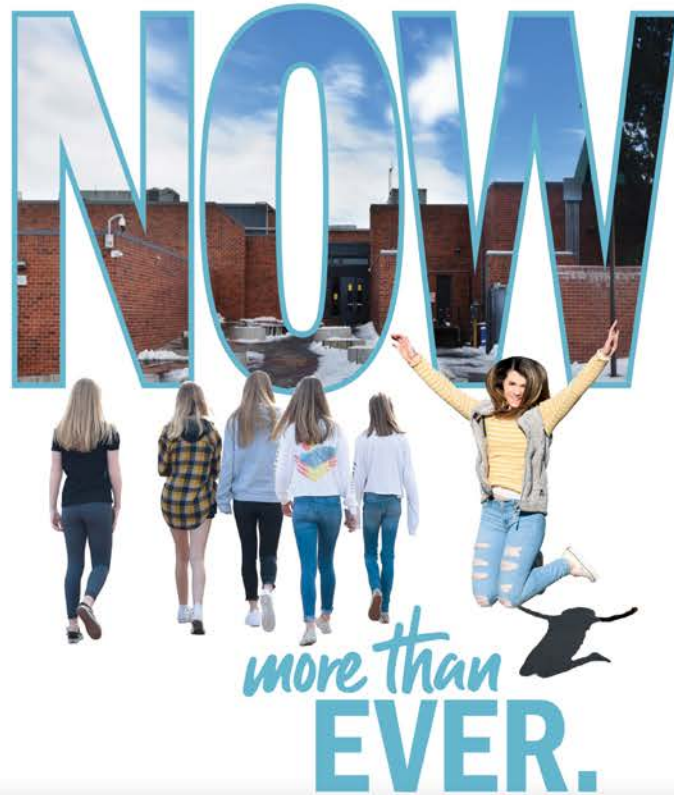
// Subtle repetition of theme element enhances content and provide cohesion for the reader.

// Photography highlights emotions and reactions.

// Whole-book link is fun and provides a lively student voice while expanding coverage.



// **The Prowl**
Powell Middle School
Littleton, Colorado



THEME

Title 1
 Opening 2
 Dividers 4, 80
 Closing 158
 Parting 160

NOW MOMENTS

Be The Change Now 34
 Current Events Now 78
 Fashion Now 24
 Hangouts Now 14
 Spirit Now 66
 Summer Now 8
 Trends Now 44
 Who We Are Now 54

ACADEMICS & ELECTIVES

Advanced Video Editing 21
 Art 13, 21, 31, 50, 63
 Band 5, 31, 48, 51, 63, 70
 Choir 48, 76
 Drama 62
 FACS 21, 31, 41, 51, 63
 Film Studies 62
 GT Seminar 73
 Guitar 21, 51
 Language Arts 2, 20, 31, 46, 51
 Mad Science 73
 Math 31, 51, 73
 Metal Tech 13, 20
 Modern Technology 63
 Music Appreciation 62
 Orchestra 2, 21, 62, 81
 PE 21, 31
 Science 20, 31, 40, 51, 63, 72
 Social Studies 5, 20, 31, 40, 59, 63, 73
 Spanish 30, 41
 Speech 31
 STEM 41, 46, 62, 77
 Wood Tech 13, 21, 30, 41
 Yearbook 69, 156

COVER CAPTIONS

UNITED IN FRIENDSHIP, Shelby Miyazaki, Devyn Yates, Erin Hillebrandt, Hailey Claridge, Kimball Eggen, Avery Varvarinecz, Maria Ester Rivera, Jake Peterson, Shane Sicard, Nathan Widing and Tabor Birkholz, 08, practice jumping during lunch, while Andrew Gaff, 08, crafts the perfect student life shot. "Now more than ever, I'm striving to step up my grades. Last year I slipped and got a C. This has helped my motivation and instead of going for A's & B's, now I'm going even further and working to get all A's," Sicard said.

photo by n. gaff

ENDSHEET CAPTIONS

STUDENTS IN MS. MANCULICH'S EIGHTH GRADE CORE PLUS walk in from the courtyard at the back of the building, while Bailee Sidebotham, 07, participates in a photography Scavenger Hunt activity. "My favorite part of Digital Media was all the pictures you get to take and learning how to use a camera," Sidebotham said. *photos by n. harrison | endsheets by bryan parker & luke spalovecki*

EVENTS

AHS Band Night 19
 Band Concert 38, 70
 Brain Bowl Tournament 60
 Chili Cook-Off 38, 78
 Choir Concert 49
 Dinosaur Ridge FT 26
 Flatiron Crossing Mall FT 48
 Geography Bee 60
 Giving Basket 46
 Guitar Concert 48
 Honor Roll 18, 60
 India's Kitchen FT 18
 International Towne FT 40
 J-Day FT 18
 Kickin' It Old School 5, 16, 67, 78, 81
 Most Valuable Teacher Award 38
 Movie Night 70
 Musical Auditions 61
 NJHS 27, 147
 Orchestra Concert 38
 Pennies for Patients 71, 79
 Powell Showcase Night 48
 PRIDE Day 1, 12, 81, 160
 PRIDE Leaders 12, 146
 Puma Prowl 27, 158
 Ropes Course 13
 Semester Celebration 47
 School Dance 76
 Sources of Strength 27, 79
 Spelling Bee 70
 Sucker Sales 70
 Super Bowl Sunday 75
 Valentine's Day 68, 71
 Veterans' Day 38
 Washington D.C. Trip 28

SPORTS

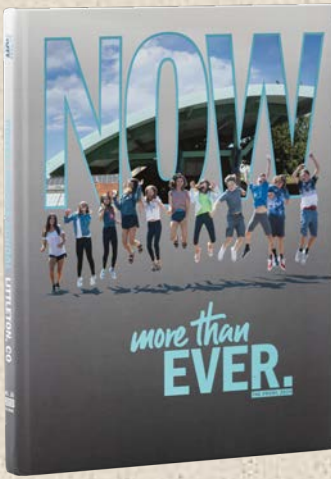
Boys Basketball 64, 74, 152
 Girls Basketball 1, 42, 52, 160
 Girls Volleyball 76, 155
 Track 5, 13, 22, 32, 148, 160
 Wrestling 1, 32, 42, 52, 154

STUDENT LIFE & CLUBS

Art Club 2, 17, 27, 37, 50, 69
 Basketball Club 69
 Brain Bowl 27, 37
 Chess Club 36
 Destination Imagination 27
 Fall & Thanksgiving Break 37
 Fast Food 69
 Freedom Essay Contest 50
 Friendship 17
 Hallways 17, 51, 59
 Hobbies 10, 27, 37, 54, 71
 Holidays 47
 Jazz Band 60, 63
 Kickin' It & Flippin' It Club 69
 Lunch 5, 17, 36, 47
 Mad Science Club 36, 47, 59
 March Madness 77
 Musical Rehearsals 68
 New Students 13
 New Year's Resolutions 59
 Recess 2, 5, 17, 37, 47, 58, 69, 81, 158
 Rubik's Cube Club 47
 SAGA Club 59
 School Start Times 16, 47
 Sign Language Club 36, 41
 Snow Day Petition 79
 Spirit 66, 69
 Spirit Week 1, 66, 76, 160
 Summer 6, 8
 TSA 26, 70
 Volleyball Club 12
 Winter Break 56

REFERENCE

8th Graders 82
 7th Graders 92
 6th Graders 100
 Staff & Faculty 106
 Baby Ads 110
 Index 146
 Colophon 156



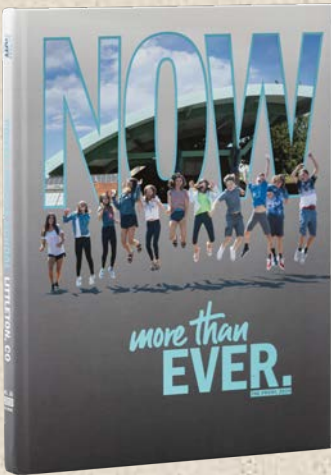
// **The Prowl**
Powell Middle School
Littleton, Colorado



more than
EVER.

1. DURING SPIRIT WEEK Christian Sanderford, 08, wears a humorous costume. "We get to wear clothes that we usually don't get to wear to school, so it is a unique time of the year," Sanderford said. *photo by a. harriss* 2. DURING AN EIGHTH GRADE GIRLS BASKETBALL GAME Madison Groth, 08, drives to the hoop for a bucket. "Before basketball games, I like to stretch and pump myself up to get ready," Groth said. *photo by w. donahue* 3. ON THE MAT, Braden Sisler and Lance Derby, 06, rumble at the sixth grade Wrestling Festival. "I enjoy playing in tournaments and to prepare, I practice all of my shots and my moves," Sisler said. *photo by s. alpern* 4. ON THE FIRST DAY OF SCHOOL, Principal Steve Wolf welcomes the incoming sixth grade students. "What I am very impressed by over the last few years is that our students behave much more like a family. They truly care about other people and they are willing to help out. That is what I am most proud of," Wolf said. *photo by y. manculich*

POWELL MIDDLE SCHOOL
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PRINCIPAL: STEVE WOLF



// The Prowl
Powell Middle School
Littleton, Colorado

1. IN ORCHESTRA, Molly McHale, 08, practices the upright bass. McHale has been playing for three consecutive years. "Now, the pieces of music are advancing and becoming more unique," McHale said. *photo by k. swensson* **2. GROWING AS ARTISTS**, Cristian Gottschalk, Olivia Hill and Lydia Monniere, 06, work on various projects, including a clay house and superhero painting, while munching on popcorn in Art. "Now I am spending more time on my homework, so I get it right the first time," Gottschalk said. *photo by s. miyazaki* **3. ACHIEVING HIS GOALS**, Skyler Gruidel, 07, works on an elements of fiction packet in

Mrs. Melissa Toland's language arts class. "Now, I study more for my language arts tests to get better grades on them and to achieve A/B Honor Roll," Gruidel said. *photo by m. labrecque* **4. AT RECESS**, Ava Escorcio and Kayla Renner, 08, play four square. "Now more than ever, I am paying attention to my friends, what they are doing and how they feel," Renner said. *photo by s. miyazaki* **5. OUTSIDE**, Emmet Butler, Anna Peecher, Calia Keasler, Ava Hansen, Breeze Schelter, Morgan Aikens and Chloe Hebert, 06, form a conga line. "I'm making even more friends this year and meeting new people," Schelter said. *photo by a. colling*



WE ARE

more than a student and an athlete. more than a devoted artist in Ms. Masek's Art class. WE ARE PUMAS, and the present moment is more important than ever. more than a new generation striving to achieve our future dreams. WE make a difference by staying true to our CORE values, and we use our voices to speak our truth. WE make our moves just like Jaxton Knutsen, 07, who won at the annual Chess Club competition.

You might ask us, "Who are we going to be in the future?" But what PURPOSE does this question really serve? We are focused on what we are doing right here and right

NOW. For us, it's not "next week", "next semester" or "tomorrow". **IT'S ABOUT TODAY, RIGHT HERE AND RIGHT NOW.** It's a matter of making the most of it until the 3:50 bell rings. **NOW** it's about seizing the day. We strive to be better, to be brighter, to be more successful, to be the best we can be. Nothing's impossible unless we sit back and watch our lives happen. **WE** take control from the moment the alarm clock wakes us up arriving at first block, to the time we crawl into bed exhausted from studying physics vocabulary for our science class.

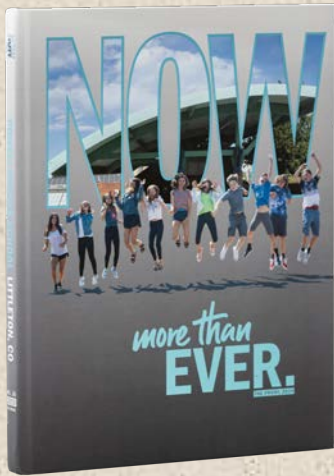
WE know it is always a great day to be a **PUMA**. So, what will you do with today?



"Right now, we don't have to worry about making life changing decisions, just being kids."
ANNA PEECHER, 06



more than ever
it is up to you.



// The Prowl
Powell Middle School
Littleton, Colorado

NOW

WHO ARE WE NOW?

WE ARE curious minds learning about the world around us at the 7th grade International Towne Field Trip. WE ARE scholars like Hannah Resley, 08, who won the Freedom Essay contest, and Jane Griffin, 08, and Ella Taylor, 07, who qualified for the district-wide Spelling Bee. We are a PRIDE, attending the annual Kickin' It Old School Night, CORE Plus competitions, the Annual Movie Night and the Chili Cook-Off.

WE make a difference in this world by raising \$3,512.71 in donations for Pennies for Patients, a fundraiser for the Leukemia and Lymphoma Society, with Mrs. Mindy Enley's CORE Plus earning the first place Olive Garden lunch prize. **WHO ARE WE?**

SO... WE ARE the John Erwin School of Excellence, demonstrating honor and integrity. We laid the wreath at the Tomb of the Unknown Soldier. We are more than just a middle school at 8000 S. Corona Way. We exceed expectations. **AND NOW**

more than ever
we make the
most of every day.

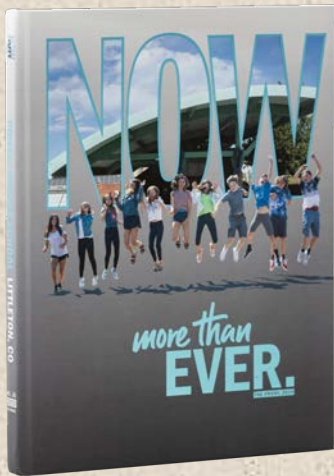
chronological divider

1. PLAYING THE PERFECT NOTE, Cassandra Culp, 06, practices in Band. Culp has been playing the baritone for three years, and she enjoys performing new music at every concert she attends. "Now I've been practicing a lot more," Culp said. *photo by c. winterbottom* **2. EXCELLING AT DISTRICTS**, Shelby Miyazaki, 08, takes first place during her 4X2 relay. Miyazaki's Track Relay Team stayed undefeated throughout the season, and she enjoyed running for the Track Team all three years of middle school. "Crossing the finish line was more exhilarating at Districts than it had been before," Miyazaki said. *photo by a. evangelista* **3. AFTER WINNING THE 3RD ANNUAL KICKIN' IT OLD SCHOOL KICKBALL TOURNAMENT**, Daniel Pepe, 08, garners the trophy for his team, the Big

Baller Bois. Assisted by Mr. Andrew Genson, science, the Big Baller Bois played high energy games and took the victory with pride. "Now more than ever, I am proud of our teamwork, friendship and effort," Pepe said. *photo by a. gaff* **4. IN MRS. JEN CHAVERS' SOCIAL STUDIES CLASS**, Samuel Sokolowski, 06, lends a helping hand to fellow student, Wallace Smith. "I really like social studies this year because we are learning more about ancient civilizations," Sokolowski said. *photo by m. murphy* **5. FLIPPING OUT**, Victoria Bratt and Rebeka Terwilliger, 08, show off their cheer skills during recess. Bratt has been in cheer for two years, competing with All Star Cheer throughout the year, and continuing to learn new skills. "I like stunting the best when I get sent through the air and do flips," Bratt said. *photo by r. parker*



"Now more than ever, I am getting better at being on time and conquering my fears."
WALLACE SMITH, 06



// The Prowl
Powell Middle School
Littleton, Colorado

summertime
HIGHLIGHTS
NOW MORE THAN EVER
 WHAT WAS YOUR FAVORITE PART OF SUMMER VACATION?

"My favorite part of the summer was walking across the beach on the North Sea."
KAREN MASEK, ART
photo courtesy of k. masek

"My favorite part was hanging out and relaxing with my family in Hawaii, which is something we don't do often."
ELISE KRISS, 08
photo courtesy of e. kriss

"Going to the Black Canyon of the Gunnison. It was so big, deep and hard to imagine how it formed."
BRAEDEN LOSIER, 07
JESSE BELL, 08
photo courtesy of b. losier

"My favorite part of the summer was going whale watching and seeing the whales jump out of the ocean in Alaska."
MICHAEL PURFIELD, 06
photo courtesy of m. purfield



1. ZIPLINING THROUGH THE JUNGLE, Kevin Andersen, 08, vacations in Costa Rica with his family. Andersen saw different species of birds and lizards on his trip. "My favorite part was feeling the wind against my face, while ziplining and feeling the white water rapids bump against me while rafting," Andersen said. *photo courtesy of k. anderson*



2. RIDING THE WAVES FOR THE FIRST TIME, Reagan Parker, 08, surfs in Dana Point, California. In between

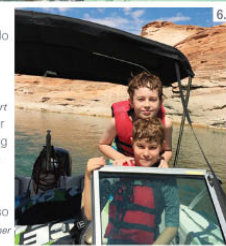


3. AT THE EIFFEL TOWER IN PARIS, Logan Wilson, 07, vacations in France over the summer. Wilson loved exploring the history and the landmarks of the unique city. "It was so crazy to see the whole city from the top of the Eiffel Tower," Wilson said. *photo courtesy of l. wilson*

4. ADMIRING THE NEW YORK CITY SCAPE, Max Ratcliff, 07, tours the city while on vacation. Ratcliff enjoyed visiting the Empire State Building, the Statue of Liberty, Rockefeller Center, Times Square and the many other attractions in New York. "My favorite part was going to Rockefeller Center and visiting all the cool Lego and Nintendo stores there," Ratcliff said. *photo by m. ratcliff*



5. HOLDING A STINGRAY IN THE CAYMAN ISLANDS, Noah Gilbert, 08, spends time at his friends' condo in the Caribbean. With the help of a tour guide, Gilbert interacted with the giant stingray in the ocean. "It felt like the stingray was giving me a weird massage," Gilbert said. *photo courtesy of n. gilbert*



6. BOATING AT LAKE POWELL, Jasper Hughes-Palmer and Merik Hughes-Palmer, 06, have a blast. During their time at the lake, both boys enjoyed riding on an intertube. Although they flew off many times, the boys just hopped back on and tried again. "It was bumpy, windy and a little scary, but we had so much fun," Merik said. *photo courtesy of m. hughes-palmer*

7. IN BRITISH COLUMBIA, Gerrit Clark, 08, kayaks for the first time while on a trip to Canada. Clark enjoyed paddle boarding, kayaking and taking photos of his family. "I will always remember when we ate breakfast at the market while goats watched above on the roof," Clark said. *photo courtesy of g. clark*



GATORS GALORE
 VISITING THE EVERGLADE NATIONAL PARK, Adelaide Wood, 08, gets up close and personal with an alligator while in Florida. Wood saw various reptiles there, but alligators and crocodiles were the most abundant. "It was my first time holding an alligator and it was very rough," Wood said. *photo courtesy of a. wood*

Wood, 08, gets up close and personal with an alligator while in Florida. Wood saw various reptiles there, but alligators and crocodiles were the most abundant. "It was my first time holding an alligator and it was very rough," Wood said. *photo courtesy of a. wood*



globe trotting to
FARAWAY PLACES

FROM LOCAL TO DISTANT LOCATIONS
 PUMAS ROCKED SUMMER BREAK
*design by sophia ballman
 page by mariah schmeling
 & colin winterbottom*

RELAXING OVER SUMMER BREAK, Pumas took trips, seeing new things and participating in unique activities. Students and teachers traveled to exotic local and foreign sites during the summer. Whether it was going to an adjacent state or crossing the ocean, fun was had by all. Corbin McDermott, 08, explored Italy with his family. "My favorite part of Italy was trying new foods and visiting cool sites," McDermott said. Flying to Central America, Kevin Andersen, 08, journeyed to Costa Rica for a trip full of adventures. "It was so fun to do activities that couldn't be done in Colorado," Andersen said. Visiting Mexico

again, Riley Kobar, 07, enjoyed Puerto Penasco. "I loved spending time with my family and playing on the beach," Kobar said. Staying in the states, Brenna Higgins, 06, visited California for an annual family trip. "My favorite part was being able to surf again with my family," Higgins said. Even staff took advantage of the time off. Ms. Allison Henry, Dean of Students, traveled to Montreal, Niagara Falls and Rochester, N.Y. "My favorite was going to Montreal and tasting new foods at fun local diners," Henry said.

the more
THE MERRIER
 AT SNOW MOUNTAIN RANCH

SPENDING TIME TOGETHER at Snow Mountain Ranch, Hogan David, Ava Hansen, Jake Hansen, Graham Reed, and his cousins, Maxwell Madden, Austin Shepherd, Gabriel Brock and Carson David, 06, traveled to the lake for summer fun. Camping together, these friends enjoyed making pancakes over the fire and laughing with each other. "It is more fun to go in a group because there are more people to talk to and share my adventures with," Carson David said. *photo courtesy of h. david*



now exploring
THE BEAUTY OF COLORADO'S LANDSCAPE HAS TO OFFER

FUN IN THE SUN, a group of students spent a week of yertling and going to the lake at the YMCA Camp, as well as backpacking along the Missouri Lakes Trail. Carson David, 06, Austin Shepherd, 06, Hogan David, 06, Alexander Shepherd, 08, and his friend Ryan Wyatt, 08, explored the trails. Hogan David, 06, and friends made the most of Colorado's weather this summer. "It was fun sleeping in the tents and hiking with all the nature around," David said. *photos courtesy of h. david*



"I am trying new foods, like pomegranates in Paris."
CATHERINE HARRIS, 06
RUBY HARRIS, 06
photo courtesy of c. harris

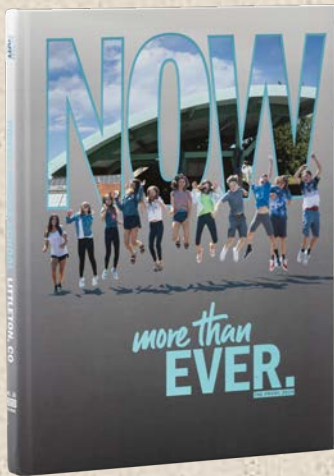
"I go to Lifetime Fitness with my friends a lot."
BRADY SYERS, 06
photo by m. schmeling

"I am learning Italian and it's fun to learn a new language."
HALLE GALL, 08
photo courtesy of h. gall

"I play basketball at recess with my friends."
DALE ADOLPH, 07
photo by m. schmeling

"I practice to get better at drums. I'm currently in four different bands and working hard!"
OWEN TALLEY, 07
photo by s. colling

"I'm going on adventures and trying new things."
MARIAH SCHEMELING, 08
photo courtesy of m. schmeling



// The Prowl
Powell Middle School
Littleton, Colorado

Summer Sojourners

NOW GOING OFF ROAD

RIDING IN THE BACK WOODS, Aiden Boillot, 06, mountain biked in the Colorado's steep and rural mountains. Boillot mountain biked often with his dad and every time they went, the two enjoyed a new adventure. Boillot has been mountain biking since the age of six, and now rides down mountains while traveling at fierce speeds. Boillot liked the extreme adrenaline rush when speeding down the mountain. "My favorite part is feeling the hard wind against my face and the rocky, tough ground as I ride on paths to get down the mountain," Boillot said. Boillot didn't only mountain bike, he also hiked with his dad, exploring Colorado's Rocky Mountains.

SPEEDING THROUGH THE FOREST, Aiden Boillot, 06, enjoys biking with his family, an activity they often do together. From peeling through difficult terrain to basking in the summer sun, Boillot loved being outdoors over summer break. "My favorite part of mountain biking is feeling the wind against my face," Boillot said. *photos courtesy of a. boillot*



ENJOYING THE BEACH, Jake Senier, 08, and his little brother Harry travel to the Outer Banks in North Carolina. Senier and his family traveled here for a relaxing trip. This summer, Senier, his brother and his mom decided to go on a long fishing excursion, where they caught fish and cherished each others' company. "It was so fun to visit family and hang out on the beach," Senier said. *photo courtesy of j. senier*

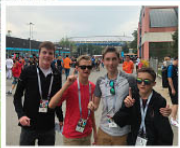


photo courtesy of j. senier

A SPORTS ENTHUSIAST

travels to Russia for the World Cup

FLYING ACROSS THE GLOBE, Sean Crookham, 08, ventured to Russia for the first time with his dad, brother and three family friends. Crookham traveled to see Croatia and France's Football Teams play at the 2018 World Cup. For Crookham, the best part of the trip was experiencing the World Cup Championship game firsthand, an event that occurs once every four years. While at the game, the intense and enthusiastic atmosphere of the loyal fans was exciting. "It was so cool to watch the emotion and celebration of the fans. For many would give their lives to cheer on their country's team," Crookham said. *photos courtesy of s. crookham*



*design by william donahue
 page by mariah schreimling
 & coin westerbottom*



GETTING A TASTE OF SPAIN

students & staff embrace cultural differences

CHAPERONING FORMER EIGHTH GRADERS ON A TRIP TO SPAIN during the summer for the past three years, Mrs. Chelsea Carstensen, math teacher, and Ms. Dawn Davies, counselor, spent nine days learning about Spanish history and culture. Both loved traveling to the Alhambra in Granada.

"Learning about the various traditions, agriculture, food and language was the best part," Carstensen said. It was Davies first time chaperoning the trip. Davies loved spending time with her temporary school family and seeing all the unique, culture-rich castles. *photos courtesy of c. carstensen*



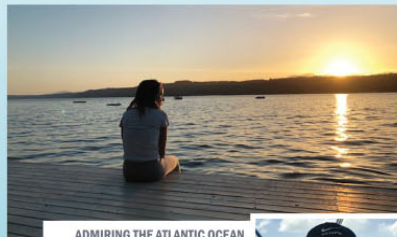
plunging into familiar waters with A LEAP OF FAITH

WHILE ON VACATION WITH HIS FAMILY, Douglas Lockard, 07, went cliff diving at Lake Powell. Traveling to Lake Powell every year for a week with his family, Lockard enjoyed trying new things. Although Lockard had cliff jumped several times, he was afraid the first time he climbed the steep cliff. "My favorite part is landing in the water after jumping; it feels like a sudden roller coaster ride drop," Lockard said. Lockard also enjoyed other water sports including tubing and boating. *photo courtesy of d. lockard*



AN EASTERN SEABOARD ADVENTURE

visiting well-known landmarks along the east coast

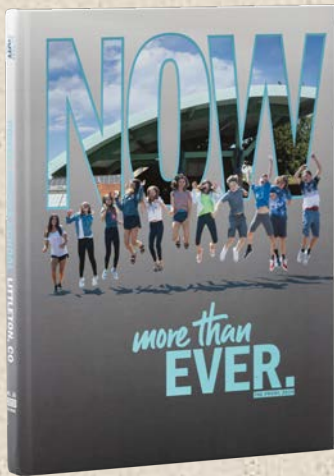


ADMIRING THE ATLANTIC OCEAN, Grace Kirk, 07, and Wilson Kirk, 08, spend time on the East Coast with family. On the annual trip, the Kirk family enjoyed sightseeing. They traveled to many famous landmarks and visited local tourist attractions. *photos courtesy of w. kirk*



OVER THE SUMMER, Wilson Kirk, 08, and his sister, Grace Kirk, 07, went on vacation to New York and New Jersey. Spending time at Long Beach Island, the Kirks had fun tubing in the water and taking boat tours. While Wilson

Kirk's favorite part of the trip was seeing the Statue of Liberty again. Grace Kirk enjoyed seeing downtown New York. "I loved riding the ferry through the town with my whole family," Grace Kirk said.



// The Prowl
Powell Middle School
Littleton, Colorado

our favorite
LEISURE ACTIVITIES
NOW MORE THAN EVER
HOW DO YOU CHOOSE TO
SPEND YOUR TIME AND WHY?

DIANE GASTON, STEM

"My husband and I built a saw mill with a chainsaw. We make furniture out of the slabs from some of the beetle kill pine on our land." *photo courtesy of d. gaston*



ALLISON JEFFERS, 06

"In gymnastics you have to be strong and loyal." *photo courtesy of a. jeffers*



CLAIRE AYLWARD, 08

"It is fun to go out of your boundaries by rope climbing." *photo courtesy of c. aylward*



CAROLINE DIMIG, 07

"I like to swim because it's really fun." *photo courtesy of c. dimig*



1. PLAYING AMERICA'S FAVORITE PASTIME, Cameron Althouse, 08, has been playing baseball since he was young. A natural born athlete, Althouse's skill has led to his team's success. "We normally win," Althouse said. *photo courtesy of c. althouse* **2. BODY SURFING LIKE A PRO**, Celeste Yale, 08, considers herself a "decent" surfer. Boogie boarding in La Jolla Beach, Yale was able to spend quality time in the ocean. "The funniest thing that happened was I got stuck in a wave because I did not know how to get out of it," Yale said. *photo courtesy of c. yale* **3. HIKING AT CANYONLANDS NATIONAL PARK**, Ava Rose Guillen, 08, enjoys the grandeur of the great outdoors near Moab, Utah. Guillen's family made the

trip with her brother Brody's Boy Scout Troop 444. "We stumbled across a large group of deer and we were able to get close enough to almost feed them," Guillen said. *photo courtesy of a. guillen*



the trail blazing
SPEED DEMON

BREAKING BARRIERS
TAKES DEDICATION

*design by stella torres
page by rohan hunt & tyler bradford*

2 WHEELS, 1 ENGINE, 0 LIMITS. MOTOCROSS RACING IS MORE THAN A HOBBY, IT'S A MISSION. Riding since the age of four, Annie Allen, 06, excels at the sport.

Participating in close to 30 races over the course of seven years, and a Women's Motocross Grand Prix, Allen has gone through three motorcycles since then. Allen's most recent bike, a KTM 65, helped her beat the competition. Due to the sheer number of races Allen has participated in, it's no surprise not all has gone as planned. "Once while I was racing, I got distracted and then I ran into a tree," Allen said. Despite crashes and subsequent injuries, Allen

is as determined as ever to keep racing. "One time they yelled my name over the loudspeaker and I was so focused, I couldn't hear it," Allen said. Strong willed, Allen is focused on motor cross racing now, however, this hobby most likely will not become her chosen career. The sport is incredibly expensive, including purchasing equipment, gear and the traveling fees associated with competition. Yet, at least for NOW, she's a rider with a mission.

not your
TYPICAL HOBBY

ALONG WITH HER FAMILY, Sarah Donohue, 06, raises chickens and ducks. After the chicks and ducklings are full grown, Donohue's family gives them away. "People only want them when they can start giving eggs," Donohue said.



photos courtesy of s. donahue



4. RACING FOR FIVE YEARS, Morgan Glass, 07, competes as a sponsored BMX racer, traveling both nationally and internationally. Glass has won nine national tournaments this year. Three years ago, Glass rode for Team USA at the UCI World Championships. "My dad raced as a kid. He took me to the track and I fell in love with it from there. I'm most proud of winning all three days at a huge national race," Glass said. *photo courtesy m. glass*



5. PLAYING HOCKEY FOR THE PAST THREE YEARS, Kinsley Tritz, 07, is thrilled about her team's season to date. A member of the 14U Double A, Tritz's team has won eight out of ten games so far. Tritz credited her team's success to good communication and friendship. "When I scored my first goal, I fell in love with the game," Tritz said. *photo courtesy of k. tritz*

THE SEASONAL SPORTING DEBATE
DO YOU PREFER WINTER OR SUMMER SPORTS?

120 students surveyed

28%

Students cited skiing as the top reason they preferred winter sports.

72%

The majority of students surveyed preferred summer sports including: swimming, football and soccer.



"I like listening to music."
OCEAN DAY, 06
photo by r. hunt



"I like archery."
KYLA QUINLAN, 07
photo by r. hunt



"I enjoy sports like kickball."
BILL BURTON, 08
photo by r. hunt



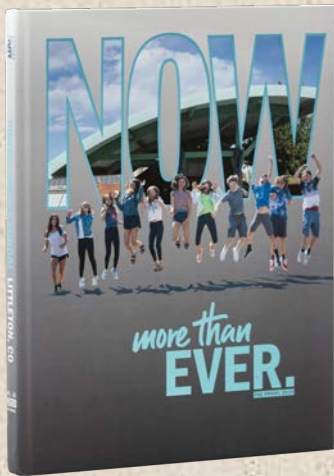
"I like playing Minecraft with my friend."
ADDISON STOUT, 06
photo by r. hunt



"I hope the Saints win the Super Bowl."
MANUEL GALVAN, 07
photo by t. bradford



"I like watching Netflix."
BROOKE HATELY, 08
photo by r. hunt



// The Prowl
Powell Middle School
Littleton, Colorado



The rhythm of a new MIDDLE SCHOOL

INCOMING STUDENTS LEARN HOW TO BECOME A MEMBER OF THE PRIDE

EVERY YEAR BEFORE THE FIRST DAY OF SCHOOL, THE INCOMING SIXTH GRADERS PARTICIPATE IN PRIDE DAY. The eighth grade PRIDE leaders led the newbies in a variety of activities geared towards building new relationships.

With the old days of elementary school behind them, incoming sixth graders started their middle school experience with PRIDE Day. Since attending a new school can be overwhelming, PRIDE Day showed new students that they were not alone. Eighth grade PRIDE Leaders welcomed the newest students, including both Katherine Pallman and Tobin O'Neal, 06. "My favorite part of PRIDE Day was meeting new people," Pallman said. Along with the other 72 PRIDE Leaders, Jake Peterson, 08, started the school year

early, assembling at the Ropes Course at Goddard Middle School. The leaders learned the games, practiced the skills, and worked together to make sure the sixth graders would feel welcome on their first day. "My favorite part of PRIDE Day was getting to spend time with the sixth graders," Peterson said. After playing games with the incoming sixth graders, the PRIDE Leaders showed the new students where their classes and lockers were located. "My favorite part of PRIDE Day was the games," O'Neal said.

1.

1. ON PRIDE DAY, Matteo DeNittis, Annika Yaworski, Tyler McCalister, Olivia Leeder and Natalee Gunnell, 06, participate in the *Captain's Coming* activity as a getting to know you exercise. "I enjoyed playing get to know you games. Meeting new people is usually scary, but the games made it fun," Gunnell said. *photo by k. pratte*



2.



3. 2. ENJOYING PRIDE DAY, Aiden Boillot, Lance Derby, May Nichols, Jordan Winterbottom, Sloane Donahue and Cristian Gottschalk, 06, participate in a team building activity entitled *Witches, Goblins and Wizards* hosted by the 8th grade PRIDE Leaders. "My favorite part of PRIDE was getting our lockers in advance, so that we knew how to do the combinations for the first day of school," Winterbottom said. *photo by s. damiano*



3. IN MS. KAREN MASEK'S ART CLASS, William Pastororius, 08, paints a comic book character. Electives such as Art provided students with a break from the stress of academics and introduce them to new topics. "I really enjoyed this project because painting is calming and we get to choose what to paint," Pastororius said. *photo by a. franko*

4. IN THE SHOP, Garrett Gurley and Jack Dimig, 08, make tool boxes in Mrs. Diane Gaston's Metal Tech class. In this elective, students learned engineering skills. "My favorite part about metals is the feeling of accomplishment you get after finishing a project," Dimig said. *photo by a. stark*

5. AT TRACK PRACTICE AFTER SCHOOL, Mason Oliva and Wilson Kirk, 08, run warm up laps. Both athletes were very competitive during the season. "My favorite memory in 8th grade Track was competing against other schools in the meets," Oliva said. *photo by a. varvarinez*

bump it spike it SMACK IT DOWN

AFTER SCHOOL, Sasha Tomeo, 06, bumps the ball up for her teammate to set during Volleyball practice. In August, the 6th graders learned how to play volleyball in the gym after school. "I joined the volleyball team to get involved with the school and make new friends," *photo by k. tucker*

SASHA TOMEO, 06

working as a TEAM NOW

PRIOR TO THE START OF SCHOOL, 8th grade PRIDE Leaders met at Goddard's Ropes Course to participate in team building exercises and prepare for PRIDE Day. "I loved watching kids come together and have fun with new people," Jen Chavers, social studies teacher, said.



1. AT GODDARD'S ROPE COURSE, William Donahue, Andrew Chapman, Aipei Winger, Rianne Jeffers, Trysta Whitcomb, Elena Pierce, Arianna Evangelista and Margie Martin, 08, work as a team by synchronized their steps. **2. PRIDE LEADERS,** Claire Aylward, Scarlet Sloss, Ruby Harris, Avery Smart, Julia Donahue, Ella Boyd, Reese Goldinger, Katelyn Pratte and Hannah Resley, 08, work together to get Ella Boyd through the ropes without touching any. **3. WORKING AS A TEAM,** Ava Escorcia, 08, prepares for a jump while Claire Aylward, Daniel Pepe, Ava Mitchell, and Heidi Martin spot her from behind. *photos courtesy of k. blake*



"I practice at home on my footwork for games." **BYDER MEALE, 06** *photo by e. higgins*



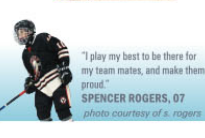
"I like volleyball." **MARYNNA CHURCH, 07** *photo by e. higgins*



"I work on fixing my form in my double full twists." **MARYNNA CHURCH, 08** *photo by s. mcardie*



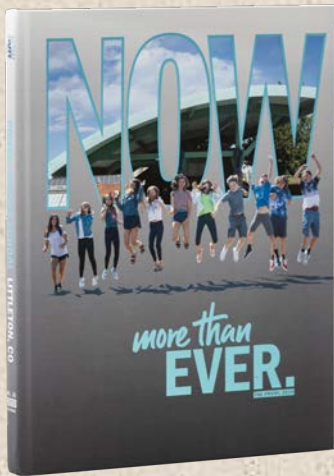
"I stretch at home to get my needs." **ELLA JAYASANKER, 06** *photo by s. mcardie*



"I play my best to be there for my team mates, and make them proud." **SPENCER ROGERS, 07** *photo courtesy of s. rogers*



"I like to mountain bike." **ALEXANDER PERRY, 08** *photo by s. damiano*



// The Prowl
Powell Middle School
Littleton, Colorado

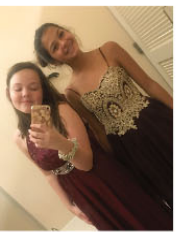
hanging out NOW

design by kevin andersen
page by henry combs, giovanni aaron kho & benjamin little

where pumas spend their down time
WHETHER IT WAS CHILLIN' AT THE MALL OR SKIING THE FRESH POWDER AT KEYSTONE, Pumas knew how to maximize each moment of free time.

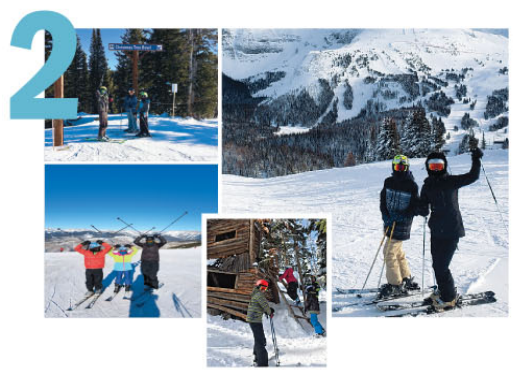


1 we're shopping till we drop AT PARK MEADOWS MALL



ENJOYING COLORADO'S SUNNY WEATHER, Lillian Briant, Kaila Read, Scarlett Roe, Juliet Stratford, Teagan Walsh, Julia Chaney, Megan Sweet and Piper Prince, 07, love to gather in the outside courtyard of Park Meadows Mall. Attending once a week, Scarlett Roe's favorite hangout destination was the food court. "I like spending time with my friends and walking around," Roe said. *photo courtesy of t. walsh*

ABOUT EVERY OTHER WEEK, Audrey Dines and Isabella Sandoval, 07, spend quality time together at Park Meadows Mall. "I get to spend time with my friends and shop with them," Sandoval said. One of Sandoval's favorite pastimes other than perusing the racks at the popular Tilly's clothing store, was trying on dresses at Macy's. *photo courtesy of i. sandoval*



2 we're cruising the slopes AT WINTER RESORTS

AN AVID SKIER, Ronan Hunt, 08, hit the runs in Banff, Canada. Skiing since the age of three, Hunt skied almost every weekend during the winter months. Hunt's favorite aspect of hitting the mountain was fast and unforgiving tree skiing. This hobby sometimes came at a cost, however. "I ran into a tree and broke my toe," Hunt said. *photo courtesy of r. hunt*

fun with friends and family," Reece said. *photo courtesy of b. hansen and r. hansen*

HITTING THE SLOPES, Sean Flynn and Joshua Perez, 06, cruise the bowls of Steamboat. "My favorite conditions to ski in is powder on a sunny day," Flynn said. *photo courtesy of s. flynn*

ENJOYING THE TREES, Blake and Reece Hansen, 07, dive through the runs of Mary Jane Resort. The boys have been skiing since they were six years old. "I love being able to challenge myself and have

SPENDING TIME WITH HIS FAMILY, Ryan Haskell, 08, has a blast skiing over break at Beaver Creek. "Spider run is my favorite run with moguls," Haskell said. *photo courtesy of r. haskell*

3 we're chilling AT HOME



PARTYING OVER BREAK, Benjamin Soelza, Oliver Soelza, Kaiden Hamilton, Max Ratcliff, Skyler Gruidel and Shannon Hebbert, 07, celebrate Hebbert's 13th birthday. For the party, the group went go-cart racing together. "It's fun, but challenging," Hebbert said. Hebbert also received two pet birds from his parents as gifts. *photo courtesy of b. soelza*

HOSTING PARTIES AND SLEEP OVERS, Maya Delaney, Addison Stout, Kathryn Paulsen, Karter McGarvey, Melissa Pepe, Stella Counter, Isabella Caranna, Sloane Donahue, Isabella Koepke and Hadley Jackson, 06, relax at home for Stout's birthday party. Delaney loved doing crafts and enjoyed snacks with her friends when they came over. Counter has a unique pastime when her friends are over. "I like to make up TV show plots with my friends," Counter said. *photo courtesy of a. stout*

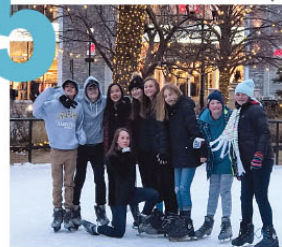
we're hanging AT THE POOL



OVER THE SUMMER, Max Zadvoyny, Eddie Roth, Nick Fronz, Aaron Maloney, Sean Sullivan, Cole Dewey, Trevor Landen and Cole Garside, 08, got together to celebrate the 4th of July at Homestead Farm II Pool. The pool is one of the boys' favorite hangout spots, and a great way to cool off in the hot summer months. "I go there two to three times a week in the summer," Zadvoyny said. The boys enjoyed pizza and sodas during their celebration. Playing water basketball was also a prominent pastime for this group of friends. "We played basketball after and it was so fun," Dewey said. Along with playing basketball and baseball, Trevor Landen loves hanging out at the pool. "I play basketball with the Colorado Eagles and baseball with Thunder," Landen said. Landen also visited the pool with his family members and friends frequently. The pool was just the place to be. *photo courtesy of s. sullivan*

RELAXING AT PEAK 8 POOL, Madeline Anjaria and Isabelle Mostowy, 06, spent some quality time together. "The best part is that it has indoor and outdoor parts," Anjaria said. *photo courtesy of m. anjaria*

5 we're keeping company AT SOUTHGLENN MALL



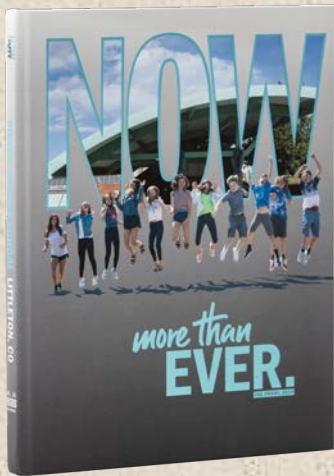
DURING THE WINTER MONTHS, Pumas took advantage of the seasonal ice skating rink at Southglenn Mall. Corbin McDermott, Tyler Hansen, Hayden Jones, Peyden Gobble, Reagan Parker, Tessa Upah, Avery Lang, 08, Lucy Roby, 06, and Riley Barnes had a blast at the outdoor mall of Southglenn. The

friends followed up at the house of Kevin Andersen, 08, to enjoy their favorite show *The Office*. "Sometimes we also walk down to Chick-fil-A," Upah said. Some favorite spots for the group also included Bed Bath and Beyond. *photo courtesy of r. parker*



ENJOYING TIME AT THE LOCAL POND, Rowyn Gwinn and Kellen McGarvey, 07, start out the New Year at the Ice Ranch in Littleton. "I met McGarvey at the Ice Ranch and we have been friends ever since," Gwinn said. *photo courtesy of k. mcgarvey & r. gwinn*





// The Prowl
Powell Middle School
Littleton, Colorado

coming together as a
COMMUNITY

STUDENTS, FAMILY AND FRIENDS ASSEMBLED AT AFTERNOON EVENT FOR FUN AND GAMES AT THE 3RD ANNUAL KICKIN' IT OLD SCHOOL EVENT, students stayed after school with friends and family to eat funnel cakes and snow cones from the Food Trucks while competing in a kickball tournament. Allison Henry, the Dean of Students, has been in charge of the annual tournament since the beginning. "My highlight of the event was seeing the families together and the funnel cakes," Henry said.

Fifteen teams competed against each other to be crowned the ultimate winner. Although Andrew Smart, 06, a member of The Salty Oysters, lost in the final match, he loved participating. Smart plans on competing as a 7th and 8th grader. "I wouldn't change anything from the tournament. I had fun competing with my friends," Smart said.

At the end of the competition, the Big Baller Bois won the title. Ryan Reynolds, 08, was a member of the winning team. "I felt pretty good [after the tournament] because it was the first event that I had won in all of my three years at Powell," Reynolds said.



1. WEARING MATCHING TIE DYE OUTFITS, Hayden Jones, Victoria Bratt and Madison Groth, 08, monkey around in between kickball games at the Kickin' It Old School event. Bratt has participated in cheer for two years, and her favorite part is the stunts. "I did soccer, but I wasn't very good at it. My friend, Isabelle, did cheer and it looked fun, so I tried out for a team," Bratt said. photo by a. gaff

2. RUSHING TO RECESS, Jewel Lopez and Dakota Loomis, 07, jump off the concrete circles right outside the doors near the cafeteria. Lopez and Loomis have been friends for six months. "We met the day before school at the new student orientation," Lopez said. photo by h. jaysonker



3. PAINTING AFTER HOURS, Victoria Haluszczak, 07, paints a picture frame in Art Club. Haluszczak joined Art Club for the first time in 7th grade. "I joined Art Club because I like art and projects, so I decided to join the club. I plan on joining next year," Haluszczak said. photo by k. sweezey



4. GOING AGAINST GRAVITY, Felicia Wilson and Mae Pearl Watts, 06, compete in a giant game of Jenga at the Kickin' It Old School event. Wilson and Watts have been friends for six years. "Another friend decided to play with the both of us and that's how we met," Wilson said. photo by j. donahue



5. SOCIALIZING AFTER CLASSES, Lily Johnson, Reese Goldinger and Miriam Johnson, 08, meet at each other's lockers after school. Lily Johnson has known Miriam Johnson since they were young, and Miriam Johnson introduced Lily Johnson to Goldinger. "My favorite memory with them was Halloween. We went trick or treating in a group costume as characters from Peter Pan," Lily Johnson said. photo by k. sweezey

6. WATCHING THE TEAMS COMPETE, Kaylyn Bell and Willow Peterlin, 07, enjoy the annual Kickin' It Old School event. Peterlin and Bell have been friends for eight years and they cherished their time spent together. "My favorite memory with Kaylyn is when we used to go sledding together," Peterlin said. photo by a. stark

7. IN THE CAFETERIA, Sloane Donahue and Gabriel Morgan, 06, socialize while eating at lunch. Donahue has three classes with Morgan: CORE Plus, math and science. "We became friends because we were in the same PRIDE group at the beginning of the year," Donahue said. photo by a. colling

BFFS NOW & FOREVER



AT THE ANNUAL KICKIN' IT OLD SCHOOL EVENT, Scarlet Sloss, Riley Thomas and Adison Bartlett, 08, make memories together as they compete in the kickball tournament. These three friends met at lunch during the first day of school. Since Thomas is a new student this year, Sloss and Bartlett helped her adjust to middle school. "I had a group of friends that I could go to and ask questions," Thomas said. photo by k. tucker

"My favorite memory with Addison Bartlett & Scarlet Sloss is competing in the kickball tournament." RILEY THOMAS, 08



following in his FOOTSTEPS DURING RECESS, Camran Eakin, 07, plays football with his friends. Inspired by his brother Troon, Eakin has been playing for Thunder, a football league, for six years. "My brother started playing and I've always done stuff with him. He's kind of my role model. We used to play football together at home and he would show me up every time. So, I would try my best to beat him, which is how I got better," Eakin said. photo by l. roby

this more than THAT... WHICH START TIME DO YOU PREFER: 7:54 or 8:54? 302 students & staff surveyed

76%

7:54 START TIME "I prefer starting earlier because by the time I get home on regular days, it is about 5 o'clock and dinner doesn't start until 7. I also tend to stay up a lot later," Brooklynn Burten, 07, said.

24%

8:54 START TIME "Starting at a later time gives students more time to sleep. There are also studies that show that starting later benefits the students' learning," Lynn Christensen, 6th grade counselor, said.



"I feel more free in middle school compared to elementary school." BRADEN BACKES, 06 photo by i. jeffers



"I spend time with my family and do more sports." JASON YENNE, 07 photo by k. sweezey



"I want school to get out because I'm done with middle school and ready for high school." MAXWELL TILGHMAN, 08 photo by m. schweitzer



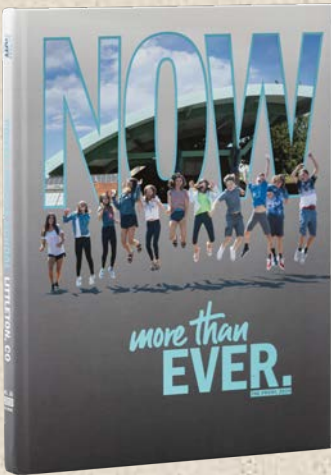
"I turn my assignments in on time." CRISTIAN ALVAREZ, 06 photo by r. jeffers



"I need to help my friends." GARRETT HENDERSON, 07 photo by a. harrison



"I write more in my planner and do more work in my classes. I'm also ready to move on to high school." KIMBALL EGGEN, 08 photo by a. harrison



// The Prowl
Powell Middle School
Littleton, Colorado

1. ENJOYING NEW FLAVORS AT INDIA'S KITCHEN, Gavin MacKendrick, 08, eats chicken rice with curry. The FACS Field Trip encouraged students to learn more about the culinary traditions of different cultures. "I learned mostly that in Indian culture, they don't really eat with utensils, they use their hands," MacKendrick said. *photo by s. sullivan*

2. AT THE CLOSING CEREMONY OF J-DAY, Sophia Pallman, Madalyn Murphy, Scarlet Sloss, Benjamin Little, Adison Bartlett and Rianne Jeffers, 08, celebrate winning an All Colorado award for the 2018 yearbook at CSU Fort Collins. "It was very inspiring to be one of the only middle schools there winning an award and to hear all of us cheering was a very exciting moment," Bartlett said. *photo by a. varnarinecz*

3. AT CSU FORT COLLINS FOR A JOURNALISM CONFERENCE, Corbin McDermott, 08, documents the field trip while walking to J-DAY's opening ceremony at the Lory Student Center. "The best part was getting twelve tacos at Taco Bell during lunch hour," McDermott said. *photo by s. darnians*



4. AFTER THE 7TH GRADE HONOR ROLL ASSEMBLY, Callahan Davis, 07, celebrates his academic performance with his mother. "I enjoy Honor Roll because it acknowledges the hard work that was done throughout the year," Davis said. *photo by d. thompson*

5. IN THE CU JOURNALISM VIRTUAL REALITY ROOM, Luke Sokolowski, 08, dances with glow sticks and confetti. Sokolowski took this opportunity to enjoy spending time in the company of friends. "We were looking for a good idea for a photo opportunity, but then things got out of hand and it turned into a party. Being able to hang off a cliff while still staying in the safety of the building was a rare experience," Sokolowski said. *photo by r. west*

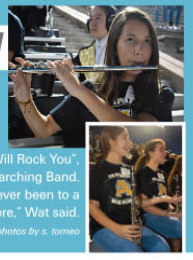
6. LISTENING WITH HIS FELLOW YEARBOOK STAFFERS TO THE KEYNOTE SPEAKER, MARY BETH TINKER, Colin Winterbottom, 08, learns about the Supreme Court's *Tinker* decision, which guaranteed student journalism rights. "I think it's cool how she was just a kid and could still make a change in the world," Winterbottom said. *photo by s. darnians*

7. CHOWING DOWN, Andrew Chapman, 08, attends India's Kitchen Field Trip. "I enjoyed this field trip because we got to eat food from a different culture," Chapman said. *photo by s. sullivan*



hitting the high
NOTES NOW

AT LITTLETON'S STADIUM DURING ARAPAHOE'S BAND NIGHT, Maiken Wat, Sophia Strand and Claire Aylward, 08, perform Arapahoe's Fight Song as well as "We Will Rock You", while playing with Arapahoe's Marching Band. "It was exciting because I had never been to a high school football game before," Wat said. *photos by s. torneo*



celebrating pumas'
ACADEMIC PROWESS AT HONOR ROLL

DURING THE CEREMONY, Riley Burge, 07, receives her certificate from Principal, Mr. Steve Wolf. Burge was honored for reaching all A's in the second semester of her sixth grade year. "I think Honor Roll helps students strive for better grades because it rewards students with a cinnamon roll," Burge said. *photos by g. stout*



mastering scholastic
JOURNALISM

THE PROWL YEARBOOK STAFF TAKE TOP HONORS AT J-DAY
*design by ariana evangelista
page by gillian ward
is olwyn yates*

ONLY THE SECOND YEARBOOK STAFF TO ATTEND COLORADO SCHOLASTIC MEDIA ASSOCIATION'S ANNUAL JOURNALISM CONVENTION HELD AT CSU, FORT COLLINS,

members of *The Prowl* staff journeyed over an hour and a half for the field trip. Traveling in style on two chartered buses equipped with bathrooms, 70 staff members spent the day attending a variety of sessions ranging from photography to graphic design. "It was exciting to be able to hang around and be with friends," Eli Franks, 08, said.

The day began with Keynote Speaker, Mary Beth Tinker. Tinker gained fame as a middle school student who donned a black arm band in protest of the Vietnam War. Tinker's case was decided by the Supreme Court in 1969, which guaranteed student journalism press rights. "I like how much she expressed support for freedom of speech and the First Amendment," Danika Thompson, 08, said.

On the long journey home, one of the buses broke down on I-25. The students had to make an emergency exit, boarding the other bus to return home to school after the school day was already over. "After Ms. Manculich told us we had to switch buses, we crammed together and the rest of the bus ride was chaotic," Reagan Parker, 08, said.

more than a
MOMENT
SEPTEMBER'S HAPPENINGS
WHAT DO YOU REMEMBER MOST?



photo by g. ward



photo by d. yates



photo by d. yates

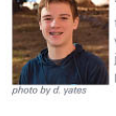


photo by d. yates

MADISON HOLBROOK, 07
"During Honor Roll, I remember the proud feeling while walking on stage and shaking Mr. Wolf's hand."

ALEXIS WERNECKE, 08
"When I was at India's Kitchen, I specifically remember Fred Fulkerson broke all of the plates."

ANDREW SALTHOUSE, 08
"I enjoyed playing the 'Star Spangled Banner' because I'm pretty patriotic and I really like things that are loud and patriotic."

SAMUEL ALPERN, 08
"At J-Day, I learned that there are a lot of different ways you can approach journalism and it's a pretty wide subject."



"I need to procrastinate less."
NATALIE MAY, 08
photo by s. slark



"I need a life."
CHRISTIAN SANDERFORD, 08
photo by a. stark



"I go to Southglenn Mall a lot."
HOPE FLANAGAN, 07
photo by m. huerta hermandez



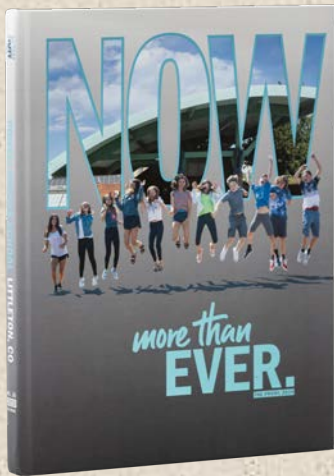
"I read books."
LIAM MCCOY, 07
photo by a. lang



"I like to read."
CADENCE CARLSON, 06
photo by m. barylka



"I really need to do my homework."
JULIAN ISROFF, 06
photo by j. marn



// The Prowl
Powell Middle School
Littleton, Colorado



"Labs are fun because you get to interact with the materials that you are using and learn new things."

NATALIE MAY, 08

The illumination of CORE KNOWLEDGE

PUMAS DEMONSTRATED SUCCESS THROUGH LEARNING

design by andrew gaff
page by andrew gaff, peyden gobbie
& connor shoemata

BOTH ACADEMIC AND ELECTIVE CLASSES GAVE STUDENTS A NEW PERSPECTIVE ON EDUCATION.

While academic classes focused on important facts and skills, electives allowed students to explore the world of creativity.

Math, science, social studies and language arts were required coursework for students in all grade levels.

"Through studies and theories, we can reveal more about our world and help make it better," Annie Allen, 06, said.

Students developed essential skills in these core classes. To balance out the hard work, students chose from a variety of electives including the performing arts, Wood Tech, FACS and foreign language,

where students gained additional skills that enhanced their understanding of the world around them. "Electives are important because they can show us different jobs that we could do in the future,"

Andrew Haluszczak, 08, said. These courses helped students go beyond their comfort zones. "When taking Drama, I've gained a lot of confidence and learned how to be more like myself," Kayla Dieffenbach, 07, said.

where students gained additional skills that enhanced their understanding of the world around them. "Electives are important because they can show us different jobs that we could do in the future,"



1. INCREASING THEIR UNDERSTANDING, Ian Mooney and Natalie May, 08, conduct an experiment about the Earth's rotation. Using simple household items, they discovered why our planet has seasons. "I enjoy getting to work with my friends while we do labs," May said. *photo by w. donahue* **2. DURING SOCIAL STUDIES,** Brooke Wilkinson, 06, makes a map

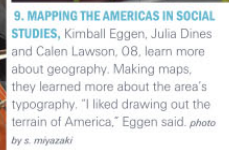
of the terrain of Antarctica. "The most interesting thing I have done in social studies is the Breakout Project that challenged my math skills," Wilkinson said. *photo by m. murphy* **3. IN LANGUAGE ARTS,** Charlotte Garrison, 08, pushes her skills to the next level. "I look forward to language arts because I enjoy learning with my friends," Garrison said. *photo by s. torneo*



4. IN FACS, Alana Tran, 07, learns the ins and outs of baby-sitting. Tran enjoyed cooking in FACS because it was a hands-on experience. "This class is great because we get to experience real life scenarios with the babies," Tran said. *photo by k. tucker* **5. GETTING CREATIVE,** Simon Hamilton, Ava McHale and Brooke Tilbury, 08, work on a project in art. "My favorite project was where you draw a picture out of words," McHale said. *photo by m. baryika* **6. USING A BAND SAW,** Ella Beebe, 08, explores the world of Wood Tech. Friends enjoyed building chairs and clocks. "I love hanging out with friends and making projects," Beebe said. *photo by s. rutherford*



7. IN ART, Erin Hillebrandt, 08, uses a paintbrush to create a self-portrait. "I have always liked art and my favorite project was when we made lamps," Hillebrandt said. *photo by m. baryika* **8. MAKING MUSIC,** Brooke Hatley, 08, practices the song "Spartacus" on her cello in Orchestra. Hatley took Orchestra for three years. "I love being with my friends while playing an instrument that I enjoy," Hatley said. *photo by k. sveezy*



9. MAPPING THE AMERICAS IN SOCIAL STUDIES, Kimball Eggen, Julia Dines and Calen Lavyson, 08, learn more about geography. Making maps, they learned more about the area's topography. "I liked drawing out the terrain of America," Eggen said. *photo by s. miyazaki*

capturing EACH MOMENT

IN ADVANCED VIDEO EDITING, Claire Aylward, Devyn Yates and Elyse Lambert, 08, film shots for their video composition project. Students learned how to shoot various shots and angles during the introductory project for the broadcast program, PNN, *Powell News Network*. "I really enjoyed framing a silhouette shot for the composition project," Aylward said. *photo by s. manouche*



NOW we're getting active IN PHYSICAL EDUCATION



RIVER BARRILLEAUX, 08
"I enjoy PE because it is a fun way to get fresh air. I like the competitiveness of tennis and I like winning." *photo by s. miyazaki*



JULIA DINES, 08
"My favorite stretch is a lunge because it stretches out your legs. I'm familiar with the stretch from my dance class." *photo by s. miyazaki*



LANDES TATUM, 08
"It was the third time playing frisbee in gym. I'm starting to get the hang of it. I enjoy being on a team because you have people to rely on and you can help them." *photo by m. murphy*



"I like dogs."
HEATHER RICHARDSON, 06
photo by p. gobbie



"I like school."
CHARLOTTE MORGAN, 07
photo by j. cao



"I run."
ETHAN GRAEBER, 08
photo by k. tucker



"I want to read."
MATHEW MELVIN, 06
photo by e. franks



"I like art."
RILEY KOBAR, 07
photo by c. shoemata



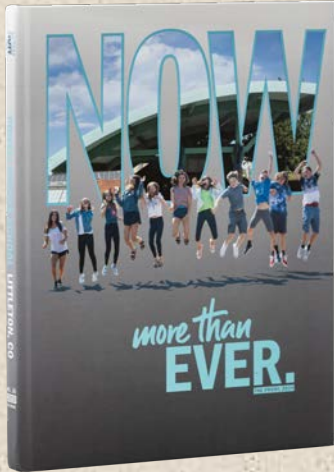
"I listen to music that predates my birth."
GRACE LOYD, 08
photo by c. shoemata

more than an elective
HONING A
NEW CRAFT
LEARNING TO PLAY
AN INSTRUMENT
TOOK DEDICATION

While taking Guitar, Julianna Brandberg, 08, learned how to play popular songs during the semester. "When playing guitar, it makes me feel comfortable and it just flows,"

Brandberg said. *photo by a. gaff*





// The Prowl
Powell Middle School
Littleton, Colorado

reaching
NEW HEIGHTS
TAKES MOMENTUM

THROUGHOUT THE TRACK SEASON, Ryan Grubb, 08, won his events. Grubb's personal high jump record was around five feet. "I'll chug a Gatorade for good luck before any track event," Grubb said.

photo by m. schmalzing RYAN GRUBB, 08



we've got the
PRE-GAME RITUALS
NOW THAT YOU MENTION IT
7TH & 8TH TRACK STARS SPILL IT

- "We stretch out and always practice. Exercising gets my mind off other stressful things." **LILY WATSON, 07**
photo by k. turker
- "I like to run laps on the track to be ready for the meet and my favorite event, the 100m." **JOHN NICHOLAS KERAN, 07**
photo by n. donahue
- "Outside of school, I run with my dog every day to practice and always be prepared for track. I also run with my friends." **KAYLA RENNER, 08**
photo by j. whitson
- "I do warm ups, dynamics, have a good breakfast and warm up by myself. I like being part of a team and achieving a common goal." **MASON OLIVA, 08**
photo by j. cico



1. **VICTORIOUS**, Riley Roth, 07, sprints towards the finish line as she brings home the win. "I love track, you feel like a winner," Roth said. *photo by i. mcandale* 2. **JUMPING BEYOND EXPECTATIONS**, Hailey DaHarb, 08, leads the hurdle event at the Newton meet. DaHarb's record for hurdles was at a high of 10.5 seconds. "I run around the neighborhood and ski to practice for track," DaHarb said. *photo by n. meadors* 3. **PERFECTING HIS FORM**, Jack Dimig, 08, heeds Ms. Nancy Lesan's advice and changes his form to enhance his track times. Dimig has participated in track for the past three years and hopes to continue in high school. "I run on my treadmill a lot. My coaches have helped me work on my hurdles and running form," Dimig said. *photo by m. schmalzing*



training hard
RACING HARDER

CLIMBING TO THE TOP OF THE LEADERBOARDS IN COLORADO

IN THE TRACK MEET AGAINST NEWTON, RILEY ROTH, 07, RAN TOWARDS VICTORY.

Running for over eight years, Roth competes for Colorado Elite Track and Cara Track outside of school in addition to the school's Track Team. Roth specialized in the 100 meter, the 200 meter, and hurdles. The 7th grade Track Team later went on to win Districts. "You feel really good running across the finish line, and feel like a boss," Roth said. With all the hard work and dedication she put in, Roth is now 80th in the nation for her age group. Being a competitive runner, Roth brought a fresh approach and

unique talent to propel her teams forward. Coach Marie Hayes was impressed with the dedication of the 7th grade Track Team as a whole, which was motivated and eager to work together to win as a team. "Riley definitely encouraged her teammates and helped them do their best work," Hayes said. Hayes has been the head coach of the 7th grade Track Team for a couple of years. "I love watching the kids grow up as athletes and students," Hayes said.

design by julia donahue
stage by jacob cico, griffin
shoot by sean sullivan



4. **PREPARING FOR THE MEET**, Ella Boyd, Holly Jayasanker and Julianna Brandberg, 08, participate in a team cheer. The 8th grade Girls Track Team consisted of varied personalities with different skill levels. "We had lots of team spirit," Boyd said. *photo by n. donahue* 5. **TRYING A NEW EVENT**, Spencer Rogers, 07, sets a new personal record at 4'10". Rogers had never competed in the high jump before. "Lots of practice helped me achieve my record," Rogers said. *photo by r. jaffers* 6. **WITH**

BRUTE STRENGTH, Brooke Panza, 07, propels the shot put ball. This track event required not only stamina, but strength. "I love the fact that during shot put, you get to use most of your arm-strength," Panza said. *photo by c. haggins* 7. **GOING FOR A RECORD**, Alexander Shepherd, 08, takes the baton in the relay handoff event. Shepherd enjoyed the competitiveness of track. The relay event is his favorite track event. "I love practicing and winning as a team," Shepherd said. *photo by a. evangelista*



more than
THE DISTANCE

SETTING RECORDS, Tyler Hansen, 08, Piper Prince, 07, and Camran Eakin, 07, put in the effort needed to beat their personal best records each week during practice. "The 8th grade Track Team was very supportive of each other," Coach Mindy Enley said.



1. **GOING THE DISTANCE**, Tyler Hansen, 08, strives to beat his records. "My record is 10 feet," Hansen said. *photo by j. mcandale* 2. **THE BEST OF THE BEST**, Camran Eakin, 07, is not immune to sibling rivalry. "I am always trying to beat my brother's records," Eakin said. *photo by m. meadors* 3. **TRYING SOMETHING NEW**, Piper Prince, 07, competes in the long jump event. "I did well in the event with lots of practice," Prince said. *photo by c. haggins*



"I like programming and building robots" **TYLER CHAPMAN, 06**
photo by g. juergens



"I do yoga" **BRICAIDA SANCHEZ, 07**
photo by k. turker



"Life is like a boxing match, you take hits but you don't fall down" **JAKE PETERSON, 08**
photo by a. baerbaer



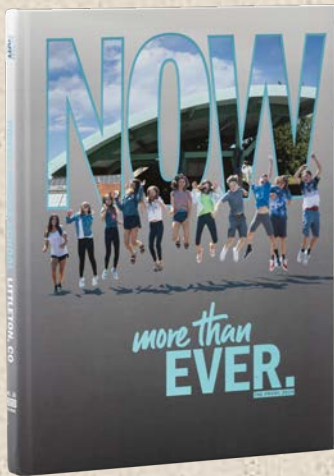
"Never rest until your goal is better and your better is best" **CARLEE HANSMEIER, 08**
photo by k. turker



"I want to play more basketball" **JOSHUA ACKER, 07**
photo by b. aarndt



"I like volleyball" **AVERY WATKINS, 08**
photo by a. sullivan



// The Prowl
Powell Middle School
Littleton, Colorado

fashion NOW

Looking good and on point

design by danika thompson
page by danika thompson, maya baryika & isabelle shelton

FASHION. It's more than a word; it's an expression of one's individuality. From designer labels to the latest fads, Pumas expressed themselves through a variety of clothing trends. In answering what's in and what's not, fashion is ever changing. Every year, there's a new "brand" name that is hot. Pumas were into everything from Brandy Melville, Champion Wear and Vans, to Converse, Lululemon, Victoria's Secret Pink, Thrasher, Nike and many more.



GIRL POWER. Socializing outside with friends, Piper Prince, Karter Dominguez, Scarlett Roe and Megan Sweet, 07, wear the latest popular brands. *photo by d. thompson*



LUCY ROBY SHOWS OFF HER UNIQUE STYLE WITH... *True* COLORS

"This is my favorite outfit because it shows my real personality. When I wear my clothes people don't usually look at my face, they look at what I'm wearing to tell who I am. And I love this outfit because it's so colorful. I am unable to wear black and white; it makes me feel like I'm in a funeral, so I always have to wear color. I never wear the exact same outfit, it always changes," Lucy Roby, 06, said.

photo by d. thompson



JORGE LAMORA TEACHES US HOW TO... *dress like a* "SKATER BOI"

"I feel like I have to look good or at least put together every day, but in a way so that I'm also comfortable. I dress in outfits that I think are comfy and cool and don't really care what other people think. I like to wear things that I think are cool because in my opinion you should wear what you want and not care about other people's opinion on your style," Jorge Lamora, 08, said.

photo by m. baryika

a tale of two in style
FASHION TRENDS

FROM ATHLETIC GEAR TO DESIGNER LABELS, PUMAS EXPRESS THEIR FASHIONABLE SIDE



WEARING A HOCKEY JERSEY, CAMERON ALTHOUSE, 08, SHOWS HIS ATHLETIC SIDE. "I would describe my fashion sense as sporty and cool. Social media such as Instagram influences me, because the people I look at look cool and I get inspiration from them. I wear what I want most of the time and don't care what other people think of me. However, sometimes I do think about what other people would like and base my outfits off of that," Althouse said. *photo by m. baryika*

WEARING GUCCI, ISAIAH STEWART, 07, SHOWS OFF HIS STYLE. "I don't feel a pressure to look good. It only bothers me when people start hating. People hate I think because they're jealous that they don't have Gucci. I own two Gucci backpacks, the bandana, five shirts, three belts, and a wallet. I don't care what I look like to other people. I don't care what people say about me and just do what I want," Stewart said. *photo by d. thompson*



rockin' the CONCERT MERCH

WHERE FASHION MEETS MUSIC
PAIRING CONCERT TEES WITH RIPPED JEANS, Taylor Bourque, 08, knows

fashion. "I got my sweatshirt from a concert and my jeans from Hollister. I love to wear my Nike Air Force ones with this outfit. I love to wear small rings because they're cute and small, yet make a small statement. This is my favorite outfit because it is comfy, but also very stylish and I like having many different pockets for food and holding things. I wear this outfit very often; maybe about once a week," Bourque said. *photo by d. thompson*

more than AWKWARD
FASHION FAILS
WHAT'S YOUR MOST EMBARRASSING FASHION MOMENT?

"This year I decided to shave my hair, but I accidentally made myself have a bald spot on the side of my head."
RYAN KARLSGÖDT, 08
photo by d. thompson

"When I was in 3rd grade, I wore fake plaid glasses and gloves that were bright pink with sequences on them every day."
COURTNEY KELLY, 08
photo by d. thompson

"In 4th grade I was drinking water; my friend decided to tip it and it spilled all down my front, so I splashed him in the face."
CLAYTON WERN, 07
photo by m. baryika

"In 6th grade I was so excited for the last day of school, I wore my pajamas to school."
NATALEE SWAN, 07
photo by m. baryika

"When I was in 4th grade, I wore shorts to school. I decided it was a good idea to get scissors and cut a hole in my shorts and it got bigger."
WILLIAM TOBER, 06
photo by m. baryika

"When I was in 1st grade, I thought it was going to be a great idea to jump in a puddle of mud...in white jeans."
AALIYAH LONG, 06
photo by m. baryika



TIED COLORFUL BRACELETS FROM PURA VIDA are a popular accessory for girls. These colorful bracelets from the online company Pura Vida added a perfect pop of color to any outfit. Sold in packs online, the profits from some purchases were even donated to support good causes.



"There is more to space than we know."
XANDER GALVIN, 06
photo by d. thompson



"I am learning more things."
ISABELLA COTE, 07
photo by m. baryika



"I like food."
ZACHARY SMITH, 08
photo by k. tucker



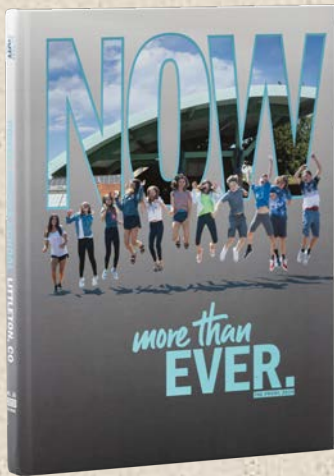
"I want to find a cure for cancer."
PATIENCE BEBOUT, 06
photo by m. baryika



"I love milk and Rice Krispie treats."
ELLIOTT LLOYD, 07
photo by i. shelton



"I will help others up."
VICTORIA CAGANDE, 08
photo by d. thompson



// The Prowl
Powell Middle School
Littleton, Colorado



a hands-on Learning
EXPERIENCE

FIELD TRIP TO DINOSAUR RIDGE GIVES SEVENTH-GRADERS A NEW PERSPECTIVE

ON THE COLD DAY OF OCTOBER FIFTEENTH, part of the seventh grade student body visited Dinosaur Ridge. The outing not only gave students a unique break from traditional learning, but it allowed them to form connections between history and geology. "It helped me understand how fossils can show the behavior of animals and how we can understand what the dinosaurs did," Warren Dix, 07, said. During the field trip, students visited various stops near the notable fossil bed at Dinosaur Ridge, with each one focused on a different aspect of their studies. "We were learning about fossil evidence, so when I saw the fossils, it was helpful," Heather Bradford, 07, said. Samuel Ahl-Hinson, 07, felt his interest peak when he reached a stone wall of preserved remnants, which was his favorite part of the outing. "Seeing trace fossils and the bones of animals in stone helped make the science unit fun and hands-on," Ahl-Hinson said. Because of their firsthand geology experience, many students won't forget what they learned on the trip.

design by katelyn pratte
page by julia donahue & leah griir

1. STUDYING GEOLOGY, Samuel Ahl-Hinson, Jewel Lopez and Aiden Purcell, 07, explore fossils at Dinosaur Ridge. After several weeks of learning in science, students visited various stops at the Colorado monument. "The field trip was my favorite part of the unit. It helped me review some of the subjects we had been learning," Purcell said. *photo by k. roltan*



2. IMPROVING THEIR COMMUNITY, Elora Seipp, Allie Morgan and Violet Larson, 06, work with Tate Mitchell, 07, on a poster during a Sources of Strength training. Morgan enjoyed spreading positivity throughout school. "Helping other people makes me happy," Morgan said. *photo by s. damiano*

3. SOLVING PROBLEMS, Lakyn Wilkinson, 06, tackles a project in Destination Imagination. During the club, participants improved their critical thinking with interactive activities. "I enjoy doing the challenges and working on our projects," Wilkinson said. *photo by p. meadors*

4. EXPRESSING HER CREATIVITY, Madelyn Laushman, 08, paints in Art Club. The after-school activity helped students relax while creating artwork. "I never got Art during the year, so it's awesome to be able to have it." Laushman said. *photo by k. sweezey*



5. LEADING THE PACK, Austin Shepherd, 06, participates in the annual Puma Prowl, followed by Callahan Davis and Benjamin Pangborn, 07, Madison Groth and Abigail Harrison, 08. Because of his track experience, Shepherd was able to place second overall in the sixth grade. "My friends helped me pace myself," Shepherd said. *photo by a. evangelista*

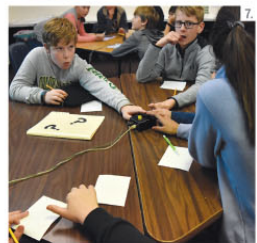
6. INDUCTED INTO NJHS, Jane Griffin, 08, receives her certificate from Mr. Wolf, principal. After working to get mostly "A"s, Griffin was selected as a member of the National Junior Honor Society. "I enjoy being in NJHS because I love serving others," Griffin said. *photo by y. marculich*



now we're
TALKING
WHAT MOTIVATED YOU TO JOIN TECHNOLOGY STUDENT ASSOCIATION?

"My mom's an occupational therapist, so it sounded really cool because I wanted to build something to help other people."
BENJAMEN SPIELMANN, 06
photo by j. donahue

"My teacher, Mrs. Gaston, runs TSA, and she asked me to join because of how much effort I put into my classwork."
PARKER WEDDING, 07
photo by j. donahue



7. WORKING AS A TEAM, Michael Purfield, 06, Carson Troupe and Isabella Sandoval, 07, answer trivia questions at Brain Bowl. The group practiced after school for their tournament in January as they competed for points. "I enjoy being able to work with a team," Troupe said. *photo by j. donahue*

more than
MEETS THE EYE

For Katherine Pallman, 06, it's all about horseback riding. "Horseback riding is my new favorite sport. I'm excited to enter a show with my horse," Pallman said. Because Pallman has been riding for several months at the Soda Lake Stables, doing various stunts has become her favorite weekend pastime. *photo by s. pallman*



"I spend time with my sister because she helps me through tough times."
ASCHER BITNER, 08
photo by j. donahue

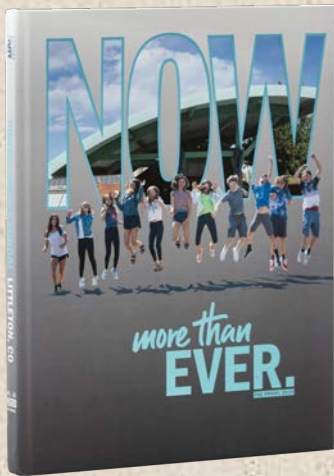
"I go support my brother at his football games."
ASHLEY SEAVALL, 06
photo by m. murphy

"I'm expanding my knowledge."
EVAN DIMMICK, 07
photo by l. griir

"I am being more positive."
CADYN PRICE, 06
photo by s. nijazaki

"I like running because I gave it a chance."
GRAYCEE BOHLEN, 06
photo by j. donahue

"I'm worried for our nation's future."
WALLIS SPRAGUE, STAFF
photo by s. pallman



// The Prowl
Powell Middle School
Littleton, Colorado

the best
MOMENT EVER
ON THE OCTOBER D.C. TRIP
8TH GRADERS DESCRIBE THE MOST MEMORABLE MOMENT

"When we left Mr. Teruel at a restaurant and we looked back and saw him trying to catch up to the bus."



JENA BERNDT, 08

photo by m. barylka

"On Bob's bus because everyone was singing on the bus. Also, I loved being at the Holocaust Museum."



GUSTAV MCINTOSH, 08

photo by m. barylka

"When my bus driver Ellis danced down the bus walkway to 'That's What I Like' by Bruno Mars."



LAUREN SABATO, 08

photo by m. barylka

"We were at Mount Vernon and my friend bought a snow globe and right before we boarded the bus, he dropped it."



RYAN DOLAN, 08

photo by m. barylka

stars and stripes
FOREVER

THE 8TH GRADERS attending the Washington D.C. trip got the opportunity of a lifetime. "I have only gone on this trip for 16 years but from all the 25 years we have gone to D.C., we've experienced the Garden Tour twice," Andrew Genson, the D.C. head chaperone, said.



1. ON THE LAST DAY, Ms. Brandy Nath, Cole Garside, Joshua Sharp, Aaron Maloney, Benjamin Litze, Reese Goldinger, Max Zadvorny, Madison Groth, Sydney Johnson, Sutton Damiano, Ava McHale, Tessa Upah, Reagan Parker, Abigail Harrison, Avery Lang, Gavin MacKendrick, Ian Thompson, Corbin McDermott and Hudson Bade, 08, visit the White House. "This trip was a great experience because it was my first time ever being on a plane," Tharp said. *photo by d. cleaver*. **2. WHILE ON THE GARDEN TOUR**, David Oswald, Gavin MacKendrick, Sean Sullivan, Ian

Thompson, Joseph Hickey and Marynna Church, 08, tour both the National Garden and White House. "I was very honored to be able to tour the White House Garden because it is a rare opportunity," Church said. *photo by a. genson*. **3. READY TO BOARD THE BUS**, Ms. Brandy Nath, Cole Garside, Joshua Sharp, Max Zadvorny, Reese Goldinger and Sutton Damiano, 08, took one last picture. "Being a chaperone is a great experience. This was my second year being a chaperone and I felt that I had a better idea of what was going on and helped out more," Nath, assistant principal, said. *photo by a. genson*



"I will play Fortnite."
JACOB LARSON, 06
photo by m. barylka



"I enjoy swimming."
ESHA WICK, 07
photo by m. barylka



"I like hanging out with my dogs."
NDAH RONDON, 08
photo by j. smith



"I swim."
ANNIKA YAWORSKI, 06
photo by s. damiano



"I want lines in the hallway."
DEVIN KENNEALLY, 07
photo by m. barylka



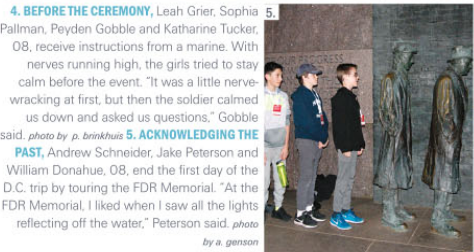
"I like sleeping."
SHANTA RECHENMER, 08
photo by m. barylka

1. BEYOND EXCITED, Tessa Upah and Reagan Parker, 08, express their enthusiasm in front of the Supreme Court building. "I enjoyed the FDR Memorial the most because of how the waterfalls showed the different stages of his life," Upah said. *photo by p. gobble*. **2. DURING THE CEREMONY**, Katharine Tucker and Leah Grier, 08, lay the wreath at the Tomb of the Unknown Soldier. Grier

wanted to lay the wreath because it was a once in a lifetime opportunity. "I wrote my essay on how I want to be a nurse in the military," Tucker said. *photo by a. genson*. **3. CAPTURING THE MOMENT**, William Donahue and Cade Huggins, 08, spend the morning touring George Washington's residence at Mount Vernon. "In addition, students toured George and Martha Washington's grave site," Huggins said. *photo by a. genson*



1. 2.



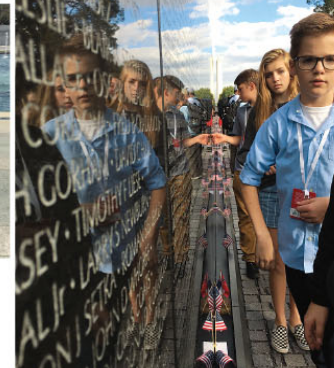
4. BEFORE THE CEREMONY, Leah Grier, Sophia Pallman, Peyden Gobble and Katharine Tucker, 08, receive instructions from a marine. With nerves running high, the girls tried to stay calm before the event. "It was a little nerve-wracking at first, but then the soldier calmed us down and asked us questions," Gobble said. *photo by p. brinkhue*. **5. ACKNOWLEDGING THE PAST**, Andrew Schneider, Jake Peterson and William Donahue, 08, end the first day of the D.C. trip by touring the FDR Memorial. "At the FDR Memorial, I liked when I saw all the lights reflecting off the water," Peterson said. *photo by a. genson*



1. 2.



5.



7.

6. MAKING FRIENDS, John Forbes, 08, introduces himself to a veteran at the World War II Memorial. "Meeting the veteran at the World War II Memorial put me in the setting and made me want to thank him more," Forbes said. *photo by m. murphy*. **7. REFLECTING ON THE PAST**, William Donahue and Rebekah Terwilliger, 08, read the names of the soldiers who died during the Vietnam War. "My grandpa served in the Vietnam War as a marine who gave the soldiers supplies," Donahue said. *photo by s. sloss*

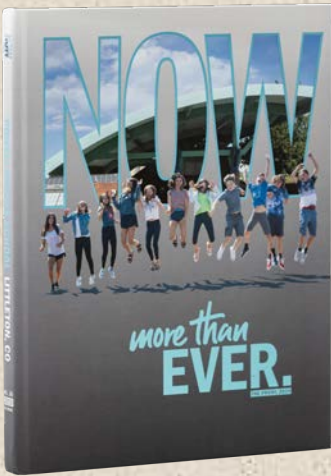
a glimpse into
OUR NATION'S PAST

LEARNING ABOUT HISTORY
 FIRST-HAND IN WASHINGTON DC

FOR FOUR DAYS IN OCTOBER, PACKED FULL OF HISTORICAL SITES AND EXPERIENCES OF A LIFETIME, eighth grade students journeyed to our nation's capital and beyond.

Arriving at the school's parking lot at 3 in the morning, 147 8th graders started the adventure of a lifetime, traveling to Washington D.C. for four sleep-deprived days. "I got to school at 4:30, which is insanely early, and even though I was tired, it was still such an exciting experience," Tabor Birkholz, 08, said. During the four very eventful days exploring D.C., the students were able to visit many memorials and museums, including the Holocaust Museum. It was a tearjerker for many, and it gave students an inside look into the Holocaust. "The Holocaust

Museum made an imprint on me for life, it was such a great experience for me," Lydia Dallapiazza, 08, said. The Lincoln Memorial was also a favorite site. "The reflection pool was so pretty and made the Lincoln Memorial my favorite memorial," Haleigh Kuhl, 08, said. The last day contained the Arlington National Cemetery with the wreath laying ceremony, presented by Peyden Gobble. Leah Grier, Sophia Pallman and Katharine Tucker, 08. All four girls earned the honor of representing the school. The whole experience was life-changing for many students.



// The Prowl
Powell Middle School
Littleton, Colorado

Learning takes COLLABORATION

FROM WOODS TO SPANISH, PUMAS EXCELLED ACROSS THE BOARD

design by leah grier
page by abigail harrison
in scarlet slots

THROUGHOUT THE YEAR, STUDENTS STUDIED NEW SUBJECTS IN EACH OF THEIR CLASSES, such as the student Assessment Lab, the Pythagorean Theorem and Reading Logs.

In Science, Jackson Keys, 06, chose the Growing Beans Lab from one of three options for his assessment. "The hardest part about the lab was remembering where we placed each of the plants," Keys said. In language arts, Karter Dominguez, 07, loved reading logs. "Reading logs have helped me become a better reader and expand my reading genre," Dominguez said. Mrs. Marie Hayes, 7th grade language arts teacher, strove to have students

learn in different ways. "We are constantly changing what we do, which keeps it interesting, exciting and challenging," Hayes said. Mrs. Kelsey Dondelinger, 8th grade math teacher, planned out her lessons for her students. "A lot of my students appreciate having a class where they know what to expect such as the order of each lesson, how homework works, work completion expectations, and that it is consistent on a day to day basis," Dondelinger said.



1.

1. COLLABORATING, Savannah Sandoval and Anna Visscher, 08, work on a cutting board for their project. "I signed up for Wood Tech because I had it in 6th grade and I really enjoyed the class," Sandoval said. *photo by m. barylka* **2. WORKING AS A TEAM**, Rowan Hughes, Tyler Tholen, Henry Nickless, Spencer Rogers and Elizabeth Dimig, 07, collaborate on a project in FACS. "I chose to sign up for FACS because it was a fun class and helpful for life skills," Rogers said. *photo by r. hunt* **3. EAGER TO LEARN**, Samuel Sokolowski, 06, completes a travel brochure in class. Each student had to plan a brochure with many different pieces depending on the location they chose. "It was challenging because we had to plan for a hotel, restaurants, flights and destinations," Sokolowski said. *photo by m. barylka*

"Now more than ever, I am focusing on my schoolwork." RILEY McHALE, 06

new language NEW CONCEPTS

SPANISH, A POPULAR ELECTIVE, was taught by Ms. Yantze Zastrow and Ms. Rachel Phillips. Phillips loved opening the eyes of students to foreign cultures. "I really enjoy changing my students and making them better people through a second language," Phillips said.



IN SPANISH, Gage Glover and Hogan David, 06, practice their vocab together in class, a challenging part of class for many students. "Ms. Zastrow is my favorite part of Spanish because she is super helpful and nice," Glover said. *photo by g. hammers* **GETTING PHYSICAL**, Ian Thompson, 08, uses body motions to better understand the words and concepts of a foreign language. "The motions help me remember the words better," Thompson said. *photo by m. barylka*

more than WORDS

NOW MORE THAN EVER
What will you remember most about the elective "Speech?"



"I will never forget getting up in front of people and talking about what I do and like. I also gained a lot of self confidence, and it was fun to share my experiences with my peers." *photo by a. harrison*

EMMA POOLE, 06



"I loved to participate in the 'Table Talks' in Speech because they allowed me to engage with my classmates and friends, and we were able to express our opinions during every class." *photo by a. harrison*

SETH McCLENDON, 06

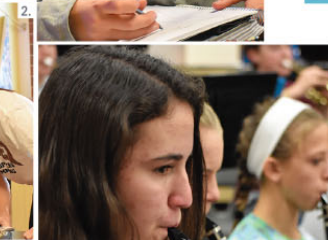


4.



getting CRAFTY NOW DEMONSTRATING HER CREATIVITY

Morgan Berrett, 08, enjoyed Art the most because of the projects. "I like painting because it's very soothing for me," Berrett said. *photo by s. damiano*



4. IN SOCIAL STUDIES, Grayson McGowan, 07, writes his Current Event assignment on an article he read about an army camp bombed by terrorists. "I like doing Current Events because I can pick my partner and the article," McGowan said. *photo by j. cao* **5. READING MUSIC**, Claire Aylward and Katelyn Pratte, 08, practice a song in Band. "At instrument night, I tried the clarinet and was good at it, so I decided to play it." Aylward said. *photo by s. damiano*



6. FOUR WHEELING, Danielle Kretzschmar and Corbin McDermott, 08, play a competitive game of scooter pin-ball in PE. The goal of the game was to be the first team to knock all of the other team's cones down. "During the past three semesters of PE, I was able to learn about new sports and learn how to pace myself," Kretzschmar said. *photo by m. barylka* **7. USING THEIR COLLECTIVE BRAIN POWER**, Andrew Kirk, Evie Rogers and Wasa, 06, complete a Gem Lab, making crystals with sugar. Each team had to measure a certain amount of water and sugar in order for the crystals to grow. "I like working on a lab with a team because they can help me if I'm confused and I can ask them what they think," Rogers said. *photo by m. barylka*



"I participate in Art Club." EVELYN HUGHES-ULMER, 06 *photo by r. parker*



"I enjoy learning and problem solving." TANNER STEWART, 07 *photo by s. aljerm*



"I study more." GUSTAV MCINTOSH, 08 *photo by n. gilbert*



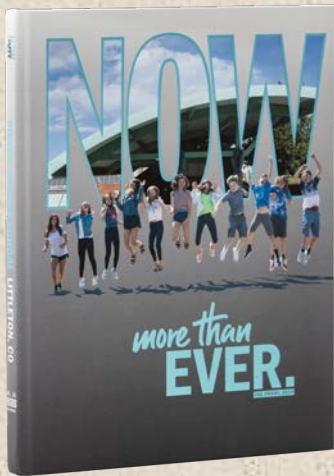
"I bake more food in the kitchen." ISABELLA COLE, 06 *photo by s. pallman*



"I like to play kickball." SAMUEL LEHL, 07 *photo by t. thompson*



"I play football." JASON JORDAN, 08 *photo by k. tucker*



// The Prowl
Powell Middle School
Littleton, Colorado

what
NOW?

WHAT ATHLETICS AND ACTIVITIES DO YOU PARTICIPATE IN TO STAY FIT WHEN TRACK IS NOT IN SEASON?



"I do 5Ks with my mom a lot outside of running in track. Possibly I'll do a big running race like my mom."
photo by a. visscher
AVALON LUX-OFFERMANN, 06



"I participate in soccer, which helps with running in Track. I enjoyed track because of the running."
photo by r. parker
JACKSON TURNER, 06



"I participate in swimming at Lifetime Fitness. I get to work out at swim practice."
photo by a. visscher
PIPER PRINCE, 07



"I play soccer, which helps you build up stamina for running a long time. This is very helpful for Track."
photo by a. visscher
GRAHAM HARDING, 07

faster
THAN EVER

STRATEGIZING TO RUN LONG DISTANCE, Emily Lamontagne, 08, races in the medley relay at the District Track Meet. From the beginning of the season to the end, Lamontagne learned to conserve her energy for the end of the race. "I grew physically because I practiced and got my time better." Lamontagne said.

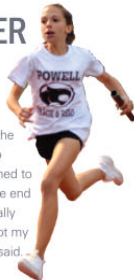


photo by p. gobbie

EMILY LAMONTAGNE, 08

1. PARTICIPATING IN WRESTLING FOR A COMMON

REASON, Braden Sisler and Lance Derby, 06, both have been wrestling since age four because the sport runs in the family. Sisler's dad is the head wrestling coach at Arapahoe High School, and his grandfather was a former coach. "There were only one or two sixth graders and they were partners, so I had to wrestle an eighth grader and my tooth got knocked out." Sisler said. photo by s. alpern

2. WINNING FIRST PLACE FOR THE GIRLS, Ava Mitchell, 08, competes in the mile at Districts. Mitchell has a passion for running and she helped carry her team to victory. "When racing, I think about how to be strong and how I have to chase down my competitor and reel them in," Mitchell said. photo by a. stark



3. WORKING AS A TEAM, Garrett Gurley and David Brady Oswald, 08, compete in the Medley Relay together. "My favorite event is the Medley because a lot of different events are all happening at once," Oswald said. photo by r. gobbie



4. ATTEMPTING HER BEST, Ella Boyd, 08, jumps 4'2" against the competing schools, Euclid and Options. "I participated in high jump because I thought that it was fun to see how high I could jump and how fast I could run," Boyd said. photo by r. west

5. IN THEIR SECOND YEAR OF WRESTLING, John Forbes, Cortez Herrera and Thaddeus Sharkey, 08, work on their team building skills. "My biggest competitor this year was Cortez Herrera, but we are still friends," Forbes said. photo by a. visscher



6. AT THE END OF THE SEASON, Mackenzie Rodriguez, 08, competes in the long jump. Because Rodriguez placed first in every relay, field events were the only individual events she participated in. "When we were in Track practice and I tripped and fell over one of the hurdles, I scraped both my knees." Rodriguez said. photo by a. evangelista



district champions
FIERCELY FOCUSED

BOTH THE GIRLS AND BOYS TRACK TEAMS TAKE THE WIN AT LPS STADIUM

DESPITE FRIGID TEMPERATURES OF 37°, BOTH 8TH TRACK TEAMS TOOK DISTRICTS FOR THE 4TH YEAR IN A ROW.

After weeks of training with Coach Mindy Enley, Coach Diane Gaston and Coach Wallis Sprague, the 8th Grade Girls and Boys Track Teams dominated at Districts. Arriving at LPS Stadium after school, the temperature was only 37°. "When I got there, I felt excited for my team." Calen Lawton, 08, said. Because both teams had won every previous track meet, the Pumas were confident of their skills. "I was confident because we won all of our

meets, and we had a lot of really fast people on our team," Julianna Brandberg, 08, said. Throughout the meet, many victories were taken in field events and races, while friends bonded on the sideline. A couple of weeks later, both Track Teams celebrated their District Track Championship win with a pizza party, and the school's name was added to the District trophy. "I liked celebrating the win with all my friends," Sierra Cromar, 08, said.



7. JUMPING TO NEW HEIGHTS, Noah Gilbert, 08, competes in an 8th grade Track meet against Euclid Middle School. "I've done high jump at almost every meet and I think I got 4'8" for my highest." Gilbert said. photo by a. evangelista



8. JOINING TRACK TO BECOME STRONGER RUNNERS, Liam Roby and Garrett Gurley, 08, race in the 800 meter race at the District Track Meet. Gurley hyped himself up before a race by using positive self talk. "I remember when Mrs. Gaston said she would buy me wings if I went under a minute in my 400, and I did," Gurley said. photo by a. evangelista



6. "I play guitar." TYLER BEARDEN, 08 photo by a. bartlett



"I do better at staying on task." HANNAH CADWALLADER, 06 photo by a. visscher



"I play football." LUKE NIERLING, 07 photo by m. moynihan



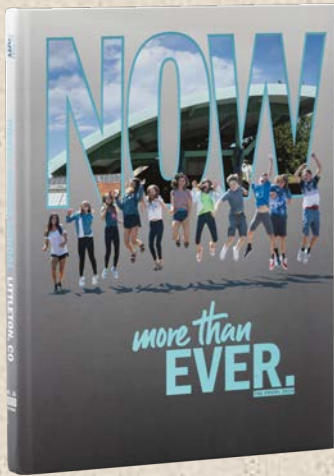
"I enjoy my life." MADELYN LAUSHMAN, 08 photo by j. donahue



"There is more homework." OWEN SMITH, 06 photo by r. parker



"I make sure people are okay and help them out." KAILA READ, 07 photo by g. stout



// The Prowl
Powell Middle School
Littleton, Colorado

be the change NOW

making a difference

page by adison
barrett & katelyn
pratt design by
avery lang

MY NAME IS GABE DOEHLER. A seventh grader, I am also a Boy Scout at Troop 870. As a Boy Scout you have to do various tasks including: first aid, leadership, strength, endurance and bravery. To become a Boy Scout you must show basic knowledge about scouts, knife safety and tying knots. I have completed that rank. To get where I am **NOW**, I have had to do first aid, navigation, cooking, knot tying and fitness tests. I also had to show a plan for different emergencies in our house. As a scout, you get to go on many adventures; my favorite was summer camp, where we went to the mountains and camped for a week. While there, we worked on merit badges, which are special skills that are needed to advance in rank. I worked on Climbing, Archery, First Aid and Communications. The hardest one of these was communications, which requires giving a five minute speech, planning a Court of Honor, and mailing a letter to *Boy's Life* magazine. A Court of Honor is a ceremony where you get recognized for your achievements. Communications is a very time consuming merit badge and may take months to complete. Communications is a part of a requirement for the highest rank you can earn, Eagle Scout. I have also been on many other camp outs. I plan to go to one in California, where I will get the Aviation Merit Badge and sleep on an aircraft carrier. Along with merit badges, a scout has to be a leader. There are many leadership roles you can have including: Senior Patrol Leader, Patrol Leader, Troop Guide, Den Chief, Chaplain Aide, Webmaster, and Bugler. At the moment, I am currently serving as Webmaster and Den Chief. As Webmaster I am in charge of keeping the troop website up to date and snazzy. I have great experience being a leader. I have been on many trips where I had to be a leader of a group of boys. I also have two younger brothers who sometimes need a little help staying on track. I hope to be elected as a Patrol Leader next term for my troop. A Patrol Leader is a single person who leads a smaller group of around 15 people. To make it to the rank of Eagle, you have to have a leadership role for ten months.



**GABRIEL
DOEHLER, 07**

1. GRIPPING THE ROUGH EDGES OF SOLID ROCK, Gabriel Doehler, 07, advances to the top of the summit. Doehler and his Boy Scout Troop participated in the event to earn their Merit Badge in climbing.

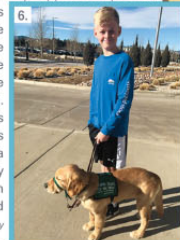


2. NEARING THE END OF HIS GREAT ADVENTURE, Gabriel Doehler takes a break during a hike. Doehler and his troop spent every night camping under the stars for the seven days he attended camp. **3. ANTICIPATING THE ICY FEELING OF JUMPING INTO LAKE TUMBLESONI,** Doehler stands on the edge of the lake bed. "It was really interesting to wake up at 4:00 in the morning and go to a dark lake and jump in it," Doehler said. He had to do this almost every morning to earn one of his merit badges. **4. ENJOYING HIS FREE DAY,** Doehler practices his archery skills with Lexi, a STEM Scout, who also attended Tahoe High Adventure Base Scout Camp.

photos courtesy of g. doehler



5. AT CHILDREN'S HOSPITAL, Owen Turner, 06, is accompanied by Wells, a service puppy in training, along with his mom and older brother. "We were training her and brought her with us for our check-ups," Turner said. **6. OVER WINTER BREAK,** Turner trains Wells. When Wells wore the service dog vest, no one was allowed to show her affection. "If she has her vest on, people are not really supposed to pet her," Turner said. **7. AS A PUPPY,** Wells lays on the floor. With each guide dog raised, Turner became more emotionally attached. "When we had Halsey, it was hard because I loved her so much," Turner said. **8. WEARING HER VEST,** Wells waits for Turner. When training, Wells received treats for completing a job well done. "We don't really feed her meals. When we train her, we give her kibble for good behavior," Turner said. photos courtesy of o. turner



**OWEN
TURNER, 06**



GUIDE DOGS FOR THE LAST FEW YEARS,

my family and I have raised guide dogs to help the blind. Our puppy arrives when she is eight weeks old. Currently, we have a guide dog puppy named Wells. We also raised her mom, Halsey, and her grandma, Nicholette. The dog comes with us wherever we go, including school, the grocery store, doctor's offices and other places. We help raise

guide dogs because it is fun to help train the dogs and snuggle with them. After about a year with our guide dog puppy, our dog goes back to Guide Dog for the Blind campus in Boring, Oregon. Our hope is that our guide dog puppy will successfully graduate and help someone who cannot see. It is very rewarding to know that we are helping others.



ONE OF THE WAYS I AM CURRENTLY WORKING TO MAKE A DIFFERENCE IN OUR GLOBAL SOCIETY is to support counselors in different cultures that work with survivors of sexual assault. I love working with these professionals who have a huge heart for impacting the kids in their neighborhoods and communities. They are the ones that are making a real change by working for justice and healing on behalf of these survivors! I often travel to other countries to train counselors on ways to help survivors heal. We have retreats and



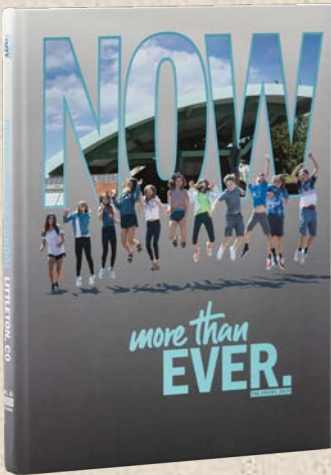
**COURTNEY ORRANGE,
COUNSELOR**



conferences while I am there, sharing counseling techniques and finding ways to incorporate self care as well. My work in other countries has shown me how much I can learn from others about suffering and resiliency. Their ways of living might be different than ours, and learning from individuals in other countries, increases my love for diversity and creativity. My ways are not always the best ways, but by working together we can both grow in our skills as counselors.



9. IN MARCH OF 2018, Mrs. Courtney Orange gathered with the staff at Cackle Point Beach in Freetown, Sierra Leone. Orange and her colleagues stood outside the dining hall where they ate rice with sauce for every meal. "If you ask a Sierra Leonean, 'Have you eaten yet?'... if they hadn't had rice, they will say no," Orange said. **10. FOR OVER SIX YEARS,** Orange has worked at the Justice Run, MC-ing the event. **11. A SIX TIME VISITOR AND COUNTING,** Orange typically stays in Sierra Leone for two weeks at a time, living in the same house where she feels comfortable due to knowing her neighbors. **12. AT HAMILTON BEACH IN FREETOWN,** counselors meet under an open air structure with tarps to protect from the average temperatures in the mid 80's with the humidity level up to 92%. **13. CHEERING AT THE 2017 JUSTICE RUN,** Orange helps out by guiding runners after they finished the race. photos courtesy of c. orange



// The Prowl
Powell Middle School
Littleton, Colorado

checking out clubs
PUMAS MAKE A MOVE

CHESS, A GAME OF CHECKMATE AND COUNTER ATTACKS

design by stella torneo
 page by arianna
 evangelista
 & shelby miyazaki

FROM MAKING ICE CREAM TO BRAIN BOWL COMPETITIONS, Pumas were involved in many clubs and out-of-school activities.

The game of chess, played around the world dating back to the sixth century, has found a home with Everett Wilkinson, 06. Wilkinson has been playing chess for seven years. Not only has this game become his main hobby, but a friendly competition between twins. Putting in the extra practice, Everett loved to play and practice chess

with his sister, Lakyn Wilkinson, 06. "I started liking chess after I downloaded a Dino chess game on my mom's iPad," Wilkinson said. Wilkinson has expanded his skills in the game since he first started playing, and competed at the District Chess Tournament in December, held at Newton Middle School.



1. KEEPING HIS EYE ON THE GAME, Everett Wilkinson, 06, practices his skills to prepare for the chess tournament. "My favorite part of chess is definitely winning because it makes me feel happy and proud," Wilkinson said. *photo by a. evangelista*



2. HITTING THE BOOKS TO PREPARE FOR THE ANNUAL BRAIN BOWL COMPETITION, Sean Yilmaz, Gabriel Brock and Michael Purfield, 06, work together to memorize and study their facts to compete at the first competition in January at Heritage High School. "My favorite part of Brain Bowl is having a good time and the friendly competition," Yilmaz said. *photo by n. gilbert*



5. HITTING THE HOOPS, Andrew Smart and Owen Turner, 06, go one on one in a game of basketball. Smart has been playing basketball since he was four. "The biggest change from 5th grade to 6th grade recess is that we play a lot more sports," Smart said. *photo by s. sloss*



3. MIXING IT UP IN MAD SCIENCE, Allie Morgan and Calia Keasler, 06, make ice cream. "Making the ice cream was really fun, but it was more fun to eat it," Keasler said. *photo by a. evangelista*



4. EXPRESSING HER CREATIVITY, Anna Rivera, 06, paints a ceramic llama in Art Club. Rivera enjoyed first semester Art Club and wants to join it again. "It's really cool to be able to do different art projects every week," Rivera said. *photo by s. miyazaki*

how do you food?
AT LUNCH

Everyone has a favorite time of the day? Lunch. Definitely Lunch. A whole 30 minutes to eat, hang with friends, and catch up on the newest gossip. But now it comes down to the biggest debate question: bring or buy?

DO YOU PACK OR BUY IT?

71%
29%

"I bring because the lunches I pack are healthier," Sophia Bren, 06 said.
 "I don't have enough time in the morning to pack my own lunch," Zachary Heltzel, 07, said.



"I am striving to be more organized."
CHARLES CATEL, 06
photo by a. evangelista

"I am auditioning for the musical."
ADDISON NEWCOME, 06
photo by s. miyazaki

"I'm studying more for my classes."
ALEXIS LOGGIA, 06
photo by a. evangelista

"I practice for football."
CHARLES ROHLF, 06
photo by s. miyazaki

"I have more freedom in school."
COLE KRUMHOLTZ, 07
photo by a. evangelista

"I am cooking and baking a lot."
ELLA TAYLOR, 07
photo by a. evangelista

taking **CENTER STAGE**

AN EXPERIENCE IN THE ARTS

In the remake of the Harry Potter series, Halle Gall, 08, performed as Dobby in Littleton Townhall's Youth Theatre Group. Gall also played the parts of Harry Potter, Hermione, Ron and a narrator.

"The hardest part of the show was when I had to learn another kid's lines ten minutes before we went on stage," Gall said. Gall has performed in eleven plays and musicals in five years, and acting is one of her favorite things to do. In the future, Gall will continue to pursue acting.

HALLE GALL, 08



IN NEWSIES, Lucia Graves and Halle Travis, 07, perform a Disney Broadway play produced by Audience of One, a youth theatre group. "Since my character, Crutchy, couldn't move around the stage as well, I didn't have to learn all the choreography," Graves said. *photos courtesy of k. tucker photo by a. evangelista*

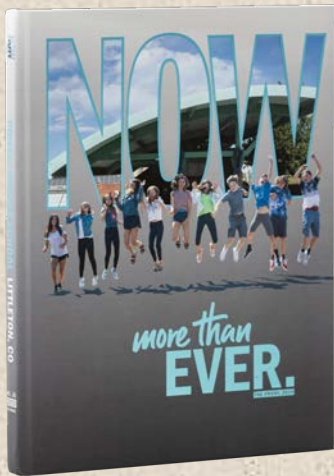
MAKING NEW WAVES



FROM THE COLD DAYS OF COLORADO TO THE HOT HAWAIIAN SUN

OVER THANKSGIVING BREAK,

Victoria Bratt, 08, took off to the tropical island of Kauai with her parents and sister. "It was really fun to go to the beach, play in the waves and spend time with my family," Bratt said. *photos courtesy v. bratt*



// The Prowl
Powell Middle School
Littleton, Colorado

2. DURING A NUGGETS BASKETBALL GAME, Mrs. Kendy Blake, science, receives a five hundred dollar check for her Teacher of the Month Award. "During one of the TV Time outs, the man from Papa Johns handed me this huge check," Blake said. *photo by j. kadarisman*

3. AT AN ORCHESTRA CONCERT, Logan Velenski, 06, concentrates on reading music. "I like Orchestra because it's a fun and safe environment. It feels like a second family," Velenski said. *photo by j. donahue*



1. TAKING SELFIES WITH ROCKY, Valaree Swan, Alexis Loggia, Daniel Pumplav, Evelyn Hughes-Ulmer, Chloe Bosley, Mirabell Nerenberg and Violet Johnson, 06, gather in Mrs. Blake's room during 6th grade lunch to celebrate her award. "I loved the celebration because Rocky was awfully silly," Pumplav said. *photo by j. kadarisman*



more than EVER
COMPETING TO TAKE TOP HONORS

WHAT WAS THE HIGHLIGHT OF THE CHILI COOKOFF?

ABIGAIL HARRISON, 08
"I was surprised that my dad and I won the Chili Cook off again because we won last year too." *photo by a. collins*

JAXYN TAYLOR, 08
"It was exciting because I liked the competition and other people liked my chili recipe." *photo by a. collins*

DEVIN McCAUSLAND, 08
"The Chili Cookoff was interesting, and it was fun to taste other chilies." *photo by a. collins*

4. AT THE 6TH GRADE BAND CONCERT, Cassandra Culp, 06, plays the baritone. "I have been playing the baritone for three years. My favorite part about Band is performing because it is rewarding." Culp said. *photo by j. kadarisman*

4. AS ROCKY GETS READY TO POP THE CONFETTI CANNON, Mrs. Kendy Blake receives the Most Valuable Teacher Award from NBA star, Ervin Johnson. "It was fun to meet Mr. Johnson. I was truly grateful for the opportunity to share the spotlight with him," Blake said. *photo by j. kadarisman*



celebrating with ROCKY & NUGGETS
PAPA JOHNS NAMES KENDY BLAKE MOST VALUABLE TEACHER

most valuable TEACHER NOW
IN ADDITION TO RECEIVING A CHECK, Mrs. Kendy Blake watched the Nuggets game at the Pepsi Center. "I was super grateful because Ms. Goerke was the one who nominated me. For her to think that I do good work means a whole lot to me. My students are the reason that the award means so much; they're the reason I come to school every day. And so they are the reason I try to be a good teacher," Blake said. *photo by a. collins*
KENDY BLAKE, SCIENCE

ON NOVEMBER 7, 2018, SIXTH GRADE SCIENCE AND P.E. TEACHER, Mrs. Kendy Blake, received an auspicious award from Papa John's, recognizing her influence as a teacher. Former Nuggets player, Ervin Johnson, came to campus to present the award to Blake, who was named the most Valuable Teacher of the month. Fellow sixth grade science teacher, Ms. Leigh Goerke nominated Blake for the award. "Mrs. Blake is the epitome of character. She is highly involved in activities and sports here at Powell, and outside of Powell," Goerke said. Mrs. Blake's CORE Plus students watched as she received the award. "I believe that Mrs. Blake deserved this award because she works very hard," Valaree Swan, 06, said. During the recognition celebration, Blake and her CORE Plus class ate pizza and took photos with Rocky, the Nuggets' mascot. Shortly after, the students were surprised by a loud pop of the confetti cannon. "My favorite part of the celebration was when Rocky shot the confetti cannon because that was cool," Chloe Bosley, 06, said.

honoring VETERANS

EVERY YEAR, the sixth grade social studies teachers organize a Veterans' Day Celebration to honor those who have served. Veterans spoke to the entire sixth grade student body about their military experiences.



DURING THE CELEBRATION, Jordan Fredericks and Hadley Jackson, 06, show visiting family members their Veterans' Day projects. Over a period of three weeks, all of the sixth graders chose a veteran and created a poster about their time served in the military. "I brought my great grandpa and it was really fun because I got to see and listen to all the veterans," Jackson said. "A family friend from the church I go to came with me. I really enjoyed listening to him and the veterans talk with confidence," Fredericks said. *photos by m. baryika and g. juergens*



"I am studying harder for tests."
MADLINE POATES, 06
photo by s. miyazaki

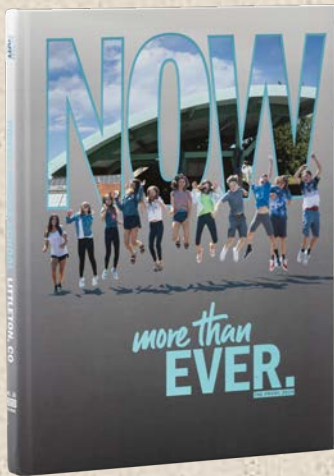
"I play tennis."
LINNEA PAULLSSON, 07
photo by m. baryika

"I like chocolate milk."
DAIN PRESLEY, 08
photo by m. baryika

"I am improving my soccer skills."
JORDAN TOMES, 06
photo by s. miyazaki

"I play soccer."
KEEGAN KLOPPENBERG, 07
photo by j. kadarisman

"I can embrace my true darkness."
MINDY ENLEY, DRAMA
photo by p. gobble



// The Prowl
Powell Middle School
Littleton, Colorado

taking Learning TO THE NEXT LEVEL

FROM LABS TO LAUGHTER, SCIENCE WAS EDUCATIONAL & ENJOYABLE

design by reagan parker
page by jensen martineau, avery varvarinecz, & gillian ward

AS THE CURRICULUM PROVED MORE DIFFICULT WITH EACH DAY, SCIENCE PROVIDED HUMOROUS TALES OF MISHAPS AND COMIC RELIEF FOR STUDENTS DURING LABS.

FOR EIGHTH GRADE STUDENTS, the science curriculum was difficult to master, but most agreed, it was fun to get their hands dirty during labs. During the Thermometer Lab, Maria Ester Rivera, 08, and her partner, Shelby Miyazaki, 08, put their thermometers in the snow after immersing them in hot water. "Shelby did not know that is was going to explode, but lucky for her, she didn't fully get covered in the liquids. All she kept saying was 'oh no, oh no, oh no,' over and over again," Rivera said.

It got even more interesting when food was involved. "In the first couple of weeks of school, the 8th graders learned about the Moon phases in science. One day Mr. Sprague gave us a lab consisting of Oreos. We were supposed to use the Oreos to make Moon phases with the white frosting still on the cookie, but my partner and I misheard the instructions. We used the Oreo filling and put it on the paper instead of leaving it on the cookie. Our paper was all greasy. I walked around to look at other people's papers and realized that we were

supposed to leave the filling on the cookie instead of the paper. After that we just couldn't help ourselves from laughing," Gabriella Pulido, 08, said.

And there were countless other examples gone awry. "I sit right behind Dean Lauffer, and he started drifting off in class. Mr. Genson grabbed a ball, casually walked over, and chucked it at Dean's head. Then Dean sat up and said, 'What?' And everyone just burst into laughter," Sierra Cromar, 08, said.

There were embarrassing moments as well. "We were learning about balanced vs. unbalanced forces. I was pulling on a chair and Mr. Sprague was pulling the other way. If I pulled more, it was unbalanced for Sprague, and if I pulled less, it was unbalanced for me. He decided to show me more and asked me if he could pick me up. I was kind of surprised. Mr. Sprague then told me to raise my arms. He picked me up and said, 'You're a big boy!' And everyone started laughing," Andrew Salthouse, 08, said.



"Now more than ever, I enjoy talking with my family."

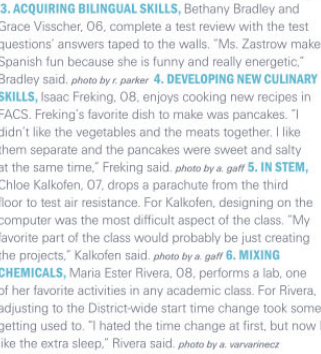
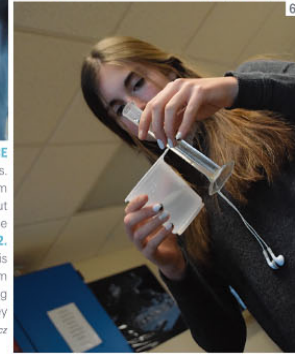
SEAN CROOKHAM, 08

It's more than JUST A FIELD TRIP

INTERNATIONAL TOWNE provided 7th grade students with a real world experience. "In a relevant and hands-on way, students learn the importance of interdependence, globalization, cultural exchanges and economic principles of supply and demand through a realistic market of trade with countries around the world. This simulation is a result of weeks worth of experiential lessons in preparation to be world consumers and travelers in a culminating field trip to International Towne," Ms. Lisa Calkins, social studies, said.



SERVING AS PRESIDENTS, Isabella Sandoval and Halls Travis, 07, enjoy blue slushies at the International Towne Field Trip. "It was a long process to go to International Towne, but it was worth it," Travis said. **BUYING JEWELRY**, John Nicolas Keran, 07, serves as President of Israel. "I prosecuted people for what they did wrong, which was mostly Fortnite dancing," Keran said. **AS PRESIDENT OF PANAMA**, Gabriella Singer, 07, delivers goods and services to other countries. "My favorite part was peacemaking because you had to make sure everyone was following rules," Singer said.



1. TESTING THERMOMETERS IN MR. SPRAGUE'S SCIENCE CLASS, Sean Crookham, 08, enjoys conducting labs. Although, the science curriculum was difficult, Crookham thought the activities were fun. "I liked learning about space because it's interesting to explore things outside of our world," Crookham said. 2. LEARNING THROUGH EXPERIENCE, Julianna Ford, 08, is an exemplary science student. For Ford, the curriculum was entertaining. "My favorite part was testing chemicals in the Bunsen burner to see what colors they burned," Ford said.

communicating ABOVE ALL ELSE

SIGNING HER WAY TO THE TOP, Sofia Seidel, 07, is no stranger to sign language; she's been practicing for six years. Seidel started sign language in elementary school because there were students with hearing disabilities. Seidel joined Sign Language Club to continue expanding her vocabulary. "It's unique and not many people know how to do it," Seidel said. Sofia Seidel, 07



040 NOVEMBER ACADEMICS & ELECTIVES



"I read more and do more dance classes." CHLOE HEBERT, 08



"I code computers and games." LINCOLN TRAN, 07



"I want a girl in my life because it's getting to the point where I need some compassion." RYAN KARLSGOOD, 08



"I want to play Fortnite." JOSEPH LARSON, 06

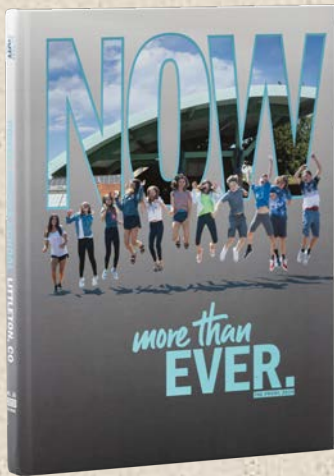


"I love to swim." SOPHIA CHAKOUNIS, 07



"I'm enjoying the school and the friends I have." ERIN HILLEBRANDT, 08

CLASSES & FIELD TRIPS FACES, INTERNATIONAL TOWNE FT. SCIENCE, SIGN LANGUAGE CLUB, SOCIAL STUDIES, SPANISH, STEM



// The Prowl
Powell Middle School
Littleton, Colorado



7. THE SPIRIT IS IN THE PLAYERS, Sierra Cromar, Ella Beebe, Berkeley McKinnon and Keira Oriel, 08, cheer on the A Team from the sidelines. "It's always good to support your teammates, and I'm kind of known for being the 'soccer mom' and leading the cheers," Oriel said. *photo by m. murphy*



5. THE BATTLE AMONG TEAM MEMBERS CONTINUES, as Tyler Hansen and Alonzo Ramirez, 08, prove to be each other's toughest opponents. "Alonzo is a tough opponent because he's in my same weight group and is super strong," Hansen said. *photo by d. thompson*

6. UNDER PRESSURE, Holly Jayasanker and Taylor Miller, 08, play a hard game against the Newton Knights. Jayasanker checked her surroundings before passing the ball to Miller. "If I was being surrounded, I got kind of freaked out, but I had to tell myself to calm down and figure out the best play," Jayasanker said. *photo by p. gobble*



4. THINKING FAST, Sierra Cromar, 08, helps the B Team make a play. "It was an easy win, and we won by a lot," Cromar said. *photo by p. gobble*



1. GRITTING TEETH AND PUSHING HARD, Maxwell Tilghman, 08, tests his limits while going up against a Newton opponent. This was Tilghman's first year wrestling. "I have won around half of all of my matches," Tilghman said. *photo by m. murphy*

3. NOTHIN' BUT NET, Madison Groth, 08, gains points by making hoops multiple times during the game for the A Team. "I've been playing basketball since kindergarten and I love being on the team," Groth said. *photo by g. pytlinski*



whatever
IT TAKES TO PIN
 BECOMING THE BEST YOU CAN BE design by sophia callman page by payden gobble & avery lang

WINNING DOESN'T JUST HAPPEN ON ITS OWN, IT TAKES DETERMINATION AND FORTITUDE. Achieving success is not an easy task. It took grit, sweat, blood and tears. Even though people only saw the matches, they didn't see the amount of effort put into them. "The most challenging part is accepting the fact that you will get beat, but you can eventually grow and bounce back," Colin Lovett, 07, said. Wrestling isn't all about getting the pin and winning the match, it was about growing. "Even though winning is really fun, I loved being

with my friends," William Pastorius, 08, said. The practices consisted of running, which helped the wrestlers warm up their muscles and get their blood pumping. Then they did warm ups across the mat like pushups and bear-crawls. Now the fun part: learning a new move. "I really liked learning new moves and then applying them to my matches," Cruz Young, 07, said. Working on improving up to four times a week, the wrestlers eventually won at Districts.

more than
AN INJURY

FRACTURING HIS LEFT ELBOW DURING HIS FIRST WRESTLING MATCH, Shane Sicard, 08, experienced not only the inability to use his left arm, but missed out on many of the things he loves. Sicard's first match was against Cortez Herrera, 08, and Sicard had been thrown to the ground, stuck out his arm, and fractured his left elbow. "I remember my mom took me to the ER and when my arm was in the sling, I couldn't do any sports or PE, which I hated missing out on," Sicard said. *photo by g. kha*

it takes time to
OVERCOME AN INJURY

A LITTLE REST GOES A LONG WAY as Braden Sisler, 06, overcame a concussion. Four weeks of laying down, not being active, and taking it easy was all he had to do, which also meant he was missing out on wrestling. "I loved coming back and seeing how I grew and how my opponents grew," Sisler said. *photo by g. kha*

BRADEN SISLER, 06

now
WE'RE PUMPED UP
MORE THAN EVER
 HOW DO YOU GET EXCITED BEFORE THE BIG EVENT?



"Sometimes I listen to music or do a breathing trick."
KYRAANN ENLEY, 06
photo by m. baryika



"Sometimes I'll listen to music that gets me pumped up and excited."
ELSA ROMAN KLEIN, 07
photo by m. baryika

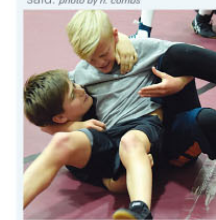


"I just focus and think about the hard work I'm doing and sometimes I listen to music."
BRODY LEID, 07
photo by m. baryika



"I talk to my friends and look for inspiration and advice."
RYAN FISHER, 07
photo by m. baryika

ALL IN STRIDE
STRENGTHENING SKILLS, Devin Kenneally and Benjamin Barbour, 07, push each other to develop their wrestling skills. They used new techniques they had learned in practice and were eager to start wrestling. "I have been wrestling for eight years, since I was three years old," Barbour said. *photo by h. combs*



"I want to be kind to everyone."
MORGAN AIKENS, 06
photo by p. gobble



"I like school."
MEGAN JOHNSON, 07
photo by m. baryika



"I study."
KYLER BUSHEL, 08
photo by m. baryika



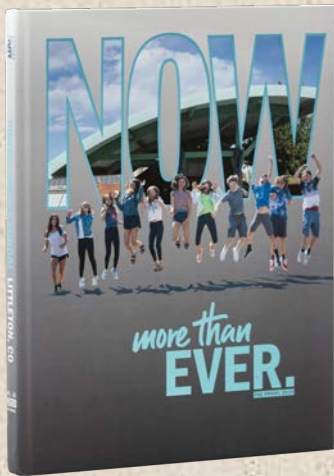
"I like hockey."
LUCAS SCOTT, 06
photo by m. baryika



"I can play an instrument."
NICHOLAS GERBELY, 07
photo by m. baryika



"I hang out with new people."
SHAYLA BEACH, 08
photo by p. gobble



// The Prowl
Powell Middle School
Littleton, Colorado

trending NOW

the go-to accessories & gotta have it items

SCRUNCHIES WERE THE ONE FASHION TREND that most girls wore, regardless of their personal style. A normal hair tie with a piece of fabric wrapped around it, scrunchies were also worn on wrists as a fashion statement. For eight to ten dollars, the accessory could be purchased in packs of four. "Scrunchies are awesome and stylish. They come in every color, so you can wear them with anything," Carly McHale, 06, said. *photo by r. hunt*



design by kaleyn pratt
page by tyler bradford & rosen hunt

FROM SCRUNCHIES TO AIRPODS, the "got to have it" items were in one day and out the next for Pumas.

TRENDING NOW



CHECKERBOARD SLIP-ON VANS

These trendy shoes were popular because of their quirky style and easy fit, as one could just simply slip a pair on in seconds. If you were in a rush to get to school, you could throw these on and still look fashionable. "My favorite part about Vans is the way they feel and the way they look," Garrett Danielson, 07, said.



DORITOS FLAMAS

The bold taste of Doritos Flamas gave an invigorating experience that spiced up the cafeteria's food choices for a low price, making them a popular choice for Pumas. "They are awesome and they taste yummy," Neal Keaty, 08, said.



KENDRA SCOTT NECKLACES

These expensive necklaces were popular because celebrities as social media influencers sported them. The necklaces also added some sparkle to any outfit and looked like it was fit for a queen. "It's pretty and I like how you can customize the different chains and jewels," Charlotte Morgan, 07, said.

FORTNITE HAS TAKEN THE WORLD BY STORM. Whether it be on console, computer or even a phone, Pumas couldn't get enough of this third-person battle royale. Players spent at least ten dollars on cosmetics such as skins or different backpacks, which led to a diverse playerbase on this exceptional game. "I play Fortnite two hours a day, so I can play with my friends," Noah Fuller, 07, said.



HOW'S MY PING?

SMART PHONES had many capabilities, from placing a call to scrolling through social media or playing games. Each successive model looked sleeker and performed better, yet each model came with a higher price tag.

TRENDING PHONES



"I like my iPhone X because of the face recognition and good quality."

RONAN COLSON, 06



"I like my phone because it can stay alive for two days and it charges faster."

ARNULFO RUVALCABA, 06



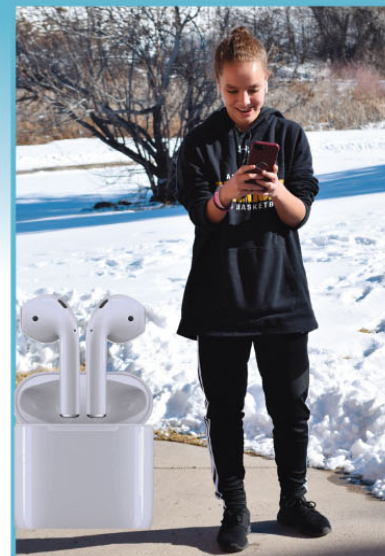
"I like the photo my phone takes and my husband picked it out for me."

LeeANNE SHEETS, FACS



"I like my iPhone X because my dad gave it to me and it's trending."

CHASE BROWN, 07



IS IT LOUD ENOUGH?

A NEW LEVEL OF DECEPTION REACHED MIDDLE SCHOOL thanks to the Apple product, AirPods. With these wireless headphones, students could listen to music anytime, including, to the chagrin of teachers and admin, during instruction. The AirPods automatically connected to all devices, with no need for wires, which made the earbuds easy to use and very secretive. However, the pricey product, costing around \$150, could be easily lost or stolen. "The wires don't tangle, they have cool features, and the charge lasts for a while," Madison Dykstra, 07, said.

photo by m. murphy

SOCIAL MEDIA

59%

41%

SNAPCHAT

"I like the ability to quickly send pictures to friends instead of having to go through the process of posting a picture to Instagram." **CLAYTON WERN, 07**

INSTAGRAM

"I prefer Instagram because it has funnier content and it is not just people messaging each other." **LUCAS BERNAUER, 07**

THIRSTY NOW?

Hydro Flasks were the newest generation of water bottles, which kept drinks cool for days and fit in with current fashion trends as a stylish accessory.



"It looks cool and it keeps my water cold all day long." **DANIELA SALDANA GORDILLO, 06**



"I enjoy singing." **JULIA HILDAHL, 06**
photo by r. hunt



"I'm tired of school." **SIMON SLOVT, 07**
photo by l. grier



"I'm acting because I am not shy anymore." **ALEXIS WERNECKE, 08**
photo by t. bradford



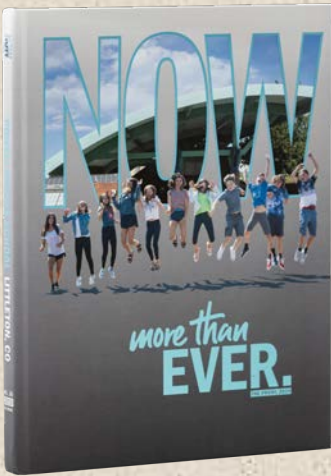
"I like doing Taekwondo." **JACKSON HUBER, 06**
photo by t. bradford



"I'm hanging out with my friends." **JONAH ROWLISON, 07**
photo by m. baryika



"I am trying to get better for high school tennis." **HENRY TRASK, 08**
photo by t. bradford



// The Prowl
Powell Middle School
Littleton, Colorado

the importance of
PAYING IT FORWARD
and lending a helping hand

PUMAS GATHER HOUSEHOLD GOODS TO PROVIDE FOR FAMILIES IN NEED design by julia donahue page by rachel west, elise kriss, summer mathews, elizabeth crookham & sophia pallman

KNOWN AS THE GIVING SEASON, DECEMBER WAS NOT ONLY THE END OF THE SEMESTER, BUT A TIME TO BE COMMUNITY MINDED. Students and staff alike donated household goods to the Giving Basket project.

On December 21st, Mrs. Diane Gaston, STEM, hosted the Giving Basket event. Many participants showed up to help support families in need such as Jane Griffin, 08, and Isabella Koepke, 06. "I decided to join the Giving Basket because I love helping people in need and supporting the community. I helped last year in the Giving Basket and have helped people as part of my church

group before too," Griffin said. Various types of supplies were donated such as toiletries, canned foods, school supplies and toys. Volunteers assembled baskets of goods in Mrs. Gaston's room on the last day of the semester. "My favorite part of this activity was knowing that I was giving back and helping other families, but in the end it made me feel happy and grateful," Koepke said.



1. GIVING BASKET VOLUNTEERS Mrs. Diane Gaston, Mrs. Kelsey Dondelinger, Jane Griffin, 08, and Isabella Koepke, 06, assemble baskets for families in need. The volunteers helped by gifting valuable household supplies to families during the holidays. "This year we helped about three families," Griffin said. photo by d. yates



3.



4. 5.



6. 7.

2. AT THE REWARD CELEBRATION, Alexander Chakounis, 08, makes popcorn and watches a movie. Chakounis signed up for Ms. Karen Masek's activity. "I usually choose Ms. Masek's Reward Activity because the movies she has are good, and I like the art," Chakounis said. photo by d. yates **3. OUTSIDE AT LUNCH,** Kevin Lyons, Broden Nelson and Miles McMongie, 06, play basketball together. The three boys played this game after lunch because it was their favorite sport. "I like how everyone gets to play," McMongie said. photo by r. parker **4. CELEBRATING THE LAST DAY OF THE SEMESTER,** Alexandria Kellems, 07, plays Sorry! with her friends. "It was just a great break and fun way to end the semester," Kellems said. photo

by l. roby **5. IN THE CAFETERIUM,** Kaden Wass and Owen Persichetti, 06, eat lunch with friends. "When I'm eating lunch, I like to talk about strange and different topics with my friends," Wass said. photo by r. parker **6. IN MAD SCIENCE CLUB,** Julia Hildahl, Calla Keasler and Allie Morgan, 06, make ice cream. "I like being in Mad Science because it's a great opportunity for me to try new things," Morgan said. photo by j. cao **7. IN MRS. SHEETS REWARD ACTIVITY,** Olivia Leeder, Annika Yaworski and Kathryn Paulsen, 06, cook pancakes. "I've been friends with Olivia since the beginning of this school year and with Kathryn since second grade," Yaworski said. photo by d. yates

the more, the better
EXTREME CLUB PARTICIPATION
WESTON ANDREWS, 06

SOME MIGHT CALL HIM AN OVER-ACHIEVER, but Weston Andrews, 06, found the time to participate in a variety of activities including Chess Club, Rubik's Cube Club and Art Club. "I joined Rubik's Cube Club because I wanted to learn how to solve a Rubik's Cube," Andrews said. photo by r. hunt

Timing is EVERYTHING
WITH THE NEW START AND END TIMES, every middle school in Littleton Public Schools released at 3:50 p.m., an hour later than usual. Due to the later release time, many clubs were discontinued so students could make their way home before dusk.

NOW THAT WE THINK ABOUT IT 50% of students surveyed said they were discouraged from joining clubs because of the new school end times.

discovering what's NEW NOW
FOR THEIR DISCOVERY PROJECT IN LANGUAGE ARTS, Aaron Maloney and Daniel Gorder, 08, teamed up to bake chocolate chip cookies. "It was a really fun experience learning how to make cookies from scratch," Gorder said.

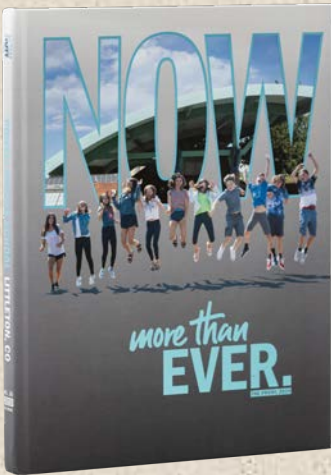


AFTER BAKING COOKIES FROM SCRATCH, Daniel Gorder and Aaron Maloney, 08, test their results. "The outside was crispy and the inside was soft," Gorder said. **MAKING COOKIE DOUGH,** Gorder and Maloney teamed up to complete their Project Discovery. "My favorite part was getting to eat the cookies after we made them," Gorder said. photos courtesy of d. gorder and a. maloney



046 DECEMBER STUDENT LIFE & CLUBS

DIANA FLEMING, 06 "I love playing basketball." photo by e. kriss
BODE HALL, 07 "I enjoy wrestling." photo by r. west
SAMUEL BALLAS, 08 "I practice football." photo by s. pallman
TYLER MCCALISTER, 06 "We need kindness in the world." photo by r. west
NINA KOZINSKI, 07 "We need better science in the world." photo by e. kriss
ADDISON CRAIG, 08 "I enjoy going to see my friends at school." photo by b. crookham



// The Prowl
Powell Middle School
Littleton, Colorado

THE CAROLING CREW



"I love performing unified."
ANTONIO WADSWORTH, 07

ON THE LAST DAY OF THE SEMESTER, Mrs. Elizabeth Stephens' Choir students surprised classes with holiday caroling. Antonio Wadsworth, John Nicolas Keran, Duncan Evert, Nicholas Gergely and Chase Novinger, 07, had fun singing for their peers. "Caroling was really fun, and I really liked that I got to do it with my friends," Evert said. *photo by l. roby*

2. AT THE GUITAR CONCERT, Hannah Resley and Taylor Miller, 08, sing a ukulele accompanied duet. "Performing in front of people gives you a rush that makes you feel more confident," Resley said. *photo by n. gilbert*

4. AT THE POWELL SHOWCASE NIGHT, Courtney Kelly, Margie Martin, Katharine Tucker, Arianna Evangelista, Sutton Damiano, Avery Varvarinecz, Adelaide Wood, Tessa Upah, Avery Lang, Keira Oriel and Claire Aylward, 08, perform "On the Roof" for the visiting 5th grade families. "Since being in Choir, I have grown as a performer. I also do not get as nervous," Wood said. *photo by m. flinders*

1. AT THE HOLIDAY CHOIR CONCERT, Dean Lauffer, Caleb Burge, Abigail Olsen, Jena Berndt, Arianna Evangelista, Haley Olona, Victoria Cagande, Shelby Miyazaki, Morgan Berrett, Graydon Pytlinski, Ayden Seipp, Ava McHale, Avery Lang, Gabriella Pulido, Julianna Ford, Sutton Damiano, Hayden Jones, Halle Gall, Sophia Strand, Claire Aylward, Berkeley McKinnon, Tessa Upah, Matthieu Helaine, Zefanya Supusepa, David Perry, Jane Griffin, Keira Oriel, Reagan Parker and Adelaide Wood, 08, perform for friends and family. "Performing is enjoyable. I love being able to sing and dance at the same time," Gall said. *photo by k. tucker*



performing
LIKE NEVER BEFORE

PUMAS TAKE CENTER STAGE AT THE DECEMBER CONCERTS

design by cullin winterbottom
photo by sydney cohen, ian roby & katharine tucker

DURING THE MONTH OF DECEMBER, musicians performed at four concerts and a field trip for students, parents and staff alike.

Between the singing, choreography and memorization, it took the 8th grade Choir four months to prepare for the extravagant Holiday Concert. The performers had different experiences while performing. "My favorite part of performing is learning the choreography for our Choir concerts," Ava McHale, 08, said. "Performing is nerve racking, exciting, and there is no judgement," Dean Lauffer, 08, said.

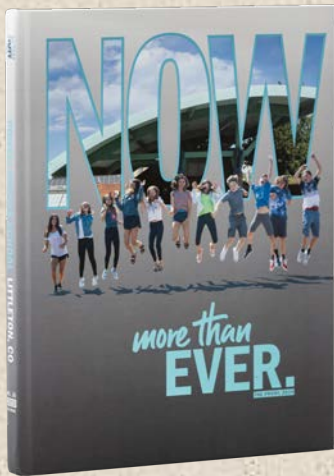
One of the newest members of the Performing Arts Department, Mrs. Elizabeth Stephens worked with a smaller Choir than usual, which gave her the opportunity to get to know her students better, both individually and in group settings. "Not only the Choir students, but Powell as a whole, has taught me to be more compassionate with not only teaching, but with life," Stephens said.



6. WHILE INCOMING 6TH GRADERS LEARN ABOUT MIDDLE SCHOOL, David Muldoon, Modern Tech teacher, explains how elective programs enrich a student's overall education. "The enthusiasm from the young kids learning about the school always puts a smile on my face," Muldoon said. *photo by p. gobbie*

7. EIGHTH GRADE PRIDE LEADERS LISTEN as Mr. Steve Wolf, Principal, addresses the audience at the annual Powell Showcase Night. More than 250 families came out to learn about the exciting educational opportunities available at the school. "We hope that the Powell Showcase will reinforce that Powell is the right place for your kid," Wolf said. *photo by m. murphy*





// The Prowl
Powell Middle School
Littleton, Colorado

more creative
THAN EVER

DEMONSTRATING THEIR ARTISTIC ABILITY, John Forbes, Sean Best and Charlotte Clark, 08, get creative in Art class, sculpting and drawing to their heart's content. Forbes loved that Art involved developing his creativity. "Art gives people a chance to express themselves, if they can't in any other way," Forbes said. *photos by d. yates and s. alpern*



winning the 5th grade
FREEDOM ESSAY CONTEST

TAKING FIRST PLACE, Hannah Resley, 08, won an essay contest about what freedom meant to her. "I talk about how with freedom, you have limits to do what you want within reason, and I talked about how just two simple words change the definition," Resley said. *photo by m. labrecque*
HANNAH RESLEY, 08



better than
STUDENTS SHARE SUCCESS STORIES EVER

What is your proudest academic achievement to date and why?

"My proudest achievement, in my opinion, is my test scores because I did well on pretty much every test."
IAN THOMPSON, 08
photo by h. jayasanker



"Getting good grades because I am proud of myself, and my family is proud of me too."
GAGE GLOVER, 06
photo by h. jayasanker



"I would probably say getting a lot of A's because in 7th grade I feel like just the school work got a lot harder."
IRIS GREGAN, 07
photo by h. jayasanker



"My proudest academic achievement is finishing my work and getting all A's."
LORIN HOAGUE, 08
photo by h. jayasanker



"The proudest achievement I have gotten is probably a social studies presentation."
ALEXANDER CHAKOUNIS, 08
photo by h. jayasanker



just another day
IN THE LIFE OF A PUMA

FROM THE MORNING BELL TO FUN ELECTIVES AND EVERYTHING IN BETWEEN
DAY IN AND DAY OUT, PUMAS WERE IN THE ZONE, PUTTING FORTH EFFORT IN CLASS WHILE SOCIALIZING IN THE HALLS.

As the warning bell rang at 8:49, some students rushed to class, while others hung back until the last minute. "I normally go at 49 to get there on time," Maiti O'Shea, 07, said. The start of the day began with Mr. Wolf giving his daily morning announcement that always ended with, "It's a great day to be a Puma."

When it was time to turn in homework, some students pulled it out of their color-coordinated folders, while others gave the same old 'my dog ate my homework' excuse. "I have it organized. I have this binder where I put different categorized stuff like social studies, science and different slots," Logan Velenski, 06, said.

With lunch, clusters of kids filed into the cafeteria and sat down at their respective tables. The air

filled with the smell of chicken tenders, Noosa yogurts and burnt popcorn that had exploded in the microwave. "I sleep in, so I don't really have time to make a sandwich or anything. I just buy Lunchables. Since my parents are health freaks, they make me buy organic Lunchables," Karalyn Dail, 07, said.

After lunch, students ended the day with a few afternoon classes. In electives, students got creative, working on sculptures in Art, while others pushed through the thirty minute run in PE or made robots in Tech 6 Robotics. "My favorite elective would probably be Music Appreciation because it's a lot of fun and we get to hang out most of the time," Abrielle Herbic, 06, said. And with the final bell ringing at 3:50, throngs filled the hallways and made their way to the buses.



1. PLAYING A TUNE, Ella Boyd, Sierra Cromar and Miriam Johnson, 08, practice in Band. Johnson first started playing the flute in middle school. "It wasn't too hard to learn, but learning all the different notes was harder than I thought," Johnson said. *photo by j. cao*



2. FIXING THE SEWING MACHINE, Morgan Glass and Henry Nickless, 07, collaborate in FACS. Sewing was a favorite of Nickless as he enjoyed expressing his creativity. Nickless also found sewing could be difficult. "I liked how I had independence and time to learn and master techniques," Nickless said. *photo by h. jayasanker*

3. BRAVING THE HALLS, students get organized before their morning classes. Five minute passing periods were hectic, causing some students to stop at their lockers only a couple of times in a day. "I stop at it like every other class. So I'll go to a class and I bring the stuff for the next class and then go to my locker," Donovan Stivers, 07, said. *photo by b. parks*

4. CONCENTRATING ON EVERY DETAIL, Nora Tholen, 06, draws during some free time in language arts. As a budding artist, Tholen's favorite way to express her creativity was to color in the lines. "It makes me go to my happy place, and I really enjoy it." Tholen said. *photo by h. jayasanker*

5. ANTICIPATING THE RESULTS, Owen Persichetti and Lucas Scott, 06, play Kahoot in math. Persichetti has loved math from a young age and enjoyed Kahoot. "Math is my favorite subject because I do the best in it, and I have liked it since I was very young. I like it all," Persichetti said. *photo by m. labrecque*

6. LECTURING, Wallis Sprague, science, explains the Periodic Table of Elements. Sprague described his own teaching style as "silly," because he believed it benefited his students the most. "I honestly love science. I am passionate about learning it, so I get paid to learn about my favorite thing in the world," Sprague said. *photo by m. labrecque*



7. FOCUSING, Katharine Tucker, Julianna Brandberg and Courtney Kelly, 08, practice guitar. Kelly has been playing guitar since the beginning of the semester and plans to continue in high school. "It is kind of soothing to be honest, and I really like learning new songs," Kelly said. *photo by a. visscher*



8. VOLUNTEERING, Skyllynn McDowell, 08, volunteers at the Southglenn library. *photo by m. labrecque*



050 DECEMBER
ACADEMICS & ELECTIVES



"I like to go to martial arts."
RAY RAMOS, 08
photo by m. labrecque



"I like soccer."
BLAKE HANSEN, 07
photo by h. jayasanker



"I like going to school."
ABEL SANCHEZ FLORES, 08
photo by m. labrecque



"I like to scooter."
GRIFFIN COLLINGS, 06
photo by h. jayasanker



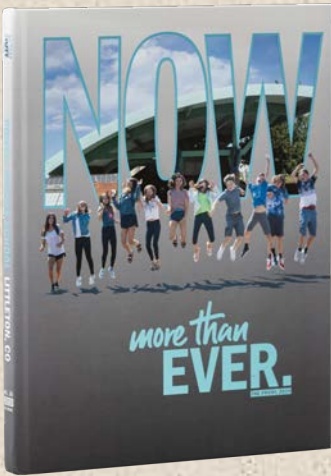
"I work out at Lifetime."
EMMA LABRECQUE, 07
photo by m. labrecque



"I volunteer at the Southglenn library."
SKYLLYNN MCDOWELL, 08
photo by m. labrecque

ART, BAND, FACS, FREEDOM ESSAY, GUITAR, HALLWAYS, LANGUAGE ARTS, MATH, SCIENCE

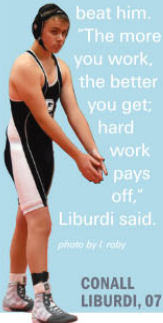
CLASSES **051**



// The Prowl
Powell Middle School
Littleton, Colorado

WRESTLING FOR THE PAST FIVE YEARS, Conall Liburdi, 07, also competes for the Valor Jr. Club. Liburdi aspired to be a District champion, but he fell short when a rival Newton wrestler beat him. "The more you work, the better you get; hard work pays off," Liburdi said.

CONALL LIBURDI, 07



3. AN ALL AROUND ATHLETE, Sklyer Cotham, 08, plays year-round sports, including lacrosse and football. Wrestling helped Cotham master many sports, and he enjoyed competing with his friends. "Before a match, I'll stretch and get loose," Cotham said.

4. HIGH SCORER, Maya Budler, 08, leads her team to an undefeated season and a District Championship as point guard. By practicing every day, Budler hopes to play basketball in high school. "After games, our team gets ice cream and congratulates everyone on the great performance," Budler said.



5. GETTING THE BLOOD FLOWING, Samuel Siegal, 07, jumps to get loose before each meet. Siegal finished his incredible season with a record of 6-1. "When we won Districts, you could feel the Puma pride in the air," Siegal said.

6. VICTORIOUS, Shane Sicard, Sklyer Cotham, John Forbes, 08, and Benjamin Barbour, 07, hold the trophy in celebration of their championship. Winning took the Wrestling Team's collective effort. "It felt good to win three seasons in a row with Powell," Forbes said.



"Learn from yesterday. Live for today. Hope for tomorrow."
JACK LETZELTER, 08



competing
FOR THE TITLE

BOTH THE GIRLS BASKETBALL AND WRESTLING TEAMS CLAIM VICTORY

WITH A WINNING SEASON IN BOTH WRESTLING AND GIRLS BASKETBALL, records were broken and championships were won. All teams prevailed at Districts, taking the trophy home as a reward. *With the help of great coaching and teamwork, the Wrestling and Basketballs Teams beat their competitors.* Building on last year's experience as 7th graders, the 8th grade Girls Basketball Teams' collective determination paid off, giving them an undefeated season. "We had a lot of games where everyone scored. Holding the trophy was one of the best parts of Districts," Julia Donahue, 08, said. One highlight of the season occurred when the girls A-Team, down a point with under ten seconds remaining, stole the ball to make a buzzer beater. "During games, the girls were able to effectively communicate and work through adversity to become champions," Coach Joshua Franklin, social studies, said. Another championship was gained when the Wrestling Team prevailed at their District meet. "Wrestling sounded cool to me, and all my friends were doing it, so I said, why not join?" Adam Durr, 07, said.



1. ALWAYS A STEP AHEAD, Jack Letzelter, 08, is prepared, focused and thinking about his opponent during each match, ready to make the next move. Letzelter, a competitive wrestler, made the Varsity Team. "I love wrestling because it requires lots of strength and strategy," Letzelter said.

2. AN EXPERIENCED WRESTLER, Thaddeus Sharkey, 08, goes 10-1-1 during the regular and post-season. Sharkey's determined mindset and his constant victories made the season successful. "Mr. Sprague mentored me throughout the season and helped me improve to be my best," Sharkey said.

NOW WE'RE TALKING what's your **PERSONAL BEST?**



LANCE DERBY, 06
"Over the course of the wrestling season, my best match was against a student from Euclid. My hard work and effort at practice helped me overcome my opponent, and it felt good to know that my effort contributed to Powell's victory."

TYLER McALISTER, 06
"I continued to get better throughout the season to the point where I had mastered almost every move. I thank Mr. Sprague and Mr. Braun for all the effort they put into coaching us."

MAREK MANGERS, 06
"My best meet of the regular season was against Goddard. Although wrestling was a new sport to me, I was a quick learner and figured out the strategy to successful wrestling."

more connected THAN EVER

TAKING CENTER STAGE, Berkeley McKinnon, 08, forms new friendships while on the Girls Basketball B Team. When McKinnon tried out for the team, she was nervous at first and hoped to make the A Team. Although McKinnon did not achieve her original goal, she discovered something far greater. McKinnon realized that the friendships she made were more important than making the A Team. "I practice basketball every day, so I'll be able to play in high school," McKinnon said.



"I enjoy violin."
ADELAIDE HOGAN, 06
photo by j. cao

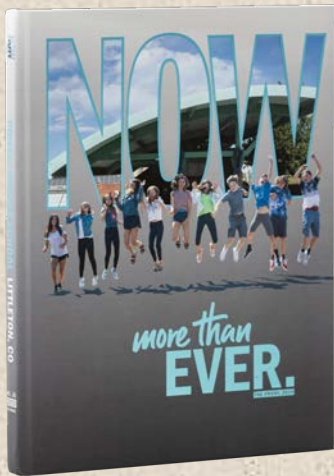
"I would choose Powell over any other school."
KEIGEN RICHARDSON, 07
photo by h. jayasankar

"Music helps my creativity."
AVERY SMART, 08
photo by a. varvarencz

"I have discovered a new passion for wrestling."
CORTEZ HERRERA, 08
photo by h. jayasankar

"I enjoy horseback riding."
CEARIE WEBER, 07
photo by a. colling

"I enjoy tennis."
JACKSON TURNER, 06
photo by j. munn



// The Prowl
Powell Middle School
Littleton, Colorado

who we are NOW

design by leah grier, page by andrea de jesus, cade huggins, gillian ward & devyn yates

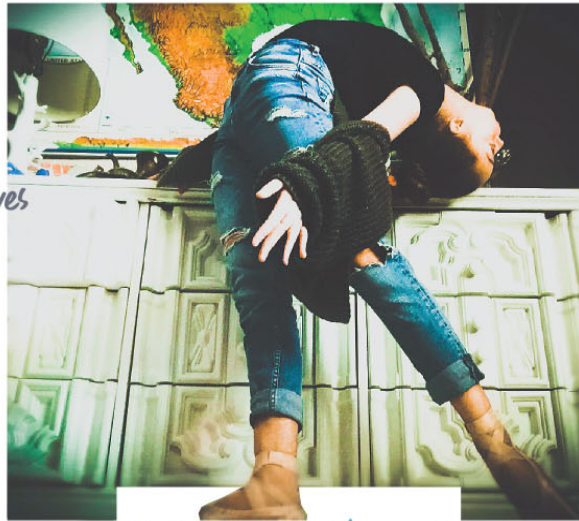
PERFORMING SINCE THE AGE OF THREE, *being true to ourselves*

Gwyneth Riddle, 07, is a competitive dancer for the studio company at the Littleton Ballet Academy.

Following in her sister Margot's footsteps, Riddle has fallen more and more in love with the sport. "My sister started dancing when she was little, so she inspired me to start dancing," Riddle said.

Riddle's favorite dance style is modern because it's loose and personal. "I enjoy dance because it is kind of a stress reliever," Riddle said.

Riddle referred to dance as her home away from home and enjoyed the beauty and grace of dance, while also having fun with her friends.



"In dance I have a lot of friends that feel like family."

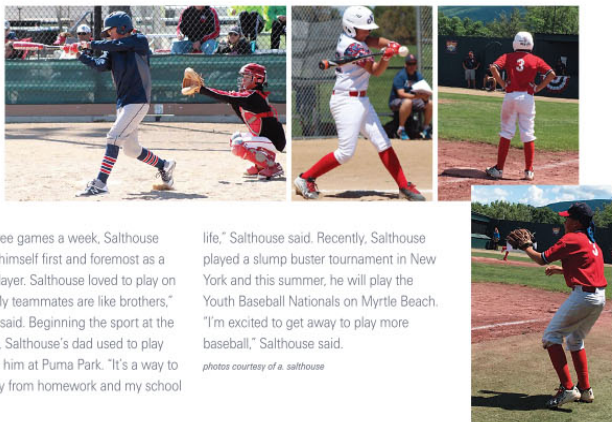
more than a sport IT'S A WAY OF LIFE

DEDICATED TO AMERICA'S FAVORITE PASTIME, Andrew Salthouse, 08, plays shortstop and third base for the Colorado Khaos Baseball Team.

Playing three games a week, Salthouse considers himself first and foremost as a baseball player. Salthouse loved to play on a team. "My teammates are like brothers," Salthouse said. Beginning the sport at the age of five, Salthouse's dad used to play catch with him at Puma Park. "It's a way to break away from homework and my school

life," Salthouse said. Recently, Salthouse played a slump buster tournament in New York and this summer, he will play the Youth Baseball Nationals on Myrtle Beach. "I'm excited to get away to play more baseball," Salthouse said.

photos courtesy of a. salthouse



NOW THIS IS US MORE THAN EVER WHAT ACTIVITY OR HOBBY DEFINES WHO YOU ARE?

I AM A HOCKEY PLAYER
 "Hockey helps me make more friends and I practice a lot during my free time."



KELLEN METSKER, 06

I AM A ZIP LINER
 "I have only been zip lining a few times, but I enjoy it because of all the tricks and flips I can do. And being in Costa Rica was an amazing experience."



LUCAS SCOTT, 06

I AM A SKIER
 "I ski because it gives me confidence and shows me that I can do anything I set my mind to."



HANNAH CADWALLADER, 06

I AM A SWIMMER
 "Swimming is a big part of my life, because being in the water clears my mind and helps me relax. I can really focus on being my best."



LEALA LARA, 06

I AM A VIOLINIST
 "I play the violin. When I was younger my dad showed me a video of a person playing and I fell in love with music. Now I play piano, guitar and violin."



OLIVIA GRAF, 07

I AM A SKIER
 "I love to ski for competition and just for fun. My favorite place to ski is Winter Park on Gandy Dancer. I enjoy the snow and trying new things out."



DANIEL PEPE, 08



TRYING A NEW SPORT DURING THE SUMMER, Sean Yilmaz, 06, enjoys a day at Heritage Greens Golf Course with his friends. Although not a golfer himself, Yilmaz tried golf for the first time. "I have been playing soccer since I was three and rugby for two years now," Yilmaz said.

photo courtesy of s. yilmaz

memorable MOMENTS SUMMERTIME EXPERIENCES DESCRIBE A MOMENT THAT WILL LAST FOREVER?



BONDING THROUGH SHARED EXPERIENCES IN THE ROCKY MOUNTAINS, Julia Dines, 08, and Audrey Dines, 07, spend time together on the Fourth of July. "The best part of this trip was probably paddle boarding," Julia said. The sisters loved to travel with family members, both in and out of Colorado. Their favorite travel destination was California. "Just relaxing and being out of the house is great," Audrey said. *photo courtesy of j. dines*



PLAYING FOR COLORADO YOUTH BASKETBALL, Coach Kevin Barr, Kevin Andersen, Ian Strahbridge, Daniel Roth, Liam Roby, Ty Scheckenbach, Coach Andrew Scheckenbach, Bruce Hess, Ian Thompson, Dawson Barr and Titan Jerome, 08, placed second in the basketball championship for Arapahoe. "In my first season of basketball, I enjoyed it so much and that's why I continued the sport," Thompson said. *photo courtesy of t. scheckenbach*

PURSuing PASSIONS and self expression HOW DO YOU BEST EXPRESS YOURSELF?

ELIZABETH DIMIG, 07
an aquatic athlete
DIVING INTO A POOL OF SUCCESS
 SWIMMING YEAR LONG FOR THE TOPS, Elizabeth Dimig, 07, has been swimming since she was five. A fierce competitor, Dimig also enjoyed hanging out with her friends on the team. With a time of 5:21 in the 500 meter, her best stroke was freestyle. "I am most proud of qualifying for hard meets because it shows that I am a great swimmer," Dimig said. *photo courtesy of e. dimig*



SEAN BEST, 08
an artisan at work
SANDING AWAY HIS FREE TIME
 AN AVID WOODWORKER, Sean Best, 08, can be found in the wood tech room during his spare time at school. Best enjoyed crafting his own projects and seeing the fruits of his labor. Best has been woodworking for about two years. "I would like to continue woodworking in high school because I can do it in the future as a part time job," Best said. *photo by g. ward*



"I play more lacrosse."
CARSON CRONIN, 06
photo by g. ward

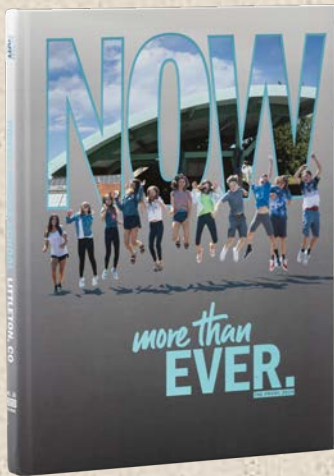
"I play the cello."
SKYLAR RATH, 06
photo by s. miyazaki

"I play football."
ETHAN CARLSON, 07
photo by c. huggins

"I have my friends support."
ALANA TRAN, 07
photo by g. ward

"I love music."
ZACHARY LUZIETTI, 08
photo by c. huggins

"I do more swimming."
LYDIA DALLAPIAZZA, 08
photo by g. ward



// The Prowl
Powell Middle School
Littleton, Colorado

"What I remembered most about the bridge was the view and how popular the location was."



4. **AT THE GOLDEN GATE BRIDGE IN SAN FRANCISCO**, Samuel Butler, 07, visits California with his family. "Even though my favorite part of the trip was Alcatraz, I still was amazed by the gorgeous view of the bridge," Butler said. *photo courtesy of s. butler* 5. **INSPIRED BY HER FATHER IN THE NAVY**, Peyden Gobble, 08, scuba dives in the Bahamas. The dive enhanced her appreciation for the deep waters and the wildlife that lives there. "It took a while to prepare for it, but it was very worth it," Gobble said. *photo courtesy of p. gobble*



1. **IN PARK CITY, UTAH**, Tate Mitchell, 07, races down the steep ski slopes with family. "I was a little nervous at first, but then I calmed down after. I would definitely take a different route next time," Mitchell said. *photo courtesy of t. mitchell* 2. **OVER WINTER BREAK**, Carter Dobbins, 06, skies with family and friends. "My favorite run was American Flyer because it challenged me, but it was also fun," Dobbins said. *photo courtesy of c. dobbins* 3. **IN CRESTED BUTTE**, Jake Senier, 08, ice fishes with his family. "This was really fun because I caught many trout and one of the fish I caught was 22 inches long," Senier said. *photo courtesy of j. senier*



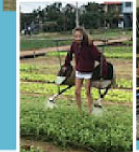
6. **SWINGING INTO THE CLEAR WATER**, Berkeley McKinnon, 08, travels to both New Zealand and Bora Bora over Winter Break. "In both of the areas, the scenery and the animals were incredible," McKinnon said. *photo courtesy of b. mckinnon*



1. **WHILE VISITING VIETNAM**, Victoria Bratt, 08, goes on a tour across the rivers. "The tour guide rowed us across the rivers and then he made us rings out of little strips of bamboo," Bratt said. 2. **IN THE FIELDS**, Bratt uses one of the farming tools to water the crops. "This was really fun and very efficient. It probably took half the time to water a whole field," Bratt said. 3. **ENJOYING THE FLAVORFUL CUISINE OF VIETNAM**, Bratt tries spring rolls with her family. "It was really hard at first, but it got easier as we got further into the activity," Bratt said. *photos courtesy of v. bratt*

a southeast asia
GETAWAY

OVER WINTER BREAK, Victoria Bratt, 08 visited Vietnam, learning about a different culture and the practices of the people who live there. "I tried new food and learned about responsibilities of the families," Bratt said.



winter wonderland
ADVENTURES

GLOBE TROTTER PUMAS SPEND TIME WITH FAMILY AND FRIENDS

design by katelyn pratt
page by elle higgins
& isabella mcardie

FROM SKIING THE SLOPES OF PARK CITY, UTAH, to jet skiing in Bora Bora, Pumas took advantage of Winter Break.

While some Pumas got sun tans on the beach, others stayed close to home, skiing down the slopes of Copper Mountain. Tate Mitchell, 07, skied in Park City, Utah, with his family. "My favorite part of the trip was spending time with my family and getting the adrenaline rush while skiing down the mountain since it was so steep," Mitchell said.

speaking a different language. However, my favorite part was the Eiffel Tower because I feel like it was such a big monument in the world," Seavall said.

In Salt Lake City, Alaska, Isabella Peck, 06, bundled up for a chilly break, while spending time with her grandma and uncle. "My favorite part of the trip was when my uncle caught the moose. I also tried it and I loved it. I had never tried this before, so I liked it because it was so different," Peck said.

Meanwhile, Ashley Seavall, 06, traveled to Paris, France. "It was really hard to understand what they were saying since they were

exploring
THE WINDY CITY

IN ILLINOIS OVER WINTER BREAK, Ryan Pramenko, 06, and his older sister Molly, visited The Bean in the city of Chicago. "I loved spending time with my family in the big city," Pramenko said. *photo courtesy of r. pramenko*



056 DECEMBER
WINTER BREAK



"I practice basketball for games."
SEBASTIAN HEIN, 06
photo by e. higgins



"I enjoy lacrosse."
HAYDEN KNOWLES, 07
photo by m. barylka



"I love to learn Spanish."
RILEY THOMAS, 08
photo by e. higgins



"I practice swimming for the summer."
EVIE HUMPHRIES, 06
photo by e. higgins

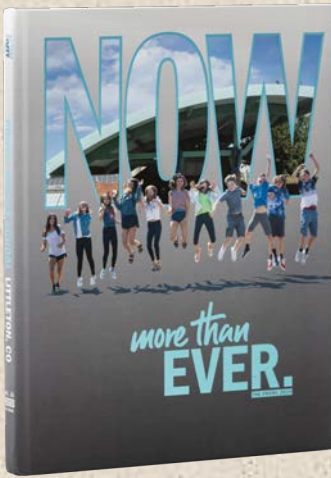


"I study."
HAYES von HORTENAU, 07
photo by s. pallman



"I eat Lucky Charms every day after school."
DANIEL GORDER, 08
photo by e. higgins

HOT SPOTS
VACATION DESTINATIONS 057



// The Prowl
Powell Middle School
Littleton, Colorado.

making the best of it when SCHOOL'S IN SESSION

LPS STUDENTS ATTEND CLASSES WHILE METRO SCHOOL DISTRICTS GET SNOW DAY

design by gillian ward
photo by kevin anderson, grant juergens,
teresa jaffers & kaelyn owens

ON THE 28TH OF JANUARY, STUDENTS IN LPS REPORTED TO SCHOOL WHILE MOST DISTRICTS IN THE METRO DENVER AREA ENJOYED A SNOW DAY.

With Colorado's variable climate, it is a relatively common occurrence to see white flakes drifting down from the sky; however, in Littleton Public Schools, historically it has been a rare occurrence to experience the joy of a day off. "I wanted a snow day, but I feel like we didn't get one because there wasn't enough snow," Quintin Dysart, 07, said. As inches of snow piled up, snapping tree branches, slicking the roads, and dominating the landscape, Pumas felt

robbed. They watched the news, detailing how students in other Metro districts would get to sleep in and enjoy a free day off from school. "I really wish we had more snow days so I could spend more time with family and get homework done," Lynae Lambert, 07, said. Ever envious, Pumas had to settle for a two hour delay instead. "It was nice to wake up later because of the delay, but I would have liked a snow day more," Isaac Freking, 08, said.



4. 3. LEARNING ABOUT ONE'S ANCESTRY, Mae Pearl Watts, 06, conducts an experiment to see DNA in Mad Science Club. Watts joined the club because she liked science and she wanted to participate in an extra-curricular activity. "My favorite experiment from Mad Science was when we made root beer floats from scratch," Watts said. *photo by s. pallman*
4. BEST FRIENDS SINCE 6TH GRADE, Morgan Glass and Gwyneth Riddle, 07, venture out in the snow. Friendship has had a positive impact on each of the girls. "My favorite thing about Morgan is that she is really easy to talk to and I can trust her," Riddle said. *photo by s. pallman*

dressing for a winter WONDERLAND



photos by s. pallman
cutout photo by a. colling

WHILE SOME STUDENTS BUNDLED UP DURING THE COLD WINTER MONTHS, others came to school in shorts, t-shirts and Birkenstocks. Maiti O'Shea, 07, opted for the second fashion approach. "My Birkenstocks matched my outfit, plus I didn't think it was that cold," O'Shea said. On the other hand, Joshua Luckinbill

and Manuel Galvan, 07, survived the frosty elements by dressing in warm weather clothes. "I would rather be warm than cold. It's really just not a good idea to wear shorts in the winter," Galvan said. Finnuala Whelan, Ella Jayasanker and Kate Schafer, 06, stayed warm in a different

way. "We were just trying to break the ice off the pillar, but it ended up making us warmer too," Schafer said.



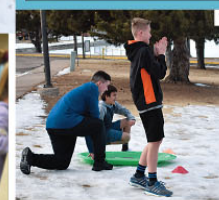
1. ARM IN ARM, Dain Presley and Simon Hamilton, 08, share a conversation during recess. After knowing each other for a few years, they have built a strong friendship. "Simon wanted a hug and took me with him," Presley said. *photo by a. stark*



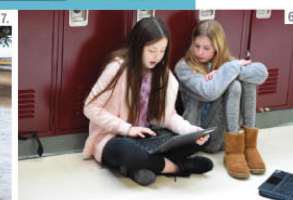
2. THROWING SNOWBALLS, Tyler Bearden, Cade Huggins, Quinn Mahoney, Maiken Wat and Henry Combs, 08, socialize during recess. "We've been friends for a while. My favorite memory with all of them was when Cade was talking to Mr. Wolf, and Connor Shoemate threw a snowball at Cade in front of him," Bearden said. *photo by a. stark*



3. IN SAGA CLUB, Emily Bjornebo, 07, hangs a Pride flag in Ms. Jenna Keirns' window. SAGA stands for "Sexuality and Gender Acceptance" Club. "SAGA has helped me accept my sexuality and understand that there is more than two genders and sexualities," Bjornebo said. *photo by b. little*



4. COLLABORATING, Madeleine Delachapelle and Emma Rutz, 06, work on a social studies project in the halls. "It's quiet, but when people walk by, it can be distracting. I like working in the classroom because it helps me focus better," Rutz said. *photo by m. murphy*



5. DURING A SCIENCE LAB, Michael Autry, Mason Oliva and Graydon Pytlinski, 08, send weights down a hill on a sled to better understand physics. "I really like physics right now because it's basically just math. Everything happens for a reason and math helps you understand why," Autry said. *photo by a. colling*

a fresh START WHAT'S YOUR NEW YEAR'S RESOLUTION?



BROOKLYNN BUNTEN, 07
"My New Year's resolution was to become vegetarian, but then I became pescatarian."
photo by d. thompson

MILES AMANN, 07
"My New Year's resolution is to eat healthy, like apples and carrots."
photo by d. thompson

DELANEY FITZGERALD, 06
"My New Year's resolution is to pick up trash after school and teach people the effects of littering."
photo by d. thompson

ELI BACKER, 07
"My New Year's resolution is to not wait until the last minute to get things done."
photo by d. thompson



"I'm working my hardest to make dance my career."
LAUREN WOODWARD, 08
photo by k. sveinazey

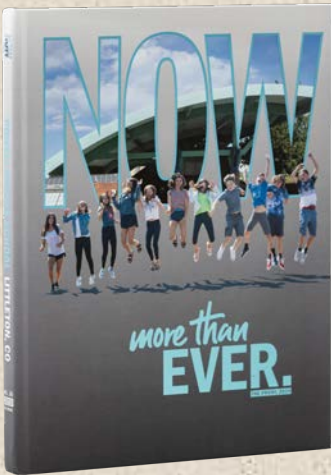
"I focus more on my cardio and stamina for soccer."
ELLA SIMMONS, 07
photo by d. thompson

"I'm focusing on my overall grades and well-being."
WAVERLY AYE, 06
photo by d. thompson

"I work on my dribbling and shooting in basketball. I am improving because I make more shots."
BRODEN NELSON, 06
photo by d. thompson

"I wish that people would be more mindful with their use of plastic."
MADELYN BRAUN, 07
photo by k. sveinazey

"I volunteer my personal hours to organizations in need."
RYAN REYNOLDS, 08
photo by g. juergens



// The Prowl
Powell Middle School
Littleton, Colorado

more than the typical PERFORMER

PUMAS AUDITION FOR THE SPRING MUSICAL



"I practiced my monologue a lot with my friends, who were also trying out."
DAISY GROTTIS, 07
photo by s. evangelista



"I chose to audition because I've always liked Drama. I also like Choir. I have no stage fright, so I thought I could do this."
REED BONGE, 07
photo by s. tonico



"I auditioned because I love acting."
JACOB MARTIN, 06
photo by s. tonico



"My dad helped me memorize my monologue, and I sang a lot to prepare."
ADRIANA CULP, 08
photo by s. tonico

1. AFTER PERFORMING WITH THE JAZZ BAND, Derek Sprague, 06, receives his Honor Roll certificate from Mr. Steve Wolf, principal. "My favorite part was having family there to support me," Sprague said. *photo by s. matthews* **2. CRUSHING HIS OPPONENTS**, Michael Purfield, 06, wins the annual Geography Bee and accepts his certificate from Ms. Jenna Keirns, social studies. "I would go home after school and study certain things like mountains and rivers," Purfield said. *photo by c. mcdermott* **3. PERFORMING AT THE 8TH GRADE HONOR ROLL ASSEMBLY**, members of Mrs. Marie Watkins' Jazz Band play "Drama for Your Mama," by Victor Lopez. "I really liked one of the kid's solos on the trumpet," Samuel Larson, 08, Jazz Band musician, said. *photo by a. gaff*



4. AT THE BRAIN BOWL TOURNAMENT, Michael Purfield, Sean Yilmaz, Gabriel Brock and Addison Newcome, 06, prepare to answer the next question. During the competition, the group participated in several rounds, including one written test. "The best part about the competition was meeting new people," Newcome said. *photo courtesy of i. hamill* **5. MEMBERS OF THE STUDENT BODY**, including Michael Peterson, 06, assemble in the Media Center for the annual Geography Bee. Students advanced to the final round after winning in each of their respective social studies classes. "No one really took it too seriously, so it was really fun and less stressful," Peterson said. *photo by c. mcdermott* **6. AFTER THE 6TH GRADE HONOR ROLL CEREMONY**, students line up to enjoy the celebratory "Honor Rolls" as a tasty treat. Many students, including Daniela Saldana Gordillo and Alexis Loggia, 06, enjoyed the rolls. "I liked the honor rolls because they were fresh," Gordillo said. *photo by c. mcdermott*



brains over BRAWN
A MEMBER OF THE BRAIN BOWL TEAM,
Gabriel Brock, 06, led his team to victory during the Brain Bowl Tournament on January 12. After weeks spent studying facts at home, Brock became close to his team members. "My favorite part of Brain Bowl was working as a team to win," Brock said. *photo by e. kriss*
GABRIEL BROCK, 06



what it takes to make TOP HONORS

design by abigail harrison
copy by rachel west, elise krisie & stella tonico



PUMAS RECEIVE RECOGNITION AT HONOR ROLL ASSEMBLIES

AFTER WORKING ALL SEMESTER TO PUT FORTH THEIR BEST EFFORT, STUDENTS WERE RECOGNIZED AT THE HONOR ROLL ASSEMBLIES.

Honor Roll, held after each semester, gives hardworking students a chance to celebrate their academic achievements. "I felt really good about making Honor Roll because I worked hard in my classes," Joseph Bruno, 07, said. Although many students made the A/B Honor Roll, it took those

with polished academic habits to be recognized for all A's. "I look over my notes before I take tests," Addison Wynne, 06, said. Pumas who had made Honor Roll in the past knew what was necessary to succeed. "I put in more effort than last semester to make it," Charles Roedel, 08, said.



7. AFTER THE 6TH GRADE HONOR ROLL ASSEMBLY, Kate Schafer, Whitney Kelly, Ella Jayasanker and Allison Jeffers, 06, enjoy cinnamon rolls offered as a thank you for their hard work during first semester. "We were just talking and hanging out," Schafer said. *photo by a. harrison*



8. ASSEMBLING AFTER SCHOOL, potential actors gather to learn about the musical auditions, hosted by Mrs. Mindy Enley, drama, and Mrs. Elizabeth Stephens, choir. "I like acting because it's interesting," Heather Richardson, 06, said. *photo by s. stoss*



060 JANUARY STUDENT LIFE



"I'm spending more time with my family."
BETHANY BRADLEY, 06
photo by s. tonico



"I enjoy Digital Media."
MATTHEW TOWNSEND, 07
photo by s. kriss



"I am active."
SOFIA MILLNER CALVO, 06
photo by e. kriss



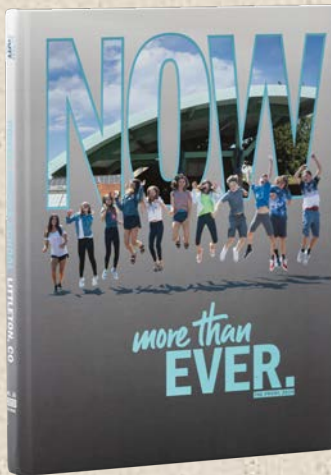
"I'm playing on my phone and electronics more than going outside."
DANIEL BALLAS, 06
photo by s. tonico



"I'm waking up early."
JULIET STRATFORD, 07
photo by s. tonico



"I am loving Powell."
CONNOR BACLAWSKI, 06
photo by e. kriss



// The Prowl
Powell Middle School
Littleton, Colorado



1. **1. LEARNING A NEW SKILL**, Graham Reed and Cash Callas, 06, work on a clipboard in STEM. Reed enjoyed creating the clipboard, but was most excited for the mousetrap car. "I liked experimenting with the different machines and learning how to work with metal," Reed said. *photo by g. stout* 2. **CREATING MASTERPIECES**, Audrey Glazier and Linnea Paulsson, 07, improve their artistic skills. Glazier enjoyed Art because she could relax and create new projects. "Art is new to me, so I've been taking it as it comes," Glazier said. *photo by m. murphy* 3.

A CHEF IN THE MAKING, David Arnn, 08, preps to make a stir-fry in FACS. After making the Asian dish, the class visited India's Kitchen. "I've never cooked before, so FACS helped me," Arnn said. *photo by a. lang* 4. **IN JAZZ BAND**, Elise Kriss, Isaac Freking, Henry Combs, Bill Burton and Zachary Luzietti, 08, play trumpet. Luzietti became interested in music when his uncle found a cornet, and he has been playing trumpet ever since. "I like jazz and rock music, so I decided to join the Jazz Band," Luzietti said. *photo by k. tucker* 5. **RECREATING HER HOME**, Carly McHale, 06, constructs a miniature model of her bedroom in Modern Technology. Once they created the room, students worked on an egg-drop project for the class. "After building the bedroom we get to decorate



the interior, which I was excited for," McHale said. *photo by m. murphy* 6. **CREATING A MAP IN SOCIAL STUDIES**, Ryder Meale and Owen Persichetti, 06, improve their understanding of historic Mesoamerican culture. For Meale, sitting next to Persichetti gave him new insight into the learning. "The map project helped me understand the Inca and Aztec unit," Meale said. *photo by m. murphy*

NEW ELECTIVES

more opportunities design by william donahue
page by leah grier & julia donahue

ELECTIVES GAVE STUDENTS AN OPPORTUNITY TO EXPAND THEIR HORIZONS AND BROADEN THEIR SKILL SET. With the wide variety of classes offered at each grade level, every student found a course that peaked their interest.

EVERY CLASS WAS DIFFERENT, from refined arts to extended learning opportunities, teachers offered a variety of courses that were designed to engage students. Music Appreciation, a class taught by Mrs. Elizabeth Stephens and Mr. David Eilert, enabled students to relax through different musical genres. "Music makes me feel better about myself and helps me get through life, so I like the elective," Micah Proffitt, 08, said. Film Studies, a course

offered exclusively to eighth graders, focused on analyzing movie genres. "So far we've only watched horror and thriller, but I would say that thriller is one of my more appreciated film types," Matthieu Helaine, 08, said. Michael Schriefer, 07, preferred the performing arts. After participating in Drama for the first time, he found a significant improvement in his acting skills, and he even felt more confident. "It's helped a lot because everybody acts, so I felt comfortable," Schriefer said.



practicing for PERFECTION

When Hailey Knowles, Zefanya Supusepa and Lauren Campbell, 08, first played their instruments, they discovered an enjoyable hobby. Now, after several years of practice, the students became skilled at their craft.

1. **PREPPING A PIECE ON THE VIOLIN**, Hailey Knowles, 08, works to perfect her songs. "It's really interesting how reading music is like learning a different language," Knowles said. *photo by j. donahue* 2. **ENJOYING PLAYING**, Zefanya Supusepa, 08, practices before a district concert. His musical passion began with the drums, which he has played for six years. "My dad seemed to play everything,"

so I was excited to try a musical instrument too," Supusepa said. *photo by j. donahue* 3. **IMPROVING HER SKILLS**, Lauren Campbell, 08, stays focused on music in Orchestra. After trying the flute, Campbell decided to play in Orchestra because it was something different. "I choose the viola because it is a lesser known instrument, but it still sounds good," Campbell said. *photo by j. donahue*

"I started Band in sixth grade because I wanted to try something new, and I decided to play trumpet because I always liked the music. It's really fun learning new music and performing, and I have lots of friends in Band."
BILL BURTON, 08

SCIENCE LABS



IN SCIENCE, Mitchell Redfearn, Griffin Stout and Trevor Landen, 08, further their understanding of Newton's three laws through an experiment. During the Sled Lab activity, students tested Newton's second law, which showed that an object with more mass needs more force behind it. "I learned that when you put heavier weights on something, it will go faster," Landen said. *photo by k. andersen*

"I got to stand on the hill and push down the sled with the weights in it, which was my favorite part of the lab. It helped me to do an outdoor activity instead of being lectured in class."
TREVOR LANDEN, 08



062 JANUARY
ACADEMICS & ELECTIVES



"I want to change the world."
ISABELLA BRANDBERG, 06
photo by j. donahue



"I play volleyball."
JOAQUIN ZARAZUA, 07
photo by m. banyka



"I play volleyball."
ELIZABETH FERRELL, 08
photo by j. donahue



"I work hard."
NOAH JOHNS, 06
photo by j. donahue



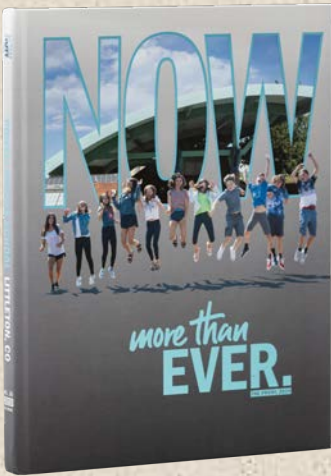
"I work on drawing."
CHLOE LEWIS, 07
photo by e. higgins



"I dislike drama."
NATHAN NAVARRO, 08
photo by l. grier

ART, BAND, FACS, FILM STUDIES, DRAMA, MODERN TECHNOLOGY, MUSIC APPRECIATION, ORCHESTRA, SCIENCE, SOCIAL STUDIES, STEM

CLASSES 063



// The Prowl
Powell Middle School
Littleton, Colorado

7th and 8th
STAR BBALL PLAYERS
MOST MEMORABLE MOMENTS
WHAT WAS YOUR FAVORITE
MOMENT OF THE SEASON?

CHANCE MEILI, 07
 "Winning our first game for Powell in the season against Newton."



photo by c. mcdermott

BRETT SWEENEY, 07
 "Scoring my first points in my Powell season. It was a challenge because Newton was our main competition."



photo by c. mcdermott

DYLAN DAVIS, 07
 "Being on the bus with all of my teammates going to each game, and getting a talk from my coaches before the game."



photo by c. mcdermott

JAXSON SCHMELING, 08
 "Being on the Powell Team because it allows me to improve in basketball, and the team I play on works together."



photo by t. hansen

TABOR BIRKHOLOZ, 08
 "I scored my first points ever in the basketball season and it was a very exciting moment because it was my very first points ever."



photo by t. hansen

JAXYN TAYLOR, 08



photo by k. tucker

1. OUTFRUNNING HIS DEFENDER, Giovanni Kho, 08, gets a steal and dribbles down the court for a lay up against Goddard. Kho hopes to make a team in high school. "I love playing for Powell because it allows me to improve my game," Kho said. *photo by d. thompson*



2. BREAKING THROUGH THE DEFENSE, Andrew Chapman 08, plays his eighth year of basketball. Chapman started basketball with his dad's encouragement. "I joined Powell's team to compete against my friends from other schools," Chapman said. *photo by j. donahue*

3. STRIVING TO BE UNDEFEATED, Kevin Andersen, Liam Roby, Bruce Hess and Jack Dimig, 08, play hard against Goddard's A Team. Hess enjoyed close games, which gave the boys a challenge. "I am getting to know my teammates more, which makes us work better together," Hess said. *photo by c. mcdermott*



4. USING HIS HEIGHT TO HIS ADVANTAGE, Matthew Greene 08, jumps above the defender to make a jump shot. Greene has been playing for eight years. "My biggest accomplishment was starting on the A Team," Greene said. *photo by a. evangelista*



5. LEADING THE TEAM IN SCORING AS POINT GUARD, Ty Scheckenbach, 08, has been playing basketball since the age of five. "My biggest accomplishment while playing for Powell was getting 22 points during a game against Goddard," Scheckenbach said. *photo by t. sokolowski*



6. PARTICIPATING IN A HUDDLE, Bruce Hess, Jack Dimig, Ryan Oro, Ty Scheckenbach, Matthew Greene, Jaxson Schmeling, Kevin Andersen, Rolloand Pineda, Liam Roby and Daniel Roth, 08, huddle up. "Our coaches would tell us to work harder and to be a team," Oro said. *photo by k. tucker*

every point
MATTERS

ESSENTIAL TO THE SPORT, a free-throw can make or break any basketball game, which is why the skill takes extreme concentration from every player.

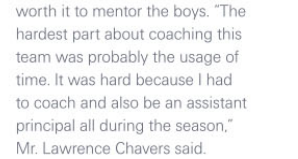


SQUARING UP, Daniel Roth, 08, gets low to shoot the ball in a game against Goddard. "I dribble the ball a few times, then I spin it in my hand and shoot the ball," Roth said. *photo by t. hansen*

PERFECTING HIS FORM, Wilson Kirk, 08, lets the ball fly in a game against Options. "The hardest part about making free throws is concentration. Practice also helps," Kirk said. *photo by j. donahue*

EXTENDING THE LEAD, Jackson Smith, 08, finishes with an undefeated season. "I dribble the ball three times, then spin it in my hand before each free throw," Smith said. *photo by d. thompson*

REACHING FOR A JUMP BALL, Andrew Salthouse, 08, leaps to take the ball from an opposing Options player. Salthouse led the team to a great season, helping the C Team with his inside scoring. "I have been playing basketball for six years," Salthouse said. *photo by j. donahue*



"I gained more friends."
LIAM GILBERT, 06
photo by g. pylinski



"I have the best friends I could have."
AMELIA ROSADO, 07
photo by g. pylinski



"I want to exceed in my art."
ZEFANYA SUPUSEPA, 08
photo by c. mcdermott



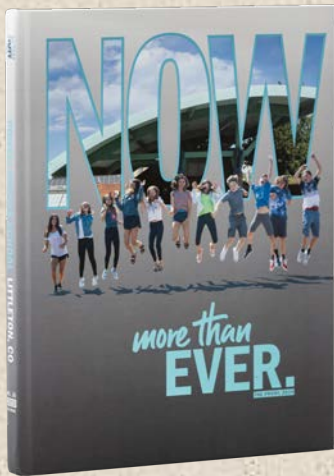
"I have more friends."
MARYJANE GARDNER, 06
photo by d. thompson



"I want to go to Alaska."
WYATT STARBUCK, 07
photo by d. thompson



"I feel closer to my friends."
KEIRA ORIEL, 08
photo by t. hansen



// The Prowl
Powell Middle School
Littleton, Colorado

NOW

we got
SPiRiT

design by andrew gaff
page by arley stark, noah gilbert
6 piper meadors

What is spirit you may ask? It's unbridled enthusiasm. It's enthusiasm for one's favorite football team, one's college alma mater or a simple passion one might pursue as an obsession. You may ask yourself, how do I demonstrate spirit? Whether it was on Halloween or during Spirit Week, Pumas were in the mood to demonstrate spirit by dressing up and celebrating in style.

1. IN CELEBRATION OF HALLOWEEN, David Moritz and Callahan Davis, 07, arrive at school in costumes. "It was Halloween and we were walking off the bus," Moritz said. In a crowd full of students, these two stood out with a celebratory spirit. "I enjoy Spirit Week because it gives kids a chance to have fun," Davis said. During Spirit Week, these two wore matching monkey and kangaroo costumes. "Spirit Week means participating in school events," Davis said. *photo by s. matthews*

2. GOING RETRO WITH FLOWER POWER, Victoria Cagande, 08, embodies the 1960s decade of peace, love and understanding. Wearing a jean jacket and headband, Cagande got her '60s vibe on. "I felt really happy, and I loved my flower crown," Cagande said. *photo by s. pallman*

3. EVERY COLLEGE HAS A SCHOOL RIVALRY. Both the Wyoming Cowboys and the CSU Rams are local college rivals. Mr. Lawrence Chavers, assistant principal, and Ms. Dawn Davies, counselor, have a friendship that endures despite their college sports rivalry. "For Spirit Week, Mr. Chavers and I dressed up in our college gear. I was wearing my CSU shirt and Mr. Chavers was wearing his Wyoming Cowboys," Davies said. *photo courtesy of l. chavers*



4. ALMA MATER MATES, Mrs. Marnie Jordan, and Mrs. Colleen Yanez, language arts teachers, are proud fans of Marquette. "We graduated from the same college. Mrs. Jordan graduated as a Warrior and I was a Golden Eagle," Yanez said. *photo courtesy of c. yanez*

5. IN RETRO, OLD SCHOOL POWELL T-SHIRTS, Mrs. Diane Gaston, STEM, and Mr. Bradley Folk, PE, sport matching kilts during Spirit Week. "I like Spirit Week because it brings the school together," Gaston said. "We found out that we both had kilts, so we decided to wear them with our Powell shirts," Folk said. *photo courtesy of d. gaston*

6th graders

DRESS TO IMPRESS

DURING SPIRIT WEEK, Mr. Peter Christensen, math, and his sixth grade students had a blast dressing up as iconic characters, fun loving animals and some spell casting creatures. Since Spirit Week was held during the week of Halloween, students were encouraged to dress up each day. Griffin Collings, Julia Alvarez, Addison Becker, Sasha Tomeo, Maryjane Gardner, Violet Johnson, Jackson Beerman, Whitney Kelly, Ava Hansen, Olivia Hill and Aubrey Spehar, 06, wore fun apparel. "My friends and I dressed up as animals. It was fun," Hansen said. *photo by p. meadors*



6. DECKED OUT IN SPORTS ATTIRE, Kevin Lyons, Braden Backes, Andrew Kirk, Broden Nelson, Carter Landen, Andrew Smart, Nicolas Pullas, Matthew Dollaghan, Owen Turner, Callen Wolf and Ryan Pramenko, 06, get pumped up as the dream team at the Kickin' It Old School tournament. "We were circling and were getting pepped for the tournament," Smart said. *photo by a. stark*



7. IN COLORS GALORE, Madeleine Delachapelle, Emnet Butler, Robert Waldvogel, Logan Velenski, Violet Larson, Sydney Babcock, Heather Richardson, Brooke Wilkinson, Hannah Cadwallader, Lexie Stinson, Anna Rivera, Annalise White and Kelsie Freking, 06, wear timeless outfits from spaceman to Pokemon and other worldly TV characters. "I hope Spirit Week stays a thing for years to come," Velenski said. *photo by p. meadors*

8. SHOWING SPIRIT, Shay Blankenship, Hope Flanagan, Davrah Wilkins, Devin Kenneally, Mrs. Christina Gelhausen Dupen and Andrew Cottrill, 07, wear a colorful array of costumes for Halloween. "I had fun trick or treating," Flanagan said. *photo by p. meadors*



"It was fun how you could wear different things."

MATTHEW DOLLAGHAN, 06

"It was fun. People showed up in their weird and cool costumes."

ADDISON MULLER, 07

"I think Spirit Week is a cool thing to do because you get to show your personality."

GABRIELLA PULIDO, 08



9. ON SKI BUM VS. BEACH BUM DAY, Ascher Bitner, 08, hangs ten with Mrs. Mindy Enley, drama, and Mrs. LeoAnne Sheets, FACS. "I was a beach bum and my friend wanted to stand out," Bitner said. *photo by k. pratto*

10. A LITTLE COMPETITION GOES A LONG WAY, as Sierra Cromar and Peyden Gobbie, 08, wear rival outfits. "I was a cow and the dragon. It's fun to dress up in a costume instead of wearing normal clothes," Travis said. *photo by s. durmano*

more than a
COSTUME

WHAT DO YOU LOVE MOST ABOUT SPIRIT WEEK?
DURING SPIRIT WEEK, there were some super silly costumes and outfits. On Halloween, Alexandra Trauernicht, Kelsey Moore and Halle Travis, 07, showed their spirit by dressing as a football player, a cow and the dragon. "It's fun to dress up in a costume instead of wearing normal clothes," Travis said. *photo by s. durmano*



"I am my best at basketball."
JORDAN WINTERBOTTOM, 06
photo by n. gilbert

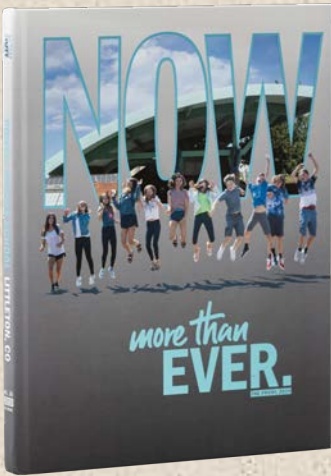
"I love to play soccer."
CADEN KALKOFEN, 07
photo by n. gilbert

"I am confident in myself"
GWYNETH KEATY, 08
photo by p. meadors

"I love to play football."
GRANT PEBBLES, 06
photo by n. gilbert

"I like to spend time with my friends."
IRIS GREGAN, 07
photo by n. gilbert

"I get to spend time with my family."
ALEXANDER SANDERFORD, 08
photo by a. stark



// The Prowl
Powell Middle School
Littleton, Colorado

middle school relationships are MOST COMPLICATED

VALENTINE'S DAY PROVIDES RELATIONSHIP OPPORTUNITIES

design by leah grier
page by samuel alpern,
william donahue, anna
visscher & gillian ward

MIDDLE SCHOOL RELATIONSHIPS AND FRIENDSHIPS DON'T ALWAYS LAST, BUT ON VALENTINE'S DAY FRENEMIES BECAME FRIENDS AND BOYS BECAME BOYFRIENDS.

Pumas celebrated Valentine's Day with candy, cards and teddy bears. "Middle school relationships only last for a couple weeks because they aren't real," Grace Visscher, 06, said.

Valentine's Day wasn't just about dating. Friendships were celebrated as well. While showing friends you care is wonderful, one shouldn't be surprised when people's emotions changed. In middle school, boyfriends and girlfriends come and go.

"Relationships won't last into high school because people change over the summer," Maria Ester Rivera, 08, said.

The fluctuating emotions of middle-schoolers often felt like a roller coaster ride and peer pressure doesn't help during the teenager years. "It's part of growing up, but when you're younger, you need to set boundaries and when you don't, pressure can be bad for kids," Mr. Joshua Franklin, social studies, said.



"It's nice to have someone there for you."
CARSON BROWN, 08

1. CELEBRATING THE HOLIDAY OF LOVE, Carson Brown, Madalyn Murphy and Sierra Cromar, 08, enjoy Valentine's Day with roses and teddy bears. They spent the morning exchanging gifts, including chocolate and sweatshirts. "My favorite part of Valentine's Day is the love in the air and the joy all around. It really makes school better," Cromar said. *photo by s. pallman* 2. DURING RECESS, Anna Peecher, Jordan Tomes, Breeze Schelter, Jake Venable and Rajan Patel, 06, watch as Rylie Hinkhouse begins to dance. "When I started my Spice Girls' dance a crowd showed up and Jake got in my way," Hinkhouse said. *photo by r. parker* 3. FOCUSING ON AN ART PROJECT, Isabella Brandberg, 06, enjoys Art Club because it lets her express herself. "Art Club gives me a chance to do things I cannot do at home and with my friends." Brandberg said. *photo by j. smith*

more than
A CRAVING

WHAT IS YOUR FAVORITE FAST FOOD RESTAURANT?

FREDDY'S
"I enjoy the custard and the steak burgers. The thin fries are good too. I order the regular burger and fries with a scoop of custard. I go there probably once a month."
SHANE SICARD, 08

CHICK FIL-A
"Overall they have decent food and great service. You get treated like a customer and the employees are very kind."
RYAN FISHER, 07

CHIPOTLE
"I usually get a quesadilla and rice. I go with my mom and my sister because I love it. I like it because it has more quality than other fast food restaurants."
CHLOE HERBERT, 06



shredding
THE PAVE WAVE
IN KICKIN' IT & FLIPPIN' IT CLUB, Benjamin Spielmann and Andrew Herman, 06, design courses for tech decks. "I enjoy the club because my friends are in it and because we do challenges in it." Herman said. *photo by e. franks*



4. PLAYING 1 ON 1, Carter Landen and Connor Baclawski, 06, challenge each other's basketball skills during recess. Landen played for the Arapahoe Gold Crown Team and enjoyed playing during school. "Playing basketball is a fun way to use your time, especially with friends." Landen said. *photo by r. jelfers* 5. IN CELEBRATION OF A YEARBOOK DEADLINE, Stella Torneo, Elizabeth Crookham and Katharine Tucker, 08, prepare for *The Prowl* breakfast party. The editors planned ahead to pull off the event, even providing donuts and pancakes. "I wanted to show my appreciation for the rest



of the staff as Editor-in-Chief, and what better way to show that than good food." Tucker said. *photo by m. schmeling*

more than A PERFORMANCE

STUDENTS ADDITIONED for the school's musical production, *Once Upon A Mattress*. Intense preparation went in to the show, including the stress of auditions and hours of hard work.

PRACTICING FOR PERFECTION, two of the leads, Prince Dauntless, played by Joshua Wember, 07, and Queen Aggravain, played by Hannah Cadwallader, 06, read lines for the musical, *Once Upon A Mattress*. "It is nice to get to know the other actors you will be working with," Wember said. *photo by e. franks*



AFTER SCHOOL AT THE PLAY REHEARSALS, Allie Morgan, 06, and Lynae Lambert, 07, perform vocal warm-ups. "I joined the play to meet new people. I think acting is really cool, and since I am somewhat shy and I have had the Drama class, I decided to do it," Morgan said. *photo by r. jelfers* HITTING THE RIGHT NOTES, Gabrielle Roche, Cassandra Culp and Sydney Babcock, 06, enjoy being part of the cast. "I joined because I thought it would be a cool, once in a lifetime experience. I wanted to put myself out there," Culp said. *photo by r. jelfers*



7. 6. DURING 6TH GRADE BASKETBALL CLUB, Bethany Bradley, 06, practices her skills by scrimmaging with coaches, Mrs. Colleen Yanez and Ms. Leigh Goerke. "My goal for when we played dribble knockout was to get out all of the boys," Bradley said. *photo by j. kadirisman* 7. SHOWING SCHOOL SPIRIT, Tyler Young and Tayden Gallegos, 08, cheer for the 8th grade Boys Basketball Team. They watched as the A-Team won against the Goddard Vikings. The Boys Basketball Team went on to be undefeated District champions. "The energy at the games are amazing." Young said. *photo by s. alpern*

of the staff as Editor-in-Chief, and what better way to show that than good food." Tucker said. *photo by m. schmeling*



"I go biking with my family."
BROOKE GALOP, 06
photo by w. donahue

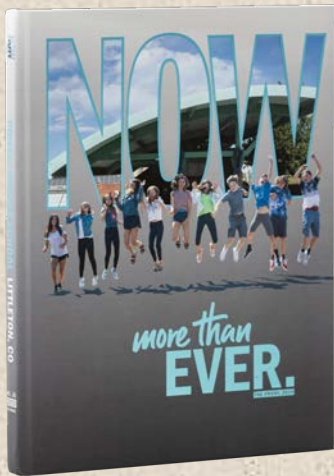
"I love sports."
JAMAL KASIM, 07
photo by w. donahue

"I love to play soccer."
JAMES LAMBERT, 08
photo by s. alpern

"No one can change my life, only I can."
HAILEY CLARIDGE, 08
photo by w. donahue

"I use music to express myself emotionally."
KAIDEN HAMILTON, 07
photo by r. parker

"I enjoy going to the mountains."
LOGAN SLOSS, 06
photo by s. alpern



// The Prowl
Powell Middle School
Littleton, Colorado

1. SUPPORTING PENNIES FOR PATIENTS, Julianna Brandberg, Jane Griffin, Kayla Renner, Rianne Jeffers and Hannah Resley, 08, volunteer to raise awareness for the fundraiser by holding up signs in the bus loop. "I like Pennies for Patients because we are able to give to people who need it more," Resley said. *photo by s. pallman*

2. IN TUNE, Lakyn Wilkinson, William Green, Andrew Smart and Gabriel Brock, 06, show off their musical talent to parents and peers at a Band Concert. After practicing all quarter, the musicians were excited to perform and see how much they had improved. "I really liked the Band Concert. Everyone together made it sound awesome," Brock said. *photo by k. tucker*

3. RELAXING IN COMFORT, Felicia Wilson, 06, spends time with family and friends while watching *The Greatest Showman*. Wilson participated in the second annual Movie Night, hosted in the Main Gym. "It was fun because I was there with my friends and playing around," Wilson said. *photo by s. pallman*

4. SPELLING OUT VICTORY, Jane Griffin, 08, participates in the district-wide Spelling Bee. Griffin has participated in the event for several years, and has been successful on multiple occasions. "I liked getting to know people in the Spelling Bee and seeing people from other schools," Griffin said. *photo by s. damiano*

5. PROUD OF THEIR PERFORMANCE, the 7th grade Band takes a bow after their third quarter concert. They played many songs and impressed Mrs. Marie Watkins, the band director. "The concert went very well. The kids rose to the occasion and played very well," Watkins said. *photo by k. tucker*



6. PERFORMING FOR THE CROWD, Morgan Aikens, 06, shows off her musical talents at the 6th grade Band Concert. The show was one of the first for the 6th grade Band, so it was nerve-racking at first. "All of the practice was worthwhile and made the concert very good," Aikens said. *photo by k. tucker*

7. RAISING FUNDS, Student Council members Avery Watkins and Maya Budler, 08, sell lollipops for Valentine's Day. The Sucker Sales were a major hit with the student body, as both the sour and sweet flavors sold out in two days. "I like Student Council because there are lots of opportunities to participate in school activities with friends," Watkins said. *photo by s. pallman*



helping others ONE PENNY AT A TIME

NJHS STUDENTS LEAD STUDENT BODY IN PENNIES FOR PATIENTS FUNDRAISER IN FEBRUARY, NJHS HOSTED A SCHOOL-WIDE FUNDRAISER TO SUPPORT CANCER RESEARCH.

design by sophia pallman
page by tyler bradford, leah griener, ronan hunt, & scarlett sloas

Hoping to win the Olive Garden reward party, each CORE Plus participated in the penny drive and raised a total of \$3,512.71 for the Leukemia and Lymphoma Society, with \$1,605.39 donated in pennies alone. Because every penny was worth a point, and dollar amounts were used to sabotage other classes, the competitive aspect motivated many students to donate to a worthy cause. "I enjoyed the competition and how the money will go to kids with Leukemia," Ascher Bitner, 08, said. NJHS

volunteers encouraged donations by reminding Pumas about the event in the drop-off lane. "I really like that the money goes to people in need, so helping out is for a good cause," Kayla Renner, 08, said. Although both Mr. Eric Sadler and Ms. Yantze Zastrow came close to winning, Mrs. Mindy Enley's 8th grade CORE Plus came out top with 15,406 positive points and a total of \$160.06 donated. Mr. David Eilert's class collected the most money, at \$240.68, which accounted for almost 15% of the total funds raised. "I wanted to donate because the charity it's going to is very good," Emma Ceriani, 06, said.

crushing the COMPETITION

AFTER PARTICIPATING IN THE LONG AWAITED TOURNAMENT, the TSA Team finished in third place in the state, with many students qualifying individually for nationals. Events focused on different skills, including leadership, problem-solving and teamwork strategies, all of which the TSA team excelled at. Overall, everyone was proud of the effort and commitment put into the Technology Student Association, and the group sported wide smiles throughout the competition. *photos by p. gobbie*



1. AFTER COMPETING, the TSA Team commemorates their accomplishments with a team photo. Graycee Bohlen, Julia Hildaahl, Keira Kou, Caden Daines, Kadan Wass and Benjamin Spielmann, 06, celebrated alongside their teammates Reese Goldinger, 08, Peyden Gobble, 08, Chase Novinger, 07, Gerrit Clark, 08, Milo Estrada, 08, Parker Wedding, 07, Sierra Cromar, 08, Ryan Haskell, 08, Wyatt Feeley, 08, Blake Schwartz, 08, Joshua Wember, 07, and Ryan Fisher, 07. Following months of practice, the entire team was excited to put their skills to the test. "After 16 years of TSA, one of my proudest moments was getting to see the faces of my students when they qualified for nationals, getting 1st, 2nd and 3rd place," Diane Gaston, STEM, said

2. EXCITED FOR THE TOURNAMENT, Blake Schwartz, 08, Malcolm Wilkerson and Ryan Fisher, 07, give each other a pep talk before the event. "I like TSA because the people are fun, and they are all nice," Blake Schwartz, 08, said.



cards, candy and SPECIAL GESTURES ON VALENTINE'S DAY HOW DID YOU CELEBRATE THE HOLIDAY?



"I gave candy to twenty of my friends: Sour Patch Kids, Fun Dips and lollipops from Student Council."

photo by e. hunt

NATALEE SWAN, 07



"I ate my brother's candy. He got it from his Valentine's Day party at school and gave it to me."

photo by e. hunt

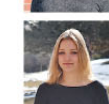
WILLIAM RICENBAW, 07



"I went to school, gave my valentine chocolate, went home and played video games."

photo by e. higgins

ZABRINA WILLIAMS, 07



"I was expecting flowers from my special someone, but when I got to school, he had no flowers. I then went home and ate candy."

photo by e. hunt

MAGGIE SCHUTZ, 07

making CHESS MOVES

AFTER PARTICIPATING IN THE NORTH HIGH SCHOOL CHESS TOURNAMENT, Sean Yilmaz, 06, received the third place trophy during his fourth block class, presented to him by a competition representative. After joining Chess Club in kindergarten, Yilmaz has placed in every District tournament. Yilmaz hoped to continue his winning streak.

"When I got the award, I was surprised because I wasn't prepared for it," Yilmaz said.



"I'm playing and improving in football."

GABRIEL RAPUE, 06

photo by s. miyazaki



"I like to play with friends."

IAN MATHER, 07

photo by t. sokolowski



"I enjoy playing ice hockey."

THADDEUS SHARKEY, 08

photo by t. bradford



"I like watching hockey."

KARTER MCGARVEY, 06

photo by t. bradford



"I play volleyball."

ALYSSA ROE, 07

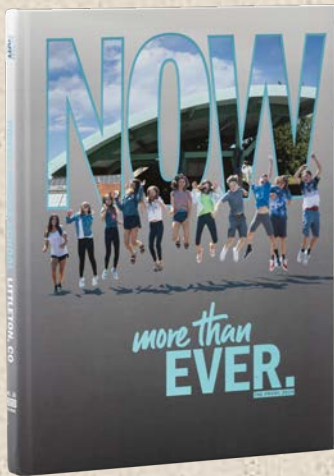
photo by t. bradford



"I hang out with friends."

LILY REINHOLD, 08

photo by n. gilbert



// The Prowl
Powell Middle School
Littleton, Colorado



new year
NEW TRADITIONS

SCIENCE STUDENTS CELEBRATE THE CHINESE NEW YEAR IN STYLE

design by sutton damiano
page by brayden parks,
luke sokolowski & ailey stark

EVERY CULTURE CELEBRATES HOLIDAYS, EACH WITH ITS OWN UNIQUE TRADITIONS.

BECAUSE THE LUNAR NEW YEAR'S DATES ARE BASED ON LUNAR PHASES AND THE EARTH'S REVOLUTION, Mr. Eric Teruel, science, decided to celebrate the Chinese New Year with his science classes. "Students like to have brain breaks to help their attention and focus in class, and I also wanted to try to celebrate diversity and different cultures," Teruel said. The Chinese New Year originated during the

Shang Dynasty, but it was not recognized until several centuries later, during the Han Dynasty. For Teruel's students, the celebration was both fun and educational. "I learned what the Chinese do for New Year and about their traditions," Joshua Luckinbill, 07, said. Quintin Dysart, 07, said. "It was really fun and I connected with my classmates," Dysart said.

1. IN MR. ERIC TERUEL'S SCIENCE CLASS, William Risenbaw, Reid Salyers, George Bull, Joshua Luckinbill, Quintin Dysart, Sophia Lercara, Brielle Sigurdson, Cadence Freehling and Christopher Banas, 07, celebrate the Chinese New Year. "My birthday is the sixth of December 2005; I am the year of the rooster," Freehling said. *photo by s. alpern*



3.



defying
GRAVITY

TESTING NEWTON'S THREE LAWS, Samuel Ballas, 08, demonstrates the rules of motion for a scientific video explaining Newton's three laws. "We were testing the second law: things that roll," Ballas said. *photo by g. ward*
SAMUEL BALLAS, 08



4.

2. PLAYING WITH FIRE, Estevan Jiron, 07, volunteers his hand for a lab in Ms. Jessica Muniz's Mad Science class. "We used hydrogen bubbles on a glove and we lit it on fire," Jiron said. *photo by s. sloss*
3. IN MR. ERIC SADLER'S MATH CLASS, Leala Lara, 06, makes shapes. "We were using blocks to find different rectangles that fit the shapes," Lara said. *photo by s. alpern*
4. IN MRS. LAURI HAMILL'S GT SEMINAR, Owen Talley, Nathan

Hoehndorf, Tate Mitchell, Parker Wedding, Max Ratcliff and Warren Dix, 07, play *Apples to Apples* on freedom Friday. "GT Seminar helps me think more thoughtfully in my other classes," Dix said. *photo by r. hunt*
5. LEARNING VALUABLE MATH SKILLS, Emmett Sonnenfeld, 06, uses blocks in Mr. Eric Sadler's math class to make a tower. "I was stacking the cubes," Sonnenfeld said. *photo by s. alpern*



5.

more than
A PUZZLE

REVIEWING FOR A TEST ON THE CONSTITUTION, Mr. Joshua Franklin, Ms. Jenna Keims and Mr. Kevin Krenz's classes participated in an escape room activity. All 8th grade social studies classes occupied the Media Center for the day, using their wits to unlock boxes by answering historical clues. "It isn't that it was more helpful, it was just a lot more fun and interactive," Franklin said.



FORMING A PLAN, Cole Dewey, Molly Stratton, Victoria Bratt, Raeya Arora and Lauren Campbell, 08, work on their group's breakout box. "It was fun and our group finished the box second," Stratton said. **WORKING TOWARDS A COMMON GOAL**, Rebekah Tervilliger, Ava Mitchell and Bill Burton, 08, unlock one of the boxes.



"I really love puzzles, so solving it was fun. It was kind of like an escape room," Burton said. **FOCUSING ON THE TASK AT HAND**, Ella Beebe, Lily Reinhold, Matthew Greene and Ruby Harris, 08, decipher the clues. "My group did not finish the box, but we had fun. We enjoyed the experience," Reinhold said. *photos by r. hunt*

the time is
NOW RECALLING THE MOST MEMORABLE MOMENTS

WHAT IS YOUR FAVORITE MEMORY OF THE SCHOOL YEAR?

JACOB LARSON, 06
"Being the first best team in team handball."
photo by i. shelton

ELLA SIMMONS, 07
"Meeting new friends."
photo by a. higgins

HALEIGH KUHLE, 08
"Going to Washington D.C. and our tour guide, Bob."
photo by a. stark

NOW more than EVER.

"I go to school."
SUMMER COX, 06
photo by i. mcardie

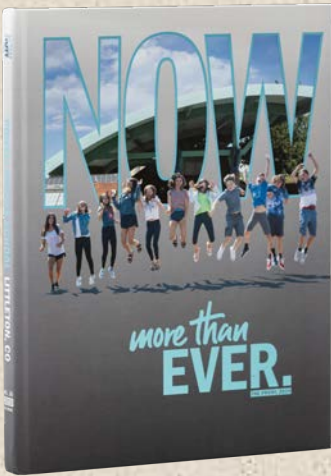
"I travel the world."
SAMUEL SLOSS, 07
photo by m. baryika

"I wish my family was whole."
ADRIANA CULP, 08
photo by a. stark

"I play baseball."
KAVEN GARVIN, 08
photo by i. shelton

"I love music."
KATHERINE LOVING, 07
photo by i. shelton

"I want to get good grades."
RAJAN PATEL, 06
photo by a. stark



// The Prowl
Powell Middle School
Littleton, Colorado

3. DRIBBLING THROUGH DISTRICTS, Caleb Burge, 08, takes on an Options player. The Boys C Team won the game 23 to 16. "A challenge we had to overcome was working really hard in the last few minutes, so that we could win because the games were really close," Burge said. *photo by m. murphy*

4. DRIVING TO THE BASKET WITH SPEED, Cade Nierling, 07, scores against Euclid. "The hardest part of this season was playing home games because everyone wants you to win," Nierling said. *photo by a. evangelista*

5. SHOOTING FROM THREE POINT RANGE, Andrew Copp, Wilson Kirk and Andrew Salthouse, 08, outplay Options in the District finals, 23 to 16. "I enjoyed playing for the school, and it was really fun to play with my friends," Kirk said. *photo by j. donahue*



1. EAGER TO MAINTAIN AN UNDEFEATED SEASON, Daniel Gorder, Esteban Marquez, David Brady Oswald, Giovanni Kho and Jackson Smith, 08, win at Districts. The team made history by beating Newton. "I enjoyed working with my teammates this season," Oswald said. *photo by a. evangelista*

2. STOPPING THE ATTACK, Matthew Greene, Jaxson Schmeling, Jack Dimig and Ryan Oro, 08, play Goddard in the semi-finals. "My favorite part about being on the team this year was getting to play with my friends," Oro said. *photo by m. schmeiling*



setting a new SCHOOL RECORD

design by katelyn gratte
page by sophia pallman & graydon pytlinski

ALL THREE 8TH GRADE BOYS BASKETBALL TEAMS FINISH THE SEASON UNDEFEATED
COMPETING IN MANY GAMES THROUGHOUT THE SEASON, THE BOYS BASKETBALL TEAM TOOK ON EVERY RIVAL TEAM WITH AN UNRELENTING DESIRE TO WIN.

PLAYING FOR PERFECTION, the 8th Grade Boys Basketball teams finished the year with the best record of all time. Going undefeated is an accomplishment, but with all three teams going undefeated; it was an ever bigger feat. The players put all they had into this season. The talented A Team battled under the basket, in transition and on defense. They ended up winning Districts against Newton in a very close 47 to 45 win, with Ty Scheckenbach, 08, making some very crucial free throws at the end of the game. "I wasn't nervous when I was shooting the free throws because I

knew I could make them. I practice shooting a lot," Scheckenbach said. The B Team had a 30 to 17 victory against Newton at Districts. Esteban Marquez, 08, and his teammates all scored to help their team make the win. "One of the funniest moments this season was when Aaron was told to tuck in his jersey and he went to the bathroom, but forgot to tuck in his jersey, so he got a technical," Marquez said. The C Team won 23 to 16 in the final game. Andrew Copp, 08, led the way to their victory, scoring nine points and Andrew Salthouse, 08, scored eight points in their game against Options.

watching the SUNDAY BIG GAME

EVERY YEAR, the Super Bowl is one of the biggest sports events in the United States. Over 103 million people tuned in to watch. Played on February 3rd in Atlanta, Georgia, the Patriots beat the Rams, 13-3. Mr. Andrew Genson, science, and Mr. Joshua Franklin, social studies, celebrated the big day by attending a Super Bowl party. "Any day the Patriots win is a bad day," Genson said. *photo by a. evangelista*



more than JUST SKILL

SOME ATHLETES BELIEVED that superstition was what kept them on a winning streak. For others, winning was a matter of old fashion skill. From wearing lucky clothing to practicing specific warm up routines, superstition continued to be a factor of playing sports.

ARE YOU SUPERSTITIOUS ABOUT SPORTS?

34% of students are superstitious about sports.

66% of students are not superstitious about sports. 90 students surveyed



6. SURVEYING THE COURT, Rollando Pineda, 08, looks for his next move in the 60 to 30 victory against Euclid. "I feel like the reason we won is because we were all friends and had great communication," Pineda said. *photo by l. hanson*



7. GOING FOR THE WIN, Antonio Wadsworth, Luke Nierling, Joshua Acker and Cade Nierling, 07, play an away game at Euclid. "My favorite moments this season were making three point shots in the game," Wadsworth said. *photo by a. evangelista*



"I enjoy figure skating."
MAIA WALKER, 06
photo by s. pallman



"I want to be in the military when I grow up."
LOIC DEROSEAR, 07
photo by g. pytlinski



"I focus on what I love to do."
SAOIRSE GALLIGAN, 08
photo by g. pytlinski



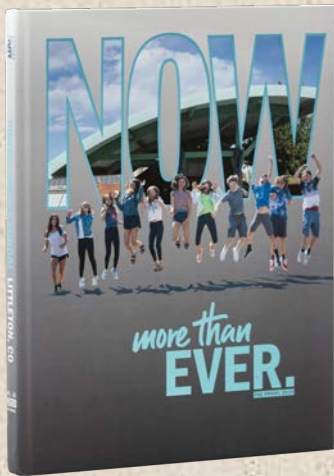
"I put forth more effort into learning."
BENJAMEN SPIELMANN, 06
photo by g. pytlinski



"I believe everyone should be nice to each other."
EMMA DABERKOW, 07
photo by l. grier



"I like sleeping."
AIDAN KNISPEL, 08
photo by k. tucker



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Powell Middle School
Littleton, Colorado

"I dressed up in St. Patrick's day gear on Holiday Day because it was the next holiday and I'm Irish."
LeeANNE SHEETS, FACS



making LASTING MEMORIES

STUDENT COUNCIL HOSTS THE ANNUAL SCHOOL DANCE

YEAR AFTER YEAR, STUDENTS COME TO CELEBRATE AND HAVE FUN WITH FRIENDS AT THE ANNUAL SCHOOL DANCE.

On March 7th, students from all grade levels came to school dressed up in costumes, abuzz with anticipation for the annual dance, organized by Student Council. "During meetings, we organized where volunteers needed to be and made posters. Because this is the fourth year Student Council has done the dance, it didn't take much to organize," LeeAnne Sheets, FACS, said. The dance also served as a toy drive for Children's

Hospital, where generous Pumas donated to the medical center. During the dance, memories were made as students talked, laughed and bonded, while dancing with friends. "My favorite part of the dance was eating the chips and cookies," Joseph Robinson, 06, said. Highlights of the event included the dance competition and snacks served by Student Council members. "I loved the competitions and the food," Evelyn Ervin, 06, said.



"I like drawing because it makes me feel proud of myself."
VIOLET JOHNSON, 06
photo by m. murphy



"I play soccer."
GRANT SAKOULAS, 07
photo by s. rutherford



"I play football."
CASH CALLAS, 06
photo by s. rutherford



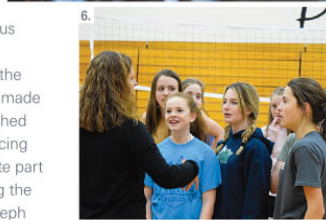
"We need more role models."
JOEY COOPER, 06
photo by r. west



"I like to dance."
KAYLIN BELL, 07
photo by r. west



"I like to wrestle."
CADEN DEINES, 06
photo by r. west



6. STRATEGIZING, Piper Prince, Amelia Rosado, Juliet Stratford, Sophia Lercara and Cadence Freehling, 07, communicate their goals with Coach Leigh Goerke, science, about their goals for the volleyball season. "I enjoy talking to friends and I enjoy playing games."
Lercara said. photo by c. mcdermott



7. BUMP, SET, SPIKE! Holly Jayasanker, 08, prepares to hit the ball during volleyball practice. Around fifty eighth grade girls participated in the popular sport. "My favorite part of volleyball is seeing everyone and getting better together," Jayasanker said. photo by a. bartlett



8. GREETING THEIR OPPONENTS, Peyden Gobble, Lydia Iliev, Sophia Pallman, Tessa Upah, Taylor Miller, Avery Smart, Sierra Cromar and Madison Groth, 08, wish the Newton Knights luck before playing. "I love being able to play against other schools," Keira Oriel said. photo by r. parker

1. SHOWING SPIRIT, Kayla Renner, 08, and LeeAnne Sheets, FACS, dress up as the Easter bunny and a leprechaun during Spirit Week. The Holiday vs. Normal Day theme yielded the highest participation of all the Spirit Week days. "My favorite holiday is Easter and we never celebrate it during school," Renner said. photo by d. yates
2. MOVING TO THE MUSIC, Assistant Principal Mr. Lawrence Chavers serves as DJ for the Student Council sponsored dance. Chavers curated a playlist of popular songs for the event. "It's fun looking into the crowd and seeing the kids enjoying themselves," Chavers said. photo by d. yates
3. DANCING QUEEN, Simone Taylor-Gladue, 07, moves to her favorite song during the all female dance competition. "I enjoyed listening to the songs and eating the food," Taylor-Gladue said. photo by r. west
4. WORKING TOGETHER, Miles Amann, Sam Lehl, Ayden Montemayor and Kambria Nolton, 07, complete a project in STEM. "I like to make projects because most classes don't have hands-on experiences," Nolton said. photo by r. west
5. CAPTURING THE MOMENT, Aurelia Dunda, Sloan Donahue, Madeline Poates and Rylie Hinkhouse, 06, take selfies during the dance. "My favorite part of the dance was when DJ Chavers played my favorite songs," Hinkhouse said. photo by m. schmelting

beating the odds to win MARCH MADNESS

IN SPRING, MANY PARTICIPATED IN THE CHALLENGE TO PREDICT A PERFECT COLLEGE BASKETBALL BRACKET.



"My family usually makes a 10 dollar bracket bet, and I think that Kansas or Duke will win."
NOAH FULLER, 07
photo by m. abresque



"I hope Duke wins because they have won in the past and they have some of the best players."
BREANNA HIGGINS, 06
photo by a. higgins



"March Madness is pretty cool. Michigan will probably win because they are super good. I will make bracket and hopefully win."
DYLAN JUAREZ, 07
photo by m. abresque

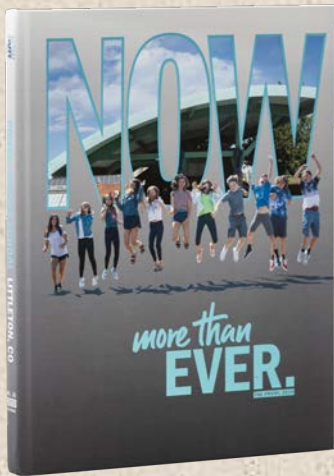


"March Madness is an exciting way to end the college basketball season and a fun transformation from winter to spring."
SCOTT BRAUN, SOCIAL STUDIES
photo by m. murphy

the luck of THE IRISH

DURING SPIRIT WEEK, Wallace Smith, 06, dresses as a leprechaun for the Holiday vs. Normal Day event. Students sported a variety of holiday gear, including sweaters and costumes. "Saint Patrick's Day is a big holiday in my family because we have a big party with a bunch of food," Smith said. photo by t. sokolowski





// The Prowl
Powell Middle School
Littleton, Colorado

what's happening NOW

more than a news story

design by madalyn murphy & sophia pallman
page by annina evangelista & shelby miyazaki

THE 2018-2019 SCHOOL YEAR WITNESSED many different events that affected the world in both positive and negative ways. From eggs breaking records to teachers going on strike, it was an eventful year.

LOCAL

9.7.18 KICKBALL TOURNAMENT

Pumas gathered for the annual Kickin' It Old School Night, where students and staff participated in a kickball tournament and enjoyed funnel cakes and pizza.

photo by r. hunt



11.8.18 CHILI COOK-OFF

Encouraging students and their respective families to gather for a night of food and competition, the Chili Cook Off was a smashing success.

photo by a. harrison



1.28.19 SNOW DAY PETITION

Hoping to influence the District's policy regarding the calling of snow days, Garrison Wood and Ronan Hunt, 08, collected signatures from Pumas. In a united effort, Wood and Hunt gave administrative staff the petition to take to the school board.

photo by a. evangelista



photo by m. murphy

2.12.18 SOURCES OF STRENGTH

In CORE Plus, students wrote the names of people they consider as family on strips of paper, which were connected in a chain. Mrs. Mindy Enley, drama teacher, decorated the halls with the chains.



2.22.19 PENNIES FOR PATIENTS

Pumas engaged in a friendly competition between classes by donating pennies while raising money for the Leukemia and Lymphoma Society.

photo by s. pallman

STATE

11.6.18 ELECTION DAY

Colorado citizens took to the polls to vote for local races. Jared Polis won by 7% against Walker Stapleton in the November Mid-term elections to become governor.

2018 X-GAMES

People from all over the world joined in Aspen, Colorado to compete in extreme winter sports. Many of our own Coloradans got the opportunity to compete in craze sports back in January.

Creative Commons photo: Arthur Mouratidis on Wikimedia Commons



1.19.19 WOMEN'S MARCH

Women all around the country took a stand for their rights, as they gathered outside the capitols in hopes to inspire women around the world.

Creative Commons photo: Ed Ogile on Wikimedia Commons



2.11.19 DENVER TEACHERS STRIKE

Red for Ed took to downtown Denver as teachers from all over the state protested school funding. Denver educators went on strike to march the streets of Colorado.

photo courtesy of Flickr



NATIONAL

10.24.18 PIPE BOMB DELIVERY

Thirteen Democrats and vocal Trump critics, received pipe bombs in their mail in late October. Thankfully nobody was injured, and the bombs were intercepted before they got to fronts doors.

Creative Commons photo: Department of Defense on Wikimedia Commons



11.8.18 CALIFORNIA WILDFIRES

In November, Los Angeles, California suffered a great disaster called the Camp and Woolsey fires. It took many weeks to extinguish, and over 11,000 homes were destroyed.

photo courtesy of Flickr



11.30.18 GEORGE H.W. BUSH DIES

Former President H.W. Bush passed away at the age of 94. His funeral was attended by 50 world leaders and family members.

12.22.18 GOVERNMENT SHUTDOWN

Beginning in late December and ending near the end of January, the 2019 shutdown

marked the longest government shutdown in history. Politicians debated over funding for the Wall at the Southern Border, resulting in a partial government shutdown.

photo courtesy of Flickr



WORLD

8.10.18 PUERTO RICO ENERGY RETURNS

During the 2017 hurricane season, Puerto Rico was hit by Hurricane Maria. Nearly all of the power lines on

the Caribbean Island were knocked down, taking away all power from buildings and street lights. For 11 months, over 3 million people lived in the darkness. Finally in August 2018, power was nearly 100% restored.

Creative Commons photo: Roosevelt Skeritt on Wikimedia Commons



8.12.18 WALKING ON SUNSHINE

Revolutionizing the world's knowledge of the sun, NASA launched the Parker Probe to touch the sun. NASA began working on this mission in 2010, and it finally launched in August 2018.

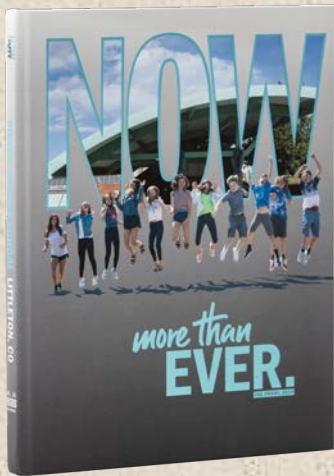
Creative Commons photo: Roosevelt Skeritt on Wikimedia Commons



FIRST MAN TO WALK ACROSS ANTARCTICA

In December of 2018, Colin O'Brady became the first person to solo trek across the great continent of Antarctica. O'Brady made his own protein bars and drinks to keep him moving.

Creative Commons photo: Colin O' Brady on Wikimedia Commons



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Powell Middle School
Littleton, Colorado



reference divider

1. ENJOYING HER PASSION, Olivia Graf, 07, practices with the 8th grade Orchestra during the holiday celebration. Graf was first chair and leader of the violin section. "I love Strings; it's a different and welcoming environment with a great teacher," Graf said. *photo by k. svenseny*

2. PREPARING TO GO TO CLASS, William Ricanbaw, Samuel Siegal and Estevan Jiron, 07, walk arm and arm into school, while savoring the last moments of recess. "This is a great place to be with lots of friends and support," Jiron said. *photo by a. colling*

3. BASKING IN THE AUTUMN SUN, Stella Tomeo and Charlotte Garrison, 08, spend time together during a long day of school. "Being outside during

school helps me to smile throughout the day," Garrison said. *photo by g. ward*

4. BRAIDING HAIR, Madison Groth and Tessa Upah, 08, prepare for the kickball tournament at the fourth annual Kickin' It Old School event. "I was able to spend time with my closest friends in a friendly competition," Upah said. *photo by k. tucker*

5. WELCOMING THE NEW 6TH GRADERS ON THE FIRST DAY OF SCHOOL, Mrs. Lauri Hamill, GT, high fives Broden Nelson, 06, while he walks into the gym on PRIDE Day with his new friends Cooper Brendlinger and Spencer Heath, 06. "I was nervous, yet excited because I knew this was going to be a fresh start," Nelson said. *photo by y. manculich*

WE WERE a friend more than a foe, and one of many Pumas in the PRIDE. We were one of the students who made up the CORE; and **WE** lived in the **NOW** more than ever.

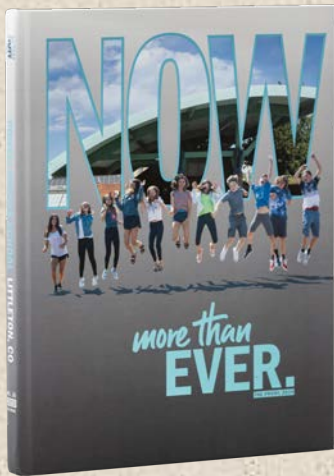
WE WERE inspired to face and overcome our everyday challenges, like Maya Delaney, 06. We lived life with dedication, like Molly Madden, 08. We enjoyed the cinnamon rolls after every Honor Roll Assembly.

WE SHINED a little bit brighter on center stage at the Spring Musical, *Once Upon a Mattress*. **WE** laughed after the Puma Prowl as friends poured water on each other. **WE** listened to Mrs. Stephens' 8th grade Choir perform at the District Festival. **WE** danced at the Baby Shark Challenge during lunch. **WE** watched Ava Mitchell, 08, finish in first place at the Track and Field District Championship. **WE** devoured donuts when Ms. Goerke's CORE Plus won the annual Door Decorating contest. **WE** believed it was always a great day to be a PUMA. **WE** made our mark

NOW more than ever.



"Now more than ever, this is a great community, and all my friends have my back."
MADISON GROTH, 08



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Powell Middle School
Littleton, Colorado

“He always challenges himself and talks more and more.”

Thomas LENZEN

A BROTHER ADVOCATES FOR ACCEPTANCE AND INCLUSION OF SPECIAL NEEDS CHILDREN



ON AUGUST 17, 2007, my brother, Henry, was born. A few years later he was diagnosed with a rare, low functioning autistic disorder called Pitt Hopkins. Pitt Hopkins is based on the boy who Peter Pan was based on had, coining the phrase, “The boy who would never grow up”. He started walking and talking a few years after he was born. I help my parents take care of him. Pitt Hopkins hinders Henry’s ability to walk, talk, learn and read. My mom knows she will most likely have to take care of him for the rest of his life, and worries not just for herself, but for him. She hopes he will one day have a job and be literate.

Last year, my mother took Henry out of school to homeschool him. Never had Henry shown so much growth, if not in that year. He became more talkative, thanks in part to Gemini, he used his talker more, became more verbal and jubilant, has had less fits, and became smarter in grade level topics. Henry was finally able to show his knowledge because he is with a person who cares and doesn’t underestimate his ability. She will not Dis-his-ability. Soon, if not this year but next, my mom hopes to re-introduce him into the school environment with grade-level knowledge.



NOW MORE THAN EVER, I fight for his inclusion and the appreciation of his abilities, instead of what he can’t do by an attempt to eliminate the derogatory use of the r-word (retard) from common vernacular. I support the movement of spreading the word to end the word and don’t dis-my-ability. I have openly refuted the word and approached anybody who has used it. I am talking to the office to bring awareness to the issue. The derogatory use is outdated, politically incorrect, supports exclusion of special needs, dismisses the idea that kids with intellectual disabilities do not have any special gift, and is offensive to all people with disabilities. I support it, **NOW MORE THAN EVER,** because once he goes to school, I want him to come to a welcoming environment. I want him to not be treated as stupid and excluded. Everyone should know he is special, dealing with arduous challenges, and able to do amazing things. The elimination of the r-word would be one step closer to a better climate. I want everyone to treat him well, and for him to know people love him, not just by their actions, but by their speech.



HOLDING TIGHT, Thomas Lenzen, 08, and his brother Henry celebrate Halloween together. Every year Thomas takes his brother trick-or-treating. That year, Henry was dressed as the character Max from *Where The Wild Things Are*. “He usually lasts thirty minutes,” Lenzen said.

RIVETED BY THE TELEVISION, Lenzen and Henry cozy up together on Christmas morning. As part of an annual tradition on Christmas Eve, the Lenzen family attend church. While Thomas’ favorite present was a basketball, Henry, “loves getting books,” Lenzen said.

BROTHERS FOREVER, Lenzen and Henry spend quality time together at home. Both brothers do a myriad of activities together including: March Madness brackets, working out, going to the playground, and reading, with the zoo being their favorite outing. “He loves the zebras,” Lenzen said. *photos courtesy of t. lenzen*



Samuel Alpern
 Cameron Althouse
 Kevin Andersen
 David Arn
 Raeya Arora
 Michael Autry
 Claire Aylward
 Hudson Bade

Samuel Ballas
 River Barrilleaux
 Adison Bartlett
 Maya Baryka
 Tyler Bearden
 Ella Beebe
 Jena Berndt
 Morgan Berrett

Sean Best
 Ankit Bhattarai
 Tabor Birkholz
 Ascher Bitner
 Taylor Bourque
 Ella Boyd
 Tyler Bradford
 Julianna Brandberg

Victoria Bratt
 Carson Brown
 Maya Budler
 Caleb Burge
 Bill Burton
 Kyler Bushel
 Victoria Cagande
 Lauren Campbell

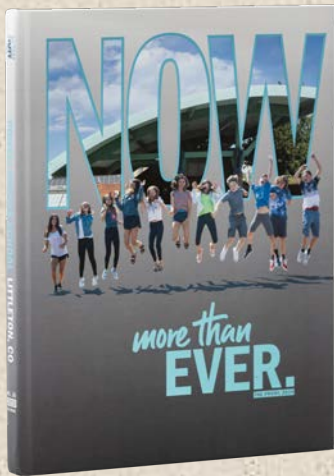
Jacob Cao
 John Carey
 Alexander Chakouris
 Andrew Chapman
 Cole Christensen
 Marynna Church
 Hailey Claridge
 Charlotte Clark

Gerrit Clark
 Sydney Cohen
 Alyssa Colling
 Henry Combs
 Andrew Copp
 Skyler Cotham
 Addison Craig
 Sierra Cromag

Elizabeth Crookham
 Sean Crookham
 Adriana Culp
 Hailey DalHarb
 Lydia Dallapiazza
 Lyndon De Jesus
 Xavier Delachapelle

Cole Dawey
 Jack Dimig
 Julia Dines
 Ryan Dotan
 Julia Donahue
 William Donahue
 Kimball Eggen
 Merry Eggen





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Littleton, Colorado

8

molly

MADDEN






COMPETING. Molly Madden, 08, finishes 6th place in the Money Class. "Q'Lano is my newest and still my best show jumping horse," Madden said.

AT COLORADO HORSE PARK, Madden finishes in the top ten of the Low Children's Division. "It was difficult since I competed against 30 some people, both adults and children," Madden said.

JUMPING THROUGH THE COURSE, Madden makes her new best time on her horse, Olivia. "Olivia was injured, so now she's teaching another girl," Madden said. *photos courtesy of m. madden*

COLD NIGHTS, RIDING WHEN IT'S DARK OUT, HOMEWORK IN THE CAR, FIVE NIGHTS A WEEK......training for dreams, and keeping the goal in sight. In the spring of 2019, my horse and I will compete in Palm Springs at the Coachella Desert Show Jumping competition. My horse Q'Lano ("Lydia") will travel 20 hours by trailer to get to Palm Springs, California where I will meet her at the showgrounds. One dream, coming true. My ultimate dream-riding on the Olympic Show Jumping Team.

From the time I was old enough to walk, I have wanted to be on a horse. My adventure began with sitting on a horse before I was even a year old, and progressed quickly to taking consistent lessons at the age of five. I was lucky enough to experience a variety of wonderful horses who not only taught me how to ride, but taught me the importance of taking care of the animal. One of the first things my trainer taught me was to care for my horse first, and take care of myself later. Horses are amazing creatures that require a lot of care in

order to keep them in top performance shape. From hauling water buckets to bales of hay, the work doesn't end when your ride is over. This aspect of the sport has taught me a huge sense of responsibility and patience.

One of the most rewarding aspects of riding is the bond that develops between my horse and me. When I'm in the show ring, I can feel a surge of energy from my horse; telling me she is going to be at the top of her game. This gives me the confidence to ride my best, and the success that this kind of teamwork brings is the best reward! It doesn't come quickly or easily though. Between competitions, there are long days of training and countless lessons. Every horse has a unique personality, and just like us, they have good and bad days. This makes the sport challenging as not every ride is a great ride, and it's easy to get discouraged. Through these times, I have learned that hard work, patience and determination are a must in order to be successful in riding and in life. There are no shortcuts, and although there are discouraging times, you have to keep your chin up and keep a positive approach. In the end, the hard work always pays off.

The type of show jumping that I do is based on clearing jumps at a certain height without

knocking down any rails. The winner is the horse and rider combination that clears the course the fastest. Most courses average 12-14 jumps in a certain pattern, which is memorized before entering the ring. The jumps are often in combinations, sometimes two or three in a row, and vary in difficulty. Every round is timed, with the fastest and cleanest round winning. It's an amazing feeling to jump to the finish with a fast, clean ride.

Prior to my current horse Lydia, I rode a Thoroughbred mare named Olivia. She was an amazing jumper and gave me the confidence and skills necessary to compete at the higher levels. She was injured in the Fall of 2017, and is now teaching another young girl how to jump. In 2017, we were the Zone 8 (CA, CO, NM, AZ) Reserve Grand Champions in our division. My new horse, Lydia, is a seven-year-old Holsteiner mare that came from Omaha, Nebraska. Unlike Olivia, Lydia has been bred to jump, and is naturally an amazing jumper. She is young though, and I have learned a lot by riding her because I must be careful and technical about how I ride her and what I teach her.

A large part of me becoming a better rider is because of my trainer John McConnell. I have

been training with John for a little over a year, and have improved substantially during that time. John is an accomplished rider who has successfully competed internationally, winning multiple Grand Prix titles and competing in the Pan American games. John expects the best from my horse and me every time we ride, which pushes me to be the best I can be. Competing at my current level would not be possible without the support of my family. I am so grateful for their dedication to my sport. They spend many hours driving me to and from the barn, and countless hours cheering me on at shows. They boost me up when I haven't had the greatest round; constantly reminding me that the journey is more important than the results.

The upcoming competition in California is a huge deal because it will be my first competition out of state. This means that I have come far enough in my riding abilities to compete at this level. My ultimate dream would be to compete in the Olympics; riding against the top show jumpers in the world. Riding has taught me that with hard work, determination and patience, dreams can come true. I will take that lesson with me throughout life as I know that it will help me to overcome any obstacle I face.

Ava Escorcia
 Milo Estrada
 Arianna Evangelista
 Thomas Farouhar
 Wyatt Feeley
 Elizabeth Ferrell
 Raymond Fix
 Maxwell Flinders



John Forbes
 Julianna Ford
 Eli Franks
 Isaac Freking
 Frederick Fulkerson
 Andrew Gaff
 Halle Gall
 Tayden Gallegos



Saoirse Galligan
 Charlotte Garrison
 Cole Garside
 Kaven Garvin
 Noah Gilbert
 Peyden Gobble
 Resse Goldinger
 Daniel Gorder



Ethan Graeber
 Samuel Green
 Matthew Greene
 Eli Grier
 Leah Grier
 Jane Griffin
 Madison Groth
 Ryan Grubb

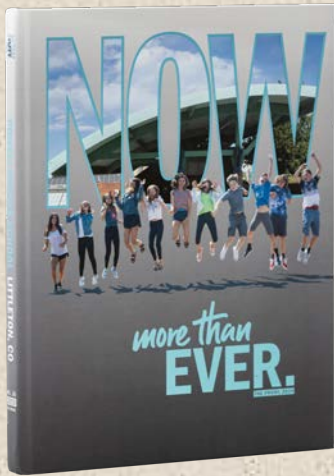


Ava Rose Guillen
 Garrett Gurley
 Thomas Haas
 Izabelle Hall
 Andrew Haluszczak
 Simon Hamilton
 Tyler Hansen
 Ruby Harris



Abigail Harrison
 Ryan Haskell
 Brooke Hatley
 Matthieu Helaine
 Cortez Herrera
 Bruce Hess
 Joseph Hickey
 Elle Higgins





// The Prowl
Powell Middle School
Littleton, Colorado



AS AN EIGHTH GRADER AT POWELL, I am making a difference in the world through my music, scouting and other interests and hobbies.

NOW MORE THAN EVER, we need to come together as a nation and take our differences and put them aside as music can bridge the gaps that seem to be everywhere in our community. My involvement in Boy Scouts helps the environment. My next project is to help birds in any way possible; it is probably going to be the Raptor Rescue. I have always

looked out for others, and want people in this world to do that as well. That is why I am involved in Scouts and planning to help birds.

I love to take the weight off of people's backs when they need help. I have always been a wondrous kid, even when I was young. I wanted to see what was outside the house, the school, the city and learn who we really are, where we came from, and how we came to be.

Finally, my interests in drones and

video making will open ways to understand and communicate in the world, to help bring us together in ways that we probably don't know exist. I want to help the world in any way I can, and I don't want to be the only one.

HANGING WITH HIS CHINCHILLA, Ian Mooney, 08, chose his pet carefully. "I really like chinchillas. I chose him as a pet because it's the only pet I'm not allergic to," Mooney said. **GETTING HIS LIFE BADGE,** Mooney loves Boy Scouts, especially seeing his friends. "I started Boy Scouts when I was 11, so it took three years to get my Life Badge," Mooney said. **IN THE MOUNTAINS,** Mooney enjoys skiing. "I went up there to camp and started skiing when I started Boy Scouts," Mooney said. *photos courtesy of i. mooney*

Erin Hillebrandt
 Lorin Hoague
 Cade Huggins
 Ronan Hunt
 Lydia Ilev
 Naman Infusino
 Holly Jayasanker
 Rianne Jeffers



Garrett Jessen
 Aiden Johnson
 Lily Johnson
 Miriam Johnson
 Hayden Jones
 Jason Jordan
 Grant Juergens
 Jessilia Kadarisman



Ryan Karlsgodt
 Gwyneth Keaty
 Neal Keaty
 Courtney Kelly
 Giovanni Kho
 Marc Kingston-Cruz
 Wilson Kirk
 Aidan Knispel



Hailey Knowles
 Marisol Kochan
 William Krause
 Danielle Kretschmar
 Elise Kriss
 Haleigh Kuhl
 Xavier La Forett
 Madison LaBrecque



Elyse Lambert
 James Lambert
 Emily Lamontagne
 Jorge Lamora
 Trevor Landen
 Avery Lang
 Samuel Larson
 Grae Lasley



Dean Lauffer
 Madelyn Laushman
 Calen Lawson
 Mikayla LeDuff
 Thomas Lenzen
 Jack Letzelter
 Benjamin Little
 Grace Loyd



Quinn Loyd
 Eva Luter
 Zachary Luzietti
 Gavin MacKendrick
 Molly Madden
 Quinn Mahoney
 Maddox Maloney
 Aaron Maloney



Jackson Mann
 Esteban Marquez
 Heidi Martin
 Margie Martin
 Jensen Martineau
 Summer Matthews
 Natalie May
 Isabella McArdle



Devin McCausland
 Corbin McDermott
 Skylynn McDowell
 Ava McHale
 Molly McHale
 Gustav McIntosh
 Berkeley McKinnon
 Paige Meadors



Piper Meadors
 Taylor Miller
 Jake Mills
 Ava Mitchell
 Shelby Miyazaki
 Lindi Montgomery
 Ian Mooney
 John Mowle



"I hang out with friends."
THOMAS HAAS, 08
photo by k. tucker



"I'm enjoying school."
WILLIAM SPARE, 08
photo by i. grier



"I look forward to high school."
JOHN CAREY, 08
photo by s. damiano



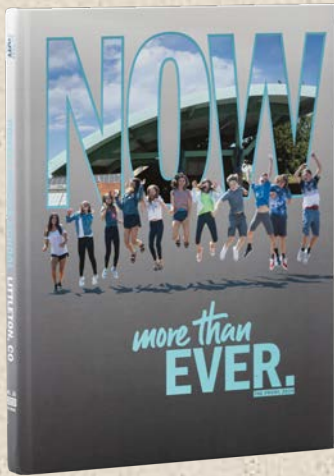
"I am traveling for soccer."
WILLIAM KRAUSE, 08
photo by t. hansen



"I get better grades."
PAIGE MEADORS, 08
photo by k. tucker



"I am getting great grades and studying hard."
LINDI MONTGOMERY, 08
photo by t. hansen



// The Prowl
Powell Middle School
Littleton, Colorado



raeya
ARORA

IN LONDON, ENGLAND, Raeya Arora, 08, visits the London Bridge with her family. The bridge attracts about 500,000 visitors a year. "We were new to London, and we wanted to venture out and explore," Arora said. **WHILE LIVING IN GREENWICH, LONDON,** Arora enjoys spending time with her family. "I was probably six years old in this picture. We didn't have a car, so riding the bus was fun," Arora said. **WHILE IN SANTA BARBARA, CALIFORNIA,** Arora's uncle came to visit from Canada. "He doesn't come to the U.S. much, so we went to the beach with him," Arora said. *photos courtesy of r. arora*

THREE CONTINENTS, THREE COUNTRIES, SIX CITIES, is what I have lived in, shared a neighborhood in, and have had my schooling in, in these 13 years of my life. Travel has been a very integral part of my family's life. Whether it is moving to a new place due to my father's job or exploring new travel destinations at every opportunity we get, our bags are always packed for the adventures and fun that comes along. Living

in different countries and cities has not only introduced me to different cultures, religions, and people, but has also exposed me to many changes that we as individuals should make in our attitude, thinking and approach to have a better world to live in tomorrow. Bullying, criticizing and judging anyone at any level for any reason is not acceptable at any cost because it may cost a life. I have been fortunate to have teacher, friends and family around me who have through their teachings, talks, advice and wisdom, not only taught me to respect everyone, but also to stand up

for those who need just a little push to fight against pressure and injustice.

We need to change **NOW MORE THAN EVER,** to make the world a better place. We live in a world today where girls and women still need to prove their worth at all times. Girls are made to believe that they are too weak to achieve. Cities may offer equal opportunities and equal rights to girls and women, but in small towns and villages all across the world, women are still fighting for their basic rights. My mother says, that if girls like you who are

fortunate enough to get opportunities, make the best of them by achieving dreams and setting examples, no matter how big or small they are, it will give a remarkable strength to girls who are denied these opportunities, to stand up and say that we can achieve it too. Every educated girl today is the basis of a progressive society tomorrow. I believe in this and have promised myself to give respect, to get it in return, to work hard on my academics and to stand for what is right, and set small examples for all those who I meet in my journey for a beautiful world tomorrow.

Madalyn Murphy
 Nathan Navarro
 Clayton Nobles
 Jayden Ohlson
 Mason Oliva
 Davesan Oliver
 Haley Olona
 Abigail Olsen



Keira Oriel
 Ryan Oro
 Raegan Orrell
 David Brady Oswald
 Sophia Pallman
 Reegan Parker
 Brayden Parks
 William Pastorius



Daniel Pepe
 Alexander Perry
 Daniel Perry
 David Perry
 Jake Peterson
 Elena Pierce
 Rollando Pineda
 Keanu Ponce De Leon



Katalyn Pratta
 Dain Presley
 Micah Proffitt
 Gabriella Pulido
 Graydon Pytlinski
 Alonzo Ramirez
 Ray Ramos
 Mitchell Redfearn



Lily Reinhold
 Kayla Renner
 Hannah Resley
 Ryan Reynolds
 Maria Ester Rivera
 Liam Roby
 Andre Rockett



Mackenzie Rodriguez
 Charles Roedel
 Noah Rondon
 Daniel Roth
 Sydney Rutherford
 Lauren Sabato
 Andrew Salthouse



Kyle Sanchez
 Abel Sanchez Flores
 Alexander Sanderford
 Christian Sanderford
 Savanah Sandoval
 Ty Schreckenbach
 Jaxson Schmeling



Mariah Schmeling
 Andrew Schneider
 Samuel Schutz
 Blake Schwartz
 Ayden Seipp
 Jake Senier
 Thaddeus Sharkey



"I play Fortnite."
GAVIN SISSOM, 08
photo by g. pytlinski



"I am my true self."
KYLE SMALL, 08
photo by s. pallman



"I have to stick with my family and have a good friend group so I can go through high school having a lot of people I can rely on."
JAKE SENIER, 08
photo by g. pytlinski



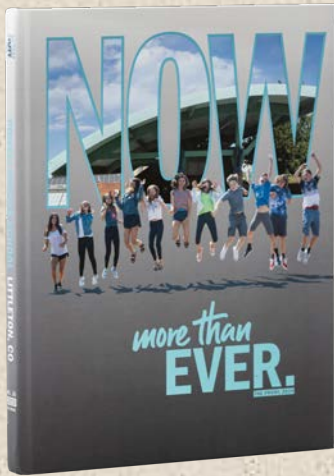
"I have to put trust in myself."
TRYSTA WHITEBULL, 08
photo by j. donahue



"I am an advocate for music and the arts."
SOPHIA STRAND, 08
photo by k. tucker



"I try to come up with ideas for books I am going to write."
MAXIMILLIAN SCHULZ, 08
photo by s. pallman



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Powell Middle School
Littleton, Colorado

Leah GRIER

DURING STUDENT COUNCIL, Sierra Cromar, Leah Grier, Merry Eggen, Julianna Brandberg and Jane Griffin, 08, give back to the school. Grier enjoyed organizing community service projects such as Hat Day, which raised money for the California wildfires. "I enjoyed being a part of a team and volunteering," Grier said.

photos by p. gobbie

NOW MORE THAN EVER, I am making a positive difference in not only my life but in the lives of others in our community. Along with many other eighth-graders, I have been inducted into NJHS, or National Junior Honor Society. This organization provides opportunities for young adults to give back to their communities through community service, and it encourages us to be our best selves. This year, I am also

becoming involved in our school more than ever, as I am part of our student council. My participation in both organizations has helped me to make a change in the school and the community. Mahatma Gandhi's famous saying, "Be the change you wish to see in the world," has inspired me to make a difference and let my voice be heard. Now that I am involved with NJHS, I can change our community. Although volunteering may only take a few hours out of your day, it can help somebody else immensely, which is

why I am proud of my commitment to the honor society. The student council is also helping me to make a difference in our school, even though this is only my first time associated with the program. However, these two organizations are just a start to the changes I hope to make. Now more than ever, because of my life experiences, both good and bad, I have been inspired to make my opinions known. Whether the change you make is small or large, it will still change the lives of others around you. Whether you step

outside of your comfort zone, invite somebody to sit with you at lunch, or participate in a peaceful protest, all of your actions matter. Now more than ever, I have come to realize that while improving myself, I might as well change the world for the better.

Isabelle Shelton
Alexander Shepherd
Connor Shoemate
Shane Sicard
Gavin Sissom
Scarlet Sloss
Kyle Small
Avery Smart



Jackson Smith
Zachary Smith
Luke Sokolowski
Ryan Souther
William Spare
Arley Stark
Aaron Sterling
Griffin Stout



Sophia Strand
Molly Stratton
Sean Sullivan
Zafanya Supusepa
Kaelyn Sweezey
Sean Swimmer
Landes Tatum
Declan Taylor



Jaxyn Taylor
Rebeka Terwilliger
Joshua Tharp
Riley Thomas
Danika Thompson
Ian Thompson
Brooke Tilbury
Maxwell Tilghman



Stella Tomeo
Henry Trask
Katharine Tucker
Tessa Upah
Avery Varvarinecz
Diego Villagran Pacheco
Anna Vosscher
Gillian Ward



Maiken Wat
Avery Watkins
Jace Weber
TyShawnn Weber
Ava Weinman
Alexis Wernecke
Rachel West
Trysta Whitebull



Nathan Widing
Aipei Winger
Colin Winterbottom
Adelaide Wood
Garrison Wood
Lauren Woodward
Celeste Yale
Devyn Yates



Tyler Young
Max Zadovorny
NOT PICTURED
Lorraina Alonso Murphy
Shayla Beach
Jesse Bell
Romi Hodge
Maximilian Schulz



"I am learning a lot in math."
RYAN SOUTHER, 08
photo by k. tucker



"I like to draw."
MARISOL KOCHAN, 08
photo by s. damiano



"I think tennis is fun."
JACE WEBER, 08
photo by b. parks



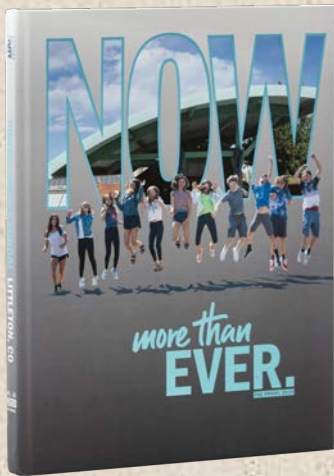
"I need a friend."
AVA ROSE GUILLEN, 08
photo by k. tucker



"I am learning so much."
ANKIT BHATTARAI, 08
photo by k. tucker



"I'm really tired."
LILY JOHNSON, 08
photo by k. tucker



// The Prowl
Powell Middle School
Littleton, Colorado

nathan HOEHNDORF

"Now more than ever, it is important to encourage self esteem."

EXCELLING IN MARTIAL ARTS, A BLACK BELT EXEMPLIFIES THE ART OF TAEKWONDO

AS A BLACK BELT IN TAEKWONDO, I am a leader at Park's Taekwondo, making a difference in my community.

My master, an eighth degree black belt, independently teaches up to 30 kids in each class, with students of various degrees of abilities. In addition to my regular training, I come in once or twice a week to lead a class or two, so my master can focus on other things. I teach the students the skills they need to advance their abilities and share with them the values of Taekwondo.

The students of Taekwondo experience positive effects on their self confidence, respect for others, and their general health and well being.

NOW MORE THAN EVER, it is important to encourage strong self esteem and health because of all the time kids are on the internet, not exercising and possibly being cyberbullied.



KICKIN' IT, Nathan Hoehndorf, 07, completes a flying side kick. This type of kick is incredibly difficult. Nathan practices Taekwondo for health and self defense. "I hope to accomplish the rank of a black belt, which is the highest level one can gain," Hoehndorf said.

LEARNING FROM A MASTER, Nathan Hoehndorf, 07, studies martial arts with Master Young Boo Park. Master Park, a black belt in Taekwondo, has been instrumental in Hoehndorf's progress in Taekwondo. "It lets me be a lot healthier and stronger," Hoehndorf said.

BEAMING WITH PRIDE, Nathan Hoehndorf, 07, displays three of his medals from the national Taekwondo Hammadan. It's an open tournament where competitors compete, even if they have not won a state competition. "Once December rolls around, my Master prepares us for the Hammadan," Hoehndorf said. *photos courtesy of n. hoehndorf*



Joshua Acker
Avery Adams
Dale Adolph
Samuel Ah-Hinson
Miles Amann
Ava Anderson
Weston Andrews
Mason Arellano

Eli Backer
Megan Baker
Christopher Banas
Benjamin Barbour
Xander Barker
Alexandra Barrera
Alexi Bauler
Kaylyn Bell

Brock Benson
Brady Bergstrom
Lucas Bernauer
Anna Bjornebo
Emily Bjornebo
Shay Blankenship
Robert Boccard
William Bolton

Reed Bonge
Zoe Bonge
Cade Bosler
Oliver Braaten
Heather Bradford
Madelyn Braun
Annalyse Brenzkofner
Anna Bridges

Chase Brown
Joseph Bruno
George Bull
Brooklyn Bunten
Riley Bunge
Samuel Butler
Isabella Caranna
Ethan Carlson

Sofia Chakounia
Julia Charney
Issac Chaparro
Priscilla Choi
Ivaiah Clark
Chase Colbert
Kyle Collins
Isabella Cote

Andrew Cottrill
Jordan Crow
Jack Curran
Emma Daberkow
Karalyn Dall
Garrett Danielson
Zoe David
Callahan Davis

Dylon Davis
Loie DeRosier
Kendra Dietzman
Kayla Dieffenbach
Maya Diggins
Caroline Dimig
Elizabeth Dimig
Evan Dimmick



"I want it to be summer."
WILLIAM STEWART, 07
photo by m. baerlyka



"I snowboard."
ELEANOR CALVANESE, 07
photo by c. parker



"I like to run."
WESTON ANDREWS, 07
photo by g. jayleski



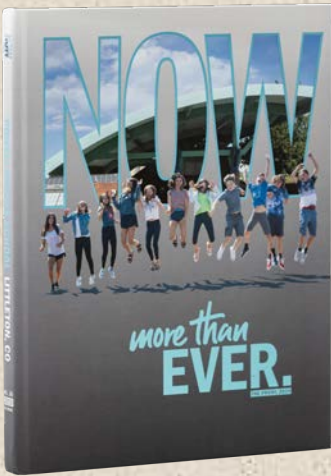
"I will actually listen to my parents."
ALLISON HATAK, 07
photo by k. jansari



"I like to play basketball."
DAVION FISHER, 07
photo by g. williams



"I love my family."
KATHERINE HENNESSY, 07
photo by t. parker



// The Prowl
Powell Middle School
Littleton, Colorado

"It's a sport that tests your strength to think through the actions that your opponent sets for you and what you can do about it, not if you're a boy or girl."

MAHATMA GANDHI ONCE SAID, "Be the change that you wish to see in the world." When I was first asked to write this, I did not think anything in my life could make a change in the world for the better, but I realized just recently that in life the smallest changes can make the biggest difference to the world. My small change is fencing.

First of all, fencing has always been around. We all know about past civilizations and many of them came to rely on the sword for survival. That is how we founded the three types of weapons and targets. Foil, one of the main types, actually originated from just sword practice in many places around the globe, which is why the only target area is the torso. Epee is the most realistic type of fencing this is because you can hit anywhere on the body to receive a touch, and it originates to "first blood" duels. Saber came from people on horses, jabbing and slashing at each other.

When you are fencing saber, only the torso, arms and head count as valid target area. There is a definition for just about everything that you can do on a fencing strip, and more detail on what kinds of things make up each weapon. Most important, however, is that I have to know all of this to be able to fence. I go regularly to train and practice all I know, and it's not just me there, but other girls because fencing or anything else is not restricted by gender. That's why I enjoy fencing, so much! It's a sport that tests your strength to think through the actions that your opponent sets for you and what you can do about it, not if you're a boy or girl. In addition, fencing is not always the first sport that comes into most people's minds when they think of the Olympics, but fencing is the first sport that comes to my mind when I think about global competition. I may be different from many people by doing this sport, but it challenges me and helps me grow as someone who knows how to defend herself. This idea is something

that I want every girl to experience; that no matter what happens, no matter what others say, I can make it because I choose to! I lead the way to every girl's justice and equality with fencing. In other words, fencing is such an amazing and unique sport. It is something that helps me, but it can inspire other girls like me to find their own footing in the passion that they love, no matter how different or challenging it is. Fencing is what I do, so maybe the next time that someone asks you what is your favorite sport to watch, you'll say fencing. But until then, in Gandhi's words, "Be the change that you wish to see in the world," and "Don't be afraid to live to run after your dreams, be afraid to stand still," as Anita Garibaldi said.

NOW MORE THAN EVER, I understand how I make a difference to our world for the better, and while I run after my dreams, I will inspire others to run too.



Isabelle Dimmick
Audrey Dines
Warren Dix
Gabriel Doehler
Karter Dominguez
Olivia Doucet
Alyvia Doyle
Kellan Dreiling



Benjamin Duchovny
Nolan Dunnington
Adam Durr
Madison Dykstra
Quintin Dysart
Camran Eakin
Daxton Egbert
Ruben Escamilla Laines



Duncan Evert
Jackson Finch
Davion Fisher
Ryan Fisher
Hope Flanagan
Roxanne Fox
Cadence Freehling
Harris Fulkeron



Noah Fuller
Manuel Galvan
Nicholas Gergely
Samuel Giffen
Morgan Glass
Audrey Glazier
Addison Gonzales
Olivia Graf



Lucia Graves
Iris Grogan
Daisy Grotts
Skyler Guindel
Rowyn Gwinn
Jack Haag
Bode Hall
Victoria Haluszczak



Kaiden Hamilton
Caden Hanke
Ronan Hanna
Blake Hansen
Reece Hansen
Graham Harding
Allison Hatak
Matthew Heath



Shannon Hebbert
Matthew Heine
Zachary Heltzel
Garrett Henderson
Katherine Hennessy
Aracely Hernandez
Caleb Hirst
Nathan Hoehndorf



Madison Holbrook
Marissa Huerta Hernandez
Rowan Hughes
Cagri Hull
James Hurtado-Cerasoli
Evelyn Jenkins
Serenity Kathryn Jimenez
Estevan Jiron



Alyssa Johnson
Megan Johnson
Nathaniel Jones
Dylan Juarez
Caden Kalkofen
Chloe Kalkofen
Hayden Kamionka
Hannah Karcz



Jamal Kasim
Hailey Kallamo-Morris
Alexandria Kellers
Devin Kenneally
John Nicolas Keran
Grace Kirk
Keegan Kloppenberg
Hayden Knowles



"This school has taught me a lot of good things."
KYPER GARRISON, 07
photo by S. Adams



"I'm proud to express myself!"
DAVRAN WILKINS, 07
photo by S. Adams



"I have friends that care about me."
JACOB ZIER, 07
photo by S. Adams



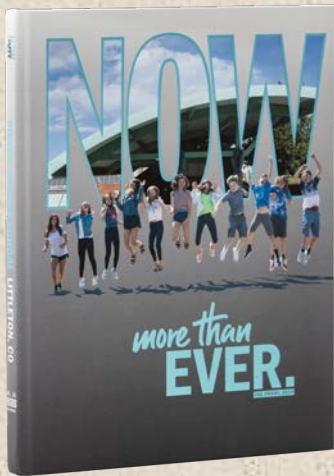
"I like to run more in Track."
RUBEN ESCAMILLA LAINES, 07
photo by S. Adams



"I feel happy to be here at Powell!"
DAKOTA LOOMIS, 07
photo by S. Adams



"I'm selfish."
CADE HIERLING, 07
photo by S. Adams



// The Prowl
Powell Middle School
Littleton, Colorado

benjamin
SCELZA



WITH FAMILY, Benjamin Scelza, 07, and his brothers, Oliver, 07, and Dominik, surf for the first time in Hawaii. A highlight of the trip was seeing dolphins. "We were cruising along to find a spot to snorkel and we saw some dolphins," Scelza said. *photos courtesy of b. scelza*

I AM BEN SCELZA. I AM IN SEVENTH GRADE. Mahatma Gandhi once said, "Be the change you wish to see in the world." Well, I am going to accomplish that in a way that you would not expect. What this world needs is not Starbucks, the newest iPhone, or whatever that Fortnite game is. What we really need is God. God can do anything. When you are struggling or feel lonely, he is there. You might not see him, but he is there every second, of every minute, of every hour, of every day, of every week,

of every year. And, so on. God can help us with anything. Even if it's as simple as a math problem while you are doing homework. Well, if you want to do something like that, you have to start with the little stuff. What I mean by little stuff is, some people in our school are Catholic or Christian. But, some of them might be afraid to show their faith. I know that might be hard speaking of all the things that are happening in our world. So, I will try to show MY faith to other people to let them know that you don't have to be afraid to have faith. If someone does make fun of you or something like that, stand up for yourself. But do it in the name of God.

I will also ask some people to come to a retreat. Well, it might sound like boot camp, but it's not. It's not even close. A retreat is basically a weekend with God. No school, no homework, no Fortnite, just you and God. This changes people's lives in a positive way. God could tell them what you will do when you grow up, or if you are going to make a difference, or even if you are called to be a priest, an entrepreneur, or a husband/wife. This could help people get out of a tough time, or even give you something like courage so you can talk about things that are tough. Also, God doesn't speak to you every time. But, he is listening. So, just letting you

know ONE more time, God is with you. If we start doing these things, those little things will turn into big things. No, I am not saying this will be easy. There will be challenges along the way. That's where God comes in. This will create positivity in the world. We need a LOT of that. Now, that's the way I will hopefully change that big green and blue sphere that we live in. Also, don't be afraid to show what you believe in. Don't stop believing in God! Just remember, life is hard. There will be ups and downs, but during those ups and downs, I'm just letting you know you need to trust in God **NOW MORE THAN EVER.**

Jaxton Knutsen
 Riley Kobar
 Ember Kopperman
 Nina Kozinski
 Miles Krigger
 Cole Krumholz
 Emma LaBrecque
 Lynae Lambert



Samuel Lehl
 Brody Leid
 Sophia Lercara
 Chloe Lewis
 Conall Liburdi
 Elliott Lloyd
 Douglas Lockard
 Dakota Loomis



Daylen Lopes
 Jewel Lopez
 Braeden Losier
 Colin Lovett
 Katherine Loving
 Joshua Luckinbill
 Trae Lundberg
 Deacon Madison



Weston Marlin
 Ian Mather
 Caleb McBride
 Liam McCoy
 Kaitlen McGarvey
 Grayson McGowan
 Peyton McPherson
 Matteo Meale



Chance Meali
 Raven Michael
 Tate Mitchell
 Delaine Mize
 Eilen Moltzahn
 Ayden Montemayor
 Kelsey Moore
 Christian Morales-Eck



Charlotte Morgan
 Jack Morgan
 David Moritz
 Michael Moynihan
 Addison Muller
 Jennifer Munoz
 Jason Nelson
 Anna Nguyen



Henry Nickless
 Cade Nerling
 Luke Nerling
 Kambria Nolton
 Alexis Nottingham
 Chase Novinger
 Emily Noyola Limon
 Maiti O'Shea



Madison Pacheco
 Benjamin Pangborn
 Brooke Panza
 Linnea Paulsson
 Alexandra Perez
 Giovanni Perez
 Willow Peterlin
 Paige Plumb

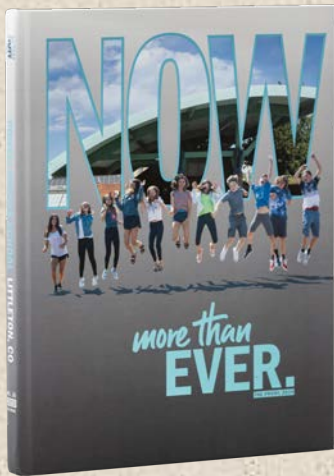


Piper Prince
 Jackson Pumphrey
 Aiden Purcell
 Kyle Quinlan
 Max Ranzoff
 Kaila Read
 Matthew Redfeam
 Diego Reyes



William Ricanbaw
 Keigen Richardson
 Gwyneth Riddle
 Xochitl Alyson Rodriguez Orozco
 Alyssa Roe
 Scarlett Roe
 Ellie Rogers
 Spencer Rogers





// The Prowl
Powell Middle School
Littleton, Colorado



rowan HUGHES

AT CAMP, Rowan Hughes, 07, participates in an activity at Crooked Creek Ranch. WITH FRIENDS, Rowan Hughes, Piper Prince, Megan Sweet, Eva Loong, Izzy Sver, Heather Rynders and Scarlett Roo, 07, give back by cleaning up the trails in her neighborhood. "We talk about how we can come together as a community and help others," Hughes said. photos courtesy of R. Hughes



OVER THE PAST THREE MONTHS, I have been participating in many campaigns to help my community and to make the world a better place. For each of the local campaigns, I have cleaned up local parks as well as sold socks, coffee, and cards to my neighbors and family. All of this hard work is worth it to help me attend Crooked Creek Ranch Camp, a Young Life Camp for Christians.

As I cleaned up local parks, I was disappointed how much plastic and metal things are at the parks. I went

everywhere at the parks to collect as much trash as I could. While doing this, my friends and I received many compliments from runners, people walking their dogs, and even moms or dads with their kids.

After I finished cleaning up the parks, I sold coffee. I mean, who doesn't love coffee these days? Everyone LOVED it because it was mutually beneficial: I got money to help me go to camp, everyone else got to choose their favorite coffee and have it delivered to their mailboxes.

With the socks and cards, they were just fun and cute little designs that people also loved to get for family and friends. Selling socks, coffee, and cards to my neighbors and family was so fun, especially cleaning up local parks because I just got to get out of the house with my friends to do something great.

NOW MORE THAN EVER, I'm happy to see everyone coming together as a community to help out!

- Elsa Romano Klein
- Kayla Romero
- Annelia Rosado
- Riley Roth
- Jonah Rowison
- Grant Sakoules
- Reid Salyers
- Bricaida Sanchez
- Isabella Sandoval
- Shay Santos
- Benjamin Scelza
- Oliver Scelza
- Michael Schriener
- Maggie Schutz
- Jackson Scott
- Sofia Seidel
- Bailee Sidebotham
- Samuel Siegal
- Brielle Sigurdson
- Ella Simmons
- Steven Simmons
- Gabrielle Singer
- Sarah Skornal
- Dallin Sloan
- Samuel Sloss
- Simon Stovut
- Michaela Smith
- Wyatt Starbuck
- Tanner Stewart
- William Stewart
- Thomas Stewart
- Water Stewart
- Donovan Stivers
- Juliet Stratford
- Serene Strickland
- Natalie Swan
- Brett Sweeney
- Megan Sweet
- Thomas Sweetman
- Owen Talley



- Ella Taylor
- Jack Taylor
- Simone Taylor-Gladue
- Tyler Tholen
- Natalia Tomas
- Matthew Townsend
- Alana Tran
- Lincoln Tran
- Alexandra Trauernicht
- Halle Travis
- Christian Trinder
- Kinsley Tritz
- Carson Troupe
- Ryan Velenski
- Marie Vitta
- Hayes von Hortenau
- Antonio Wadsworth
- Kayla Wallace
- Teagan Walsh
- Lily Watson
- Ceanie Weber
- Parker Wedding
- Joshua Wember
- Clayton Wern
- Mischa White
- Esha Wick
- Davrah Wilkins
- Zabrina Williams
- Aiden Colella
- Kyler Garrison
- Zachary Hermosillo
- Isaiah Stewart

Logan Wilson
Jason Yenne
Joaquin Zarazua
Jacob Zier

NOT PICTURED
Ryan Alderete
Autumn Beach
Eleanor Calvanese



"I make sure to include people."
SOFIA SEIDEL, 07
photos by m. barylka



"I try different types of food."
ANA ANDERSON, 07
photos by m. barylka



"I need help with my math work and equations."
AIDEN COLELLA, 07
photos by m. barylka



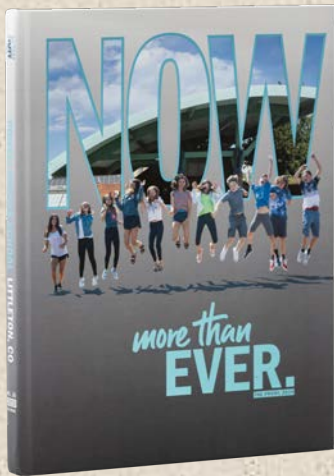
"I feel more opened to people around me."
KAYLA WALLACE, 07
photos by m. barylka



"I cook with my parents."
RYAN ALDERETE, 07
photos by m. barylka



"I ice skate."
SIMONE TAYLOR-GLADUE, 07
photos by m. barylka



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Powell Middle School
Littleton, Colorado

MAYA DELANEY

INSPIRING OTHERS AS THE AMBASSADOR FOR CHILDREN'S HOSPITAL FOUNDATION

"Now more than ever, I want to make sure other kids just like me can get the best care they can."



MY NAME IS MAYA DELANEY AND I AM IN THE SIXTH GRADE. I have a thing called Hemophagocytic Lymphohistiocytosis (HLH) which is a blood disorder that makes bad HLH cells and attacks all of my white and red blood cells.

HLH is a really aggressive blood disorder that is normally seen only in really little kids and babies. I got HLH when I was seven years old and it was not genetic and the doctors don't know for sure what triggered it, so doctors do not know how I got HLH. I am the only kid in the world that got HLH the way I did.

Well, that is enough sad stuff, the good thing that came of it is that I am an Ambassador for Children's Hospital Foundation Colorado and some responsibilities are fund-raising, making appearances and helping the Foundation spread the word about the good work they are doing to help all children no matter what their health issue is.

My experience at Children's was wonderful, even in such a bad time of my life. **NOW MORE THAN EVER**, I want to make sure other kids just like me can get the best care they can.



ROCKIN THE RUNWAY WITH SAMUEL GIRARD. Maya Delaney, 06, along with 30 other kids from Children's Hospital participate in the A's and Better Halves Charity event that helps to raise money for the Children's Hospital. Every child in this event walked the runway with an Avalanche player. Delaney walked with Samuel Girard. "All the money goes to CCBD," Delaney said. **MEETING A FAMOUS ATHLETE,** Delaney along with other ambassadors from Children's Hospital, interview Denver Bronco players. After a Broncos' practice, Delaney spoke to Adam Gotsis, and wrote an article about him. "It was cool and you got to watch the end of practice," Delaney said.

IN SEPTEMBER, Delaney, with help from her older sister, Marley, who was a bone marrow donor, emcee a gala for the Children's Hospital. They raised a record amount of money and Delaney shared her story in front of over 15,000 people. "It was very nerve raking, but it was fun," Delaney said. **EACH YEAR AT COSTCO,** employees raise money for Children's Hospital. The Riverpoint Costco donated to Delaney. "I really enjoyed the chance to help people," Delaney said. photos courtesy of m. jones



- Ronin Abdel-Jabbar
- Morgan Alkens
- Annie Allen
- Cristian Alvarez
- Julia Alvarez
- Madeline Anjaria
- Waverly Aye
- Sydney Babcock
- Braden Backes
- Connor Bacławski
- Patience Bebout
- Addison Becker
- Olivia Becker
- Jackson Beoman
- Grace Blankenship
- Eloise Boedeker
- Graycee Bohlen
- Aiden Boillot
- Chloe Bosley
- Meara Boyce
- Bethany Bradley
- Isabella Brandberg
- Sophia Breen
- Cooper Brendlinger
- Gabriel Brock
- Emmet Butler
- Emily Buzzell
- Hannah Cadvallader
- Cadence Carlson
- Charles Catal
- Erma Ceriani
- Jessica Chaney
- Tyler Chapman
- Ashley Chavez Valdovinos
- Isabella Cole
- Griffin Collings
- Ronan Colson
- Callie Cooper
- Joey Cooper
- Kathryn Copp
- Stella Counter
- Gracie Cox
- Summer Cox
- Carson Cronin
- Cassandra Culp
- Korinne Culp
- Jacob Cumley-Gonzales
- Carson David
- Hogan David
- Martina Davis
- Ocean Day
- Powell DeHart
- Caden Deines
- Madeline Delachapelle
- Maya Delaney
- Matteo DeNittis
- Lance Derby
- Dylan Dickson
- Kellen Doan
- Carter Dobbins
- Matthew Doolaghan
- Sloane Donahue
- Sarah Donohue
- Connor Dreiling
- Auriella Dunda
- Landon Dunn
- Tristan Early
- Claire Easley
- Webb Eggen
- KyraAnn Entley
- Evelyn Ervin



"I like to have fun, relax and hang out with my friends."
MICHAEL PETERSON, 06
photo by j. jurgens



"I can learn."
GREYDEN WANDRY, 06
photo by a. ewangelista



"My grandma lives at a retirement home and I help out the elderly there."
COOPER BRENDLINGER, 06
photo by a. bang



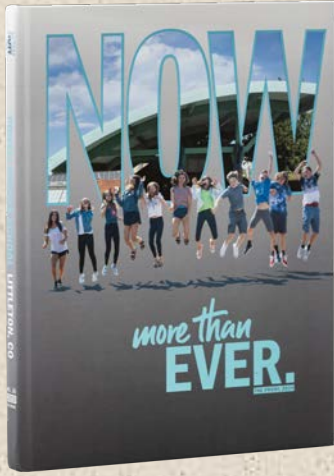
"I like to dance."
SOPHIA BREN, 06
photo by a. stark



"I love to run."
JORDAN FREDERICKS, 06
photo by g. kho



"I'm practicing basketball!"
JOLENE SISNEROS, 06
photo by s. miyasaki



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Powell Middle School
Littleton, Colorado

Tanner Fischer
Delaney Fitzgerald
Diana Fleming
Sean Flynn
Jordan Fredericks
Keise Freking
Brooke Galop
Xander Galvin
MaryJane Gardner
Kaden Garvey
Luke Gedde
Brianna Gentala
Liam Gilbert
Gage Glover
Cristian Gottschalk
William Green
Grace Gummelt
Natalee Gunnell
Kieran Hanna
Ava Hansen
Jake Hansen
Carlee Hansmeier
Catherine Harris
Spencer Heath
Chloe Hebert
Sebastian Hein
Oliver Henson
Abrielle Herbic
Andrew Herman
Brenna Higgins
Julia Hildahl
Olivia Hill
Rylie Hinkhouse
Sophie Hodyl
Adelaide Hogan
Lavinia Howo
Janessa Howell
Jackson Huber
Jasper Hughes-Palmer
Menk Hughes-Palmer
Evelyn Hughes-Ulmer
Evie Humphries
Julian Isroff
Hadley Jackson
Delaney Jacob
Alyah Jargon
Elia Jayasanker
Allison Jeffers
Sylar Jenkins
Noah Johns
Violet Johnson
Katherine Jonnard
Yoel Kaleb
Caha Keasler
Roxanne Kellems
Whitney Kelly
Declan Kennedy
Jackson Keys
Andrew Kirk
Isabella Koepke
Elena Kollars
Keira Kou
Hayden Kubicki
Jonathan Lambert
Carter Landen
Leala Lara
Jacob Larson
Joseph Larson
Violet Larson
Olivia Leader
Mason LoBuglio
Alexis Loggia



Aaliyah Long
Isabella Lopez
Avalon Lux-Offermann
Willem Lynch
Kevin Lyons
Maxwell Madden
Luke Madison
Marek Mangers
Preston Mann
Jacob Martin
Tyler McCalister
Seth McClendon
Karter McGarvey
Carly McHale
Riley McHale
Kemper McKenzie
Miles McMonigle
Ryder Meale
Janpierre Medina
Mathew Melvin
Kellen Metsker
Kaitlyn Meyers
Sofia Miller Calvo
Lydia Monniere
Allie Morgan
Gabriel Morgan
Aljhen Mungcal
Arielle Murphy
Chanelle Mwan
Broden Nelson
Mirabeli Nerenberg
Addison Newcome
Joycelyn Nguyen
Ava Nichols
May Nichols
Tobin O'Neal
Devlin Padilla
Katherine Pallman
Rajan Patel
Kathryn Paulsen
Grant Pebbles
Isabella Peck
Anna Pescher
Melissa Pepe
Joshua Peret
Owen Perrichetti
Michael Peterson
Claire Pisko
Madeline Postes
Emma Poole
Ryan Pramenko
Cady Price
Nicolas Pultas
Daniel Pumpalov
Michael Purfield
Charles Rohlf
Gabriel RaPue
Skyler Rath
Graham Reed
Justin Reischer
Heather Richardson
Anna Rivera
Joseph Robinson
Lucy Roby
Gabrielle Roche
Eve Rogers
Emma Rutz
Lindsay Rutz
Arnulfo Ruvicalca
Daniela Saldana Gordillo
Jackson Sandoval
Sonja Sandoval



"I know the periodic table."
FINN ZADOVNY, 06
photo by a. mungcalista



"I like to help my little brother and sister."
MAKENA SCHELL, 06
photo by j. smith



"School has been easier."
JAMES VENABLE, 06
photo by a. colling



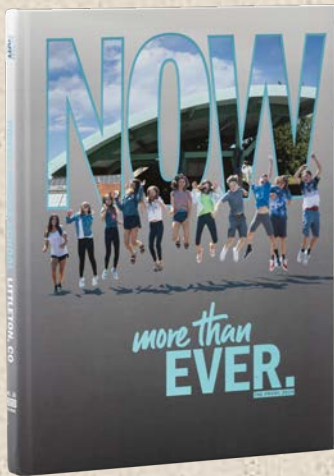
"I moved here from California."
ABBYGAIL PELLE, 06
photo by f. parker



"I enjoy myself while playing soccer."
MEARA BOYCE, 06
photo by m. murphy






"I can be happier."
CHANELLE MWAN, 06
photo by a. colling



// The Prowl
Powell Middle School
Littleton, Colorado

sydney BABCOCK

FOR THE FIRST TIME, Sydney Babcock, 06, pilots a boat. Babcock has always had a love for animals. "When I was younger, I saw a marine biologist Barbie doll, and I knew that's what I wanted to be," Babcock said. **WHILE IN HAWAII**, Babcock swims with dolphins, her favorite animal. "I stopped eating meat because of my love for animals," Babcock said. **FOR HER SIXTH BIRTHDAY**, Babcock visits the Dolphin Swimming Run with her family. "My family surprised me with this trip and experience. It made me excited," Babcock said. *photos courtesy of S. Babcock*

WHEN I WAS TWO YEARS OLD, my family and I went to Boston. We went on an aqueduct and I got to steer it.

The captain asked me questions like, "How old are you? Where are you from?" My answer to the last question astonished him.

"What do you want to be when you grow up?"

I answered, "I want to be a Marine Biologist!"

The captain's face dropped. "A Marine Biologist?" he exclaimed.

I've always wanted to do this job because the ocean is dying from all the plastic and pollution that we put in it. I want to also spend days and days working and stopping this catastrophe. From that day forward, I still want to be a Marine Biologist and I want to do it **NOW MORE THAN EVER.**

- Kate Schafer
- Makena Schell
- Brewea Schellter
- Aiden Schlicht
- Jack Schweiner
- Luke Schwartz
- Lucas Scott
- Ashley Seavall
- Elera Seipp
- Mac Shaver
- Austin Shepherd
- Braden Sisler
- Jolene Sisneros
- Cash Skirven
- Logan Sloss
- Andrew Smart
- Owen Smith
- Wallace Smith
- Braeden Snow
- Samuel Sokolowski
- Emmett Sonnenfeld
- Aubrey Spehar
- Benjamin Spielmann
- Derek Sprague
- Lexie Stinson
- Gregory Stoessel
- Addison Stout
- Valanee Swan
- Brady Syers
- Braden Taylor
- Nora Tholen
- William Tober
- Sasha Tomco
- Elizabeth Tripeny-Chin
- Jackson Turner
- Owen Turner



- Ihuri Valerio
- Logan Velenski
- James Venable
- Grace Veescher
- Robert Waldvogel
- Maia Walker
- Greyden Wandry
- Kaden Wass
- Mae Pearl Watts
- Finnuala Whelan
- Annalise White
- Rachel Wilcox
- Brooke Wilkinson
- Everett Wilkinson
- Lakyn Wilkinson
- Felicia Wilson
- Jordan Winterbottom
- Callen Wolf

Addison Wynne
 Annika Yaworski
 Sean Yilmaz
 Cruz Young
 Finn Zadovorny
 Madeline Zediker

NOT PICTURED
 Abigail Pelle



"I will treat others kindly."
BROOKE WILKINSON, 06
photo by s. vischer



"I swim a lot."
GRACE VISSCHER, 06
photo by s. rutherford



"I want to sleep."
CALLEN WOLF, 06
photo by s. rutherford



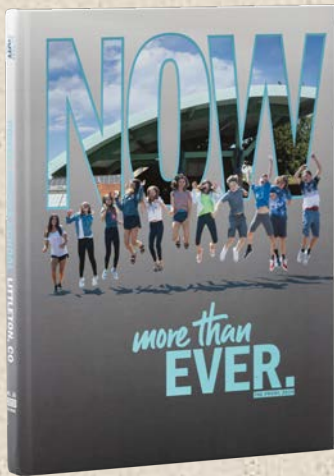
"I like food."
AVALON LUX-OFFERMANN, 06
photo by m. murphy



"I play the bass in strings."
NORA THOLEN, 06
photo by s. alben



"I do my homework."
BRADEN SISLER, 06
photo by k. tucker



// The Prowl
Powell Middle School
Littleton, Colorado

"India truly is an assault on your senses."

Jenna KEIRNS

TEACHING ABROAD IN INDIA PROVIDES MULTICULTURAL EXPERIENCE OF A LIFETIME

IT IS MY STRONG BELIEF AND UNDERLYING REASON FOR TEACHING SOCIAL STUDIES that driven individuals can make a difference in the world. The change I wish to see in the world is a stronger cross cultural bond and respectful understanding within our global community. I am passionate about teaching and connecting diverse culture from around the world, and finding commonality and kindness between us. The best way I can think to accomplish this is to learn first hand from other countries by traveling and interacting with individuals who have experiences other than my own. A specific experience I had with this was in the foothills of the Himalayan mountains of India. In the summer of 2017, I jumped at the opportunity to share my expertise as a teacher with a community in need. I spent the break teaching in a small hill village outside of Palampur in the northern state of Himachal Pradesh. Many students around India learn English from a young age, however in this secluded hill town, they do not have native or proficient English speakers as teachers. I was amazed by the grit and perseverance of students in my class, who showed up every day (during their summer break) for additional English lessons and games.

Circumstances were challenging, students could not afford to bring their own pencils or papers, and we used a spare bedroom of a house as a classroom. Some students came with younger siblings who they were in charge of (or even a pet chicken!), but regardless of obstacles they showed up, ready to learn. These students made a conscious choice to better themselves every day. I will never forget their passion and value of education. We can learn valuable lessons from anyone anywhere around the world, and although I was the "teacher" in the classroom, I gained a great deal from my experience in India. These students taught me how to speak basic Hindi, how to play some of their favorite games, and how to make chapati (Indian style bread). We have billions of people ready to share their stories around the world, and together we can make positive change by listening and connecting with each other.

ON HER LAST DAY AT THE SCHOOL IN INDIA, Jenna Keirns, social studies teacher, gives her students coloring books and colored pencils. "That's something that they don't have very much of, so they were really excited to get those," Keirns said.

AFTER A DAY OF TEACHING, Keirns, another teacher from Spain, and three of her students go outside to play games. "We would provide soccer balls, jump ropes, things like that," Keirns said.

AT THE DAY CARE, Keirns spends quality time with two of the younger children. "In the background is just a concrete floor, and they would just play on the mat," Keirns said. *(photos courtesy of J. Keirns)*



Conner Alles LSS Para
Michelle Becker 6th, 7th & 8th Physical Education, Tuesday Morning Fitness Club Sponsor, Physical Education Department Chair
Stephanie Bell Office Manager/Administrative Assistant to Principal Steve Wolf
Sandra Ben Ami 6th Language Arts, 6th Speech
Kendy Blake 6th Science, 6th & 7th Physical Education

Steve Bond LSS Para
Wynne Bosik School Psychologist Intern
Scott Braun 6th, 7th & 8th Language Arts, 7th Social Studies, NJHS Club Sponsor, Wrestling Team Coach
Peggy Brinkhuis 6th Special Services
Krista Bunten LPD Officer

Lisa Calkins 7th Social Studies, Social Studies Department Chair
Chelsea Carstensen 7th Math, 7th Accelerated Math
Jen Chavers 6th Social Studies
Lawrence Chavers Assistant Principal, Athletic/Activities Director
Lynn Christensen 6th Counselor, Sources of Strength Club Sponsor, Cross Country Club Sponsor

Peter Christensen 6th Math, 6th Accelerated Math, 6th Assistant Track Coach, 7th Assistant Volleyball Coach
Cassie D'Orazio School Psychologist
Dawn Davies 8th Counselor, Sign Language Club Sponsor, Sources of Strength Club Sponsor, PBIS Club, Counseling Department Chair
Kelsey Dondelinger 8th Math, Algebra, Geometry, NJHS Club Sponsor, Math Counts Club Sponsor
Julie Doro 7th Math

Dolores Dumont-Ward LSS Para
JoDee Durbin Attendance, Administrative Assistant to Mr. Lawrence Chavers
David Eilert 6th, 7th & 8th Orchestra, 7th & 8th Guitar, 8th Boys Basketball Coach
Carri Ellison Health Assistant
Mindy Enley 6th, 7th & 8th Drama, Leadership, Sources of Strength Club Sponsor, Play Director, PBIS Club, Tech Crew Club Sponsor, 8th Girls Track Coach

Wendy Erickson 6th Social Studies
Amy Folk Special Services Speech
Brad Folk 6th, 7th & 8th Physical Education
Rose Fox LSS Para
Joshua Franklin 8th Social Studies, World Solutions, 7th & 8th Girls Basketball Coach

Candace Freedman Resource Para
Diane Gaston STEM, Metals Technology, TSA Club Sponsor, Giving Basket Program Club, 6th & 8th Track Coach, 7th Basketball Coach
Christina Gelhausen Dupen 6th, 7th & 8th Math
Andrew Genson 8th Science, 8th Volleyball Coach, Head Chaperone of Washington D.C. Trip
Leigh Goerke 6th Science, Connections, 6th Basketball Assistant Coach, 7th Girls Volleyball Coach, Volleyball Club Sponsor, Sources of Strength Club Sponsor

NOW more than EVER.

ZIADA CURIC, STAFF *photo by K. Buckner*
"I'm ready to make you a great lunch!"

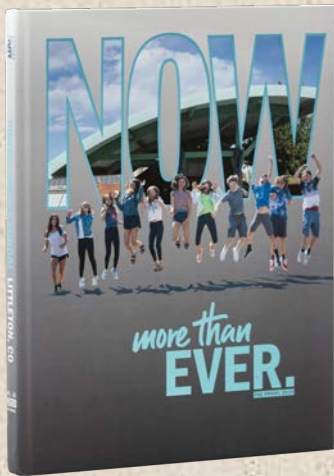
MARIE WATKINS, STAFF *photo by K. Tucker*
"I want to make every day count!"

STEPHANIE BELL, STAFF *photo by Dr. Derylla*
"I want Mrs. Shea's Breakfast Club breakfast!"

TAHINIA WOLF, STAFF *photo by K. Buckner*
"I've always had a love for kits, and this job allows me to work with a passion!"

SANDRA BEN AMI, STAFF *photo by K. Buckner*
"I believe in standing up for what's right, even if I'm alone."

NANCY LESAN, STAFF *photo by K. Buckner*
"I am thankful for a lot!"



// The Prowl
Powell Middle School
Littleton, Colorado



Leigh GOERKE



IN BERLIN, Leigh Goerke, her boyfriend Jarrad Bagley, and her friend Rebecca celebrate completing the marathon. The months of training finally paid off. "After the race, I was tired, crying and exhausted," Goerke said. *photos courtesy of l. goerke*

ON SUNDAY, SEPTEMBER 16, 2018, I ran in the 42nd Berlin Marathon. Yes, you read that right- Berlin, as in Berlin, Germany. A marathon is a 26.2 mile race and approximately 45,000 people ran that day! I started training for this marathon on April 30. This was the third marathon I participated in. I felt very

confident in my ability to run this race and run it well. During the race, I encountered many setbacks that resulted in foot pain, blisters, tight muscles and a blow to my pride. The impact of all this caused me to have to WALK the last 2.7 miles. During that long walk, I cnd on and off and wanted to quit many times over. The lesson I learned from this experience is that I do not quit when the going

gets tough. I thought to myself, "NOW MORE THAN EVER, I need to cross this finish line." I did just that- I didn't reach my goal time and felt horrible physically and emotionally. But I finished. Perseverance and overcoming obstacles with determination will get you a lot in life. People often tell me my running is an inspiration to them, I suppose it's the dedication, training,

and prep this takes. Even if their goal is not to run a marathon or run at all, perhaps I have inspired them to take on something else in their life that they have been putting off or have considered hard. **NOW MORE THAN EVER**, is the time to take on your dreams. Don't tell yourself someday, as someday seems to never come. Start TODAY.

- Lauri Hamill 6th & 7th G.T. Seminar, Literature Enrichment, Brain Bowl Club Sponsor, Spelling Bee Sponsor, Write Away Club Sponsor, Instructional Coach, G.T. Facilitator
- Nathan Hasiak Custodial Maintenance
- Marie Hayes 7th Language Arts, Cursive Club Sponsor, 7th Track Coach
- Jill Hecomovich Registrar, Counseling Secretary
- Jill Henderson Special Services
- Allison Henry Dean of Students
- Marnie Jordan 6th Language Arts
- Mable Kasaini Resource Para
- Heather Kauffman LSS Para Pro
- Jenna Keirns 7th Social Studies, SAGA Club Sponsor, NJHS Sponsor

- Kevin Krenz 8th Social Studies
- Benjamin Lacey 8th Language Arts, Athletic Director
- Nancy Lesan Bookkeeper, Assistant To Assistant Principal
- Ms. Brandy Nath
- Yvette Manculich Advanced Video Editing, Film Studies, Introduction to Digital Media, Yearbook Adviser
- Karen Masek Art, Art Department Chair

- Donald Meersman Woods, Technology, Department Chair
- Anthony Morris Custodian
- David Muldoon Computers, STEM, Modern Technology
- Jessica Muniz 6th & 7th Science
- Brandy Nath Assistant Principal

- Courtney Orange 7th Counselor
- Mariya Pashaliyska Custodian
- Kimberly Pendleton LSS
- Rachel Phillips Spanish 18 & 2
- Rachel Porier 8th Math



- Jill Quinlan Occupational Therapist
- Tiffany Ritchie School Psychologist, Special Education Department Chair
- Maria Rodriguez Custodian
- Eric Sadler 6th Math, 6th Exploratory Tech, 6th & 8th Volleyball Coach, Powell Accountability Committee Co-Chair
- LeeAnne Sheets Family & Consumer Sciences, 21st Century Tech
- Ben Schelhaas Custodian
- Wallis Sprague 8th Science, 8th Boys Track Coach, 6th, 7th & 8th Wrestling Coach
- Elizabeth Stephens 6th, 7th & 8th Choir, 6th & 7th Music Appreciation
- Mary Stephens Media Clerk
- Kristin Stevenson 7th Science
- Eric Teruel 7th & 8th Science
- Anne Thurmond 8th Special Services, Co-Taught Language Arts & Math
- Melissa Toland 7th Language Arts, Cursive Club Sponsor, Language Arts Department Chair
- Olga Villalpando Ramirez Custodian
- Maria Watkins 6th, 7th & 8th Band, Jazz Band

- Michelle Weber 7th Special Services
- Melissa White Special Education Center Para
- Jonathan Witte Science Student Teacher
- Steve Wolf Principal
- Colleen Yanez 8th Language Arts

- Yantze Zastrow Spanish 1A & 1B
- NOT PICTURED
- Zijada Curic Food Services
- Joyce Keough Food Services
- Conception Rivera Custodian
- Katie Sosa Food Services Manager
- Tawnnya Wolf Resource Para



"I am getting ready for middle school."
MARIE HAYES, STAFF
photos by mt. baerlyka



"I am thankful to teach at Powell."
KIMBERLY PENDELTON, STAFF
photos by mt. baerlyka



"I appreciate the enthusiasm of middle school students."
JESSICA MUNIZ, STAFF
photos by mt. baerlyka



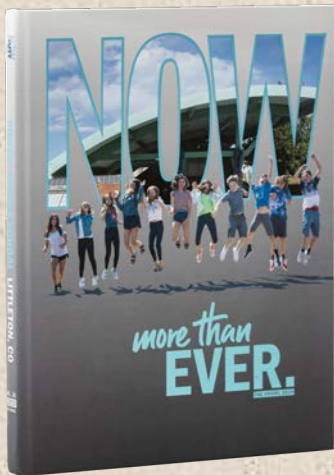
"I understand what things are important and what things aren't important."
LISA CALKINS, STAFF
photos by mt. baerlyka



"I wonder where the world is going."
BENJAMIN LACEY, STAFF
photos by g. westerman



"I need more sleep."
KRISTIN STEVENSON, STAFF
photos by g. westerman



// The Prowl
Powell Middle School
Littleton, Colorado

madison
GROTH



Maddie,

We are so very proud of the amazing person you have become and we are excited for all of your future high school adventures.

Remember: "Beauty begins the moment you decide to be yourself." (Coco Chanel)

Love,
Mom & Dad

maya
BARYLKA



It's incredible that you are at the end of middle school & about to start high school!

As we reflect on your journey, we feel an incredible sense of pride & excitement.

You have walked a beautiful path: believing in yourself, your values, your choices & most importantly, honoring the person you really are. You have been true to yourself and looked always for what is in alignment with your authentic self.

It hasn't been always easy, however, you have managed to walk your path with confidence & trust in yourself.

We love watching you transform into an amazing young adult, creating new & meaningful connections & a positive impact around you.

We wish you the most incredible experience in this new chapter that is about to begin.

We love you siempre!!!!
Mom & Dad, Itay & Bella

quinn
MAHONEY

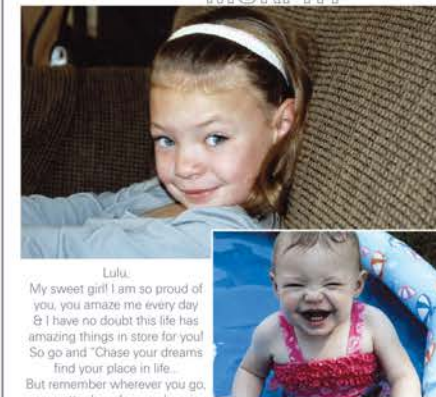


Quinn,

You amaze me with your dynamic energy to pursue your passions. You have filled my heart with such joy during these few short years that I have had the gift of calling you my son. For you, "I wish you enough" as you navigate all the stages of your life. Keep your fun, loving, exploring, & questioning nature all of your days! I am so very proud of you.

Love you forever,
Mom

madalyn
MURPHY



Lula,

My sweet girl! I am so proud of you, you amaze me every day & I have no doubt this life has amazing things in store for you! So go and "Chase your dreams find your place in life... But remember wherever you go, no matter how far - my love is

where you are!"

Couple of tips though as you go. Remember that you cannot taunt the ocean, do not ever get off of an elevator unless you know it's your floor, & most importantly never doubt you are smart, beautiful, strong & simply incredible.

We love you so very much!



grae
LASLEY

Grae,

Since the day you decided to join this life you have been intent on doing it your own way. Your dreams are big & we are so excited for you to achieve every single one. You are an amazing son, brother & friend. One day we will say we know you as you take Hollywood by storm!

XOXO

Dad, Mom, Logan & Rosie

garrison
WOOD

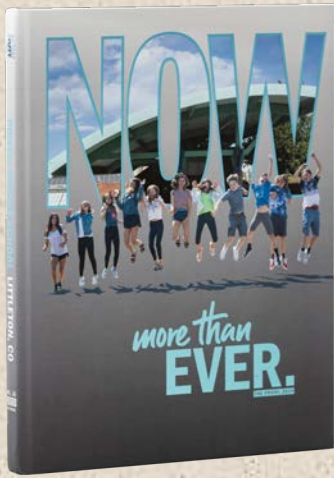
Garrison,

You are such a good guy, You are a helper, a music lover, an adventurous eater, a sweet brother, a wonderful son, a fierce friend, an outdoor enthusiast, a conversationalist, someone you want on your side & we are so lucky to call you our own.

XO,

Dad, Mom & Milana

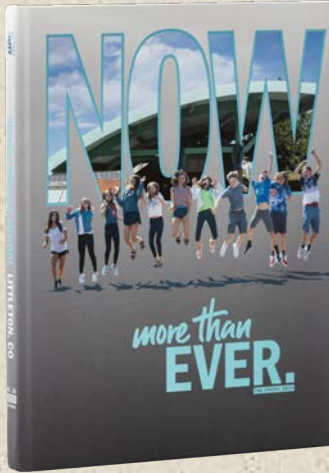




// **The Prowl**
Powell Middle School
Littleton, Colorado

112-145 *Baby ads*

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**// The Prowl
Powell Middle School
Littleton, Colorado**

Dines, Julia 21, 55, 83, 128
DINOSAUR RIDGE FT 26, 27
DISCOVERY PROJECT 46
DISTRICT CHESS TOURNAMENT 36
 Dix, Warren 26, 73, 94, 153
 Doan, Kellen 101
 Dobbins, Carter 56, 101
 Doehler, Gabriel 34, 94
 Dolan, Ryan 28, 83, 134
 Dollaghan, Matthew 67, 101
 Dominguez, Karter 24, 30, 94, 155
 Donahue, Julia 13, 53, 83, 125, 146, 147, 150, 155, 156
 Donahue, Sloane 13, 15, 17, 77, 101
 Donahue, William 13, 28, 29, 83, 125, 146, 147, 152, 157
 Dondelinger, Kelsey 30, 47, 107
 Donohue, Sarah 10, 101
 Doro, Julie 107
 Doucet, Olivia 94
 Doyle, Alyvia 94, 155
DRAMA 62
 Dreiling, Connor 101
 Dreiling, Kellan 94
 Duchovnay, Benjamin 94
 Dumont-Ward, Dolores 107
 Dunda, Auriella 77, 101, 160
 Dunn, Landen 101
 Dunnington, Nolan 94
 Durbin, JoDee 107
 Durr, Adam 53, 94, 153, 154
 Dykstra, Madison 45, 94, 151
 Dysart, Quintin 58, 72, 73, 94
E
 Eakin, Camran 17, 23, 94, 149, 153
 Early, Tristan 101
 Easley, Claire 101
 Egbert, Daxton 94
 Eggen, Kimball 17, 21, 48, 83
 Eggen, Merry 83, 90
 Eggen, Webb 101
EIGHTH GRADE 82
 Eilert, David 62, 65, 107
 Ellison, Carri 107
 Enley, KyraAnn 43, 101, 154
 Enley, Mindy 4, 23, 33, 39, 61, 67, 79, 107
 Erickson, Wendy 107
 Ervin, Evelyn 76, 101
 Escamilla Laines, Ruben 94, 95
 Escorcia, Ava 2, 13, 84, 142, 146, 147
 Estrada, Milo 70, 84

EUCLID MIDDLE SCHOOL 33
 Evangelista, Arianna 13, 48, 84, 146, 157
 Evert, Duncan 48, 94
EXPLORATORY TECH 108
F
FACS 21, 31, 48, 51, 63, 70, 108
FALL BREAK 37
 Farquhar, Thomas 84
FASHION NOW 25
FAST FOOD 69
FDR MEMORIAL 28
FEBRUARY 68, 70, 72, 74
 Feeley, Wyatt 8, 14, 70, 84
 Ferrell, Elizabeth 62, 84, 155
FILM STUDIES 62, 63, 108
 Finch, Jackson 94, 153
 Fischer, Tanner 102
 Fisher, Davion 93, 94
 Fisher, Ryan 43, 69, 70, 94, 149
 Fitzgerald, Delaney 59, 102
 Fix, Raymond 84, 115, 146, 147, 148, 160
 Flanagan, Hope 18, 67, 94
FLATIRON CROSSING FT 48
 Fleming, Diana 46, 102
 Flinders, Maxwell 84, 148, 157
 Flynn, Sean 14, 102
 Folk, Brad 66, 107
 Folk, Amy 107
 Forbes, John 28, 32, 50, 52, 84, 146, 148, 154
 Ford, Julianna 41, 48, 84
 Fox, Rose 107
 Fox, Roxanne 94
 Franklin, Joshua 53, 68, 73, 75, 107
 Franks, Eli 19, 84, 138, 146, 148, 154, 157
 Fredericks, Jordan 38, 100, 101
 Freedman, Candace 107
FREEDOM ESSAY 50, 51
 Freehling, Cadence 73, 76, 94, 149, 155
 Freking, Isaac 41, 58, 63, 84, 113, 146
 Freking, Kelsie 67, 102
FRIENDSHIP 17
 Fronz, Nick 15
 Fulkerson, Frederick 13, 19, 84
 Fulkerson, Harris 94, 153, 154
 Fuller, Noah 44, 77, 94
FUTURE DAY 160
G

Gaff, Andrew 84, 156, 157
 Gall, Halle 6, 37, 48, 84
 Gallegos, Tayden 69, 84
 Galligan, Saoirse 74, 84, 146
 Galop, Brooke 68, 102
 Galvan, Manuel 11, 59, 94
 Galvin, Xander 24, 102
GARDEN TOUR 28
 Gardner, Maryjane 65, 67, 102, 158
 Garibaldi, Anita 95
 Garrison, Charlotte 20, 81, 84, 146, 147
 Garrison, Kyper 94, 99
 Garside, Cole 15, 28, 84, 117, 147
 Garvey, Kaden 102
 Garvin, Kaven 73, 84
 Gaston, Diane 10, 13, 26, 33, 46, 47, 66, 107
 Gedde, Luke 102
 Gelhausen Dupen, Christina 67, 107, 159
GEM LAB 31
 Genson, Andrew 5, 28, 40, 75, 107
 Gentala, Brianna 102
GEOGRAPHY BEE 60, 61
 Gergely, Nicholas 43, 48, 94
 Giffen, Samuel 94
 Gilbert, Liam 64, 102
 Gilbert, Noah 7, 33, 84, 148, 157
 Girard, Samuel 100
 Greene, Matthew 64, 73, 74, 84, 142, 146, 152
 Greghan, Iris 50, 67, 94
 Grier, Eli 84, 147
 Grier, Leah 28, 29, 84, 90, 114, 147, 156, 157
 Griffin, Jane 4, 27, 46, 47, 48, 70, 84, 90, 144, 146, 147, 150, 155
 Groth, Madison 1, 16, 27, 28, 42, 77, 81, 84, 110, 147, 148, 150, 155
GROTTING BEANS LAB 30
 Grubb, Ryan 22, 84, 148, 154
 Gruidel, Skyler 2, 15, 94, 149
GT SEMINAR 73
 Guillen, Ava Rose 10, 84, 91, 126, 147
GUITAR 21, 51
GUITAR CONCERT 48
 Gummett, Grace 102
 Gunnell, Natalee 13, 102, 158
 Gurley, Garrett 13, 32, 33, 84, 148
 Gwynn, Rowyn 15, 94, 149, 153
 Haag, Jack 94
 Haas, Thomas 84, 86
 Hall, Bode 46, 94, 153
 Hall, Izabelle 84
HALLOWEEN 66
HALLWAYS 51, 51, 59
 Haluszczak, Andrew 20, 84
 Haluszczak, Victoria 17, 94, 155
 Hamill, Lauri 3, 81, 108
 Hamilton, Kaiden 15, 69, 95, 149
 Hamilton, Simon 21, 58, 84
 Hanke, Caden 95
 Hanna, Kieran 102
 Hanna, Ronan 95
 Hansen, Ava 2, 7, 67, 102
 Hansen, Blake 14, 50, 95
 Hansen, Jake 7, 102
 Hansen, Reece 14, 95, 158
 Hansen, Tyler 15, 23, 42, 84, 148, 154, 157
 Hansmeier, Carlee 22, 102
 Harding, Graham 32, 95, 149, 153
 Harris, Catherine 6, 102
 Harris, Ruby 6, 13, 73, 84, 146, 155
 Harrison, Abigail 27, 28, 38, 84, 120, 146, 147, 148, 150, 156, 157
 Hasiak, Nathan 108
 Haskell, Ryan 14, 84, 70, 130
HAT DAY 90, 159

Hata, Allison 93, 95, 149
 Hately, Brooke 11, 21, 84
 Hayes, Marie 23, 30, 108, 149, 159
 Heath, Matthew 95
 Heath, Spencer 81, 102
 Hebbert, Shannon 15, 95
 Hebert, Chloe 2, 40, 69, 102
 Hecomovich, Jill 108
 Hein, Sebastian 56, 102
 Heine, Matthew 95
 Helaine, Matthieu 48, 62, 84
 Helzel, Zachary 36, 95
 Henderson, Garrett 17, 95, 149
 Henderson, Jill 108
 Hennessy, Katherine 93, 95
 Henry, Allison 6, 16, 108
 Henson, Oliver 102
 Herbic, Abrielle 50, 102
 Herff Jones 156
HERITAGE GREENS GOLF COURSE 55
HERITAGE HIGH SCHOOL 37
 Herman, Andrew 69, 102
 Hermosillo, Zachary 99
 Hernandez, Aracely 95
 Herrera, Cortez 32, 42, 53, 84, 154
 Hess, Bruce 55, 64, 84, 125, 152
 Hickey, Joseph 28, 84
 Higgins, Brenna 6, 77, 102
 Higgins, Elle 84, 123, 148, 155, 157
 Hildahl, Julia 44, 47, 70, 102
 Hill, Olivia 2, 67, 102
 Hillebrandt, Erin 21, 41, 86
 Hinkhouse, Rylie 69, 77, 102
 Hirst, Caleb 95
 Hoague, Lorin 50, 86, 114
HOBBIES 10, 27, 37, 54, 71
 Hodge, Romi 91
 Hodyl, Sophie 102
 Hoehndorf, Nathan 73, 92, 95, 149
 Hogan, Adelaide 52, 102
 Holbrook, Madison 19, 95
HOLIDAY CONCERTS 49
HOLIDAYS 47, 72
HOLOCAUST MUSEUM 28, 29
HONOR ROLL 2, 18, 19, 60, 61, 80
HOT SPOTS 7, 9
 Howe, Lavinia 102
 Howell, Janessa 102
 Huber, Jackson 45, 102
 Huerta Hernandez, Marissa 95
 Huggins, Cade 28, 58, 86, 116, 156
 Hughes, Rowan 31, 95, 98, 155
 Hughes-Palmer, Jasper 7, 102
 Hughes-Palmer, Merik 7, 102
 Hughes-Ulmer, Evelyn 30, 38, 102

Huggins, Katherine 93, 95
 Henry, Allison 6, 16, 108
 Henson, Oliver 102
 Herbic, Abrielle 50, 102
 Herff Jones 156
HERITAGE GREENS GOLF COURSE 55
HERITAGE HIGH SCHOOL 37
 Herman, Andrew 69, 102
 Hermosillo, Zachary 99
 Hernandez, Aracely 95
 Herrera, Cortez 32, 42, 53, 84, 154
 Hess, Bruce 55, 64, 84, 125, 152
 Hickey, Joseph 28, 84
 Higgins, Brenna 6, 77, 102
 Higgins, Elle 84, 123, 148, 155, 157
 Hildahl, Julia 44, 47, 70, 102
 Hill, Olivia 2, 67, 102
 Hillebrandt, Erin 21, 41, 86
 Hinkhouse, Rylie 69, 77, 102
 Hirst, Caleb 95
 Hoague, Lorin 50, 86, 114
HOBBIES 10, 27, 37, 54, 71
 Hodge, Romi 91
 Hodyl, Sophie 102
 Hoehndorf, Nathan 73, 92, 95, 149
 Hogan, Adelaide 52, 102
 Holbrook, Madison 19, 95
HOLIDAY CONCERTS 49
HOLIDAYS 47, 72
HOLOCAUST MUSEUM 28, 29
HONOR ROLL 2, 18, 19, 60, 61, 80
HOT SPOTS 7, 9
 Howe, Lavinia 102
 Howell, Janessa 102
 Huber, Jackson 45, 102
 Huerta Hernandez, Marissa 95
 Huggins, Cade 28, 58, 86, 116, 156
 Hughes, Rowan 31, 95, 98, 155
 Hughes-Palmer, Jasper 7, 102
 Hughes-Palmer, Merik 7, 102
 Hughes-Ulmer, Evelyn 30, 38, 102



8th grade TRACK TEAM MORE COVERAGE ON PG. 5, 13, 22, 32
FRONT ROW: Shelby Miyazaki, Peyden Gobble, Corbin McDermott, Eli Franks, Sophia Pallman, Arley Stark, Brayden Parks, Jack Letzelter, John Forbes, Alexander Sanderford, Tyler Bushel, Katelyn Pratte, Micah Proffitt, Mason Oliva, Emily Lamontagne. **SECOND ROW:** Avery Lang, Ryan Grubb, Alonzo Ramirez, Aaron Sterling, Hailey DaHarb, Julianna Brandberg, Ava Mitchell, Andrew Chapman, Samuel Alpern, Daniel Pepe, Connor Shoemate, Wilson Kirk, Rebeka Terwilliger, Elle Higgins, Kayla Renner. **THIRD ROW:** Tyler Hansen, Thomas Lenzen, Ryan Oro, Sutton

Damiano, Maria Rivera, Sierra Cromar, Sydney Cohen, Ella Boyd, Maiken Wat, Noah Gilbert, Jayden Ohlson, Calen Lawson, Hayden Jones. **FOURTH ROW:** Henry Combs, Raymond Fix, Alexander Shepherd, Madison Groth, Abigail Harrison, Anna Visscher, Mackenzie Rodriguez, David Oswald, Gustav McIntosh, Reegan Parker, Gillian Ward, Adison Bartlett. **FIFTH ROW:** Jack Dimig, Garrett Gurley, Liam Roby, Hollie Jayasanker, Kevin Andersen, Diego Villagran Pacheco, Maxwell Flinders. **NOT PICTURED:** Keanu Ponce de Leon.

SCOREBOARD

9/11/18 US VS. NEWTON Girls 87-30 W Boys 81-36 W	GODDARD Girls 38 Boys 96
9/18/18 US VS. GODDARD Girls 105-12 W Boys 87-30 W	NEWTON Girls 62 Boys 79
9/25/18 US VS. NEWTON Girls 103-14 W Boys 86-31 W	OPTIONS Boys 8 Girls 8
10/2/18 US VS. EUCLID & OPTIONS Girls 75-42 W Boys 96.5-20.5W	
10/9/18 DISTRICT MEET POWELL Girls 188 Boys 193	
EUCLID Girls 102 Boys 14	

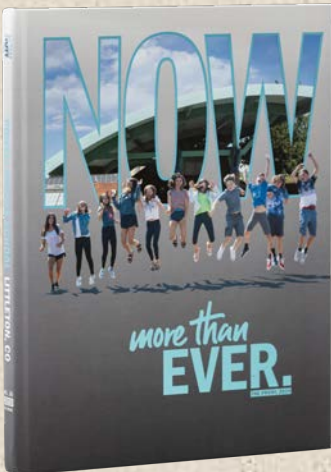


7th grade TRACK TEAM MORE COVERAGE ON PG. 5, 13, 22, 32
FRONT ROW: Ava Anderson, Amelia Rosado, Rowyn Gwynn, Nathan Hoehndorf, Dylan Davis, Kaiden Hamilton, Douglas Lockard, Isabella Carlan, Steven Reid Simmons, Skyler Gruidel, Priscilla Choi, Mitchell Skyfyer, Riley Roth, Kaylin Bell. **SECOND ROW:** Ryan Fisher, Weston Andrews, John Nicholas Keran, Tyler Tholen, Walter Stewart, Grayson McGowan, Samuel Siegal, Chloe Kaikofen, Grace Kirk, Cadence Freehling, Shay Santos, Camran Eakin, Allison Hatak, Parker Wedding, Willow Peterlin. **THIRD ROW:** Lily Watson, Colin Lovett, Jason Yenne, Brett

Sweeney, Spencer Rogers, Sophia Lercara, Joaquin Zarazua, Tate Mitchell, Chase Colbert, Zoey David, Halle Travis, Maiti O'Shea, Bailee Sidebotham. **FOURTH ROW:** Coach Marie Hayes, Callahan Davis, Megan Baker, Alexandra Trauernicht, Piper Prince, Graham Harding, Thomas Sweetman, Carson Troupe, Charlotte Morgan, Garrett Henderson, Gabrielle Singer, Donovan Stivers, Joshua Wember, Chase Brown, Coach Zach Owens. **NOT PICTURED:** Lucia Graves, Brooke Panza, Natalee Swan.

SCOREBOARD

9/17/18 US VS. EUCLID Girls 87-30 W Boys 66-51 W	
9/24/18 US VS. NEWTON Girls 79.5-37.5 W Boys 87-30 W	
10/1/18 US VS. GODDARD Girls 75-42 W Boys 110-7 W	
10/2/18 US VS. EUCLID & OPTIONS Girls 75-42 W Boys 96.5-20.5W	



// The Prowl
Powell Middle School
Littleton, Colorado

Hull, Capri 95
Humphries, Evie 57, 102
Hunt, Ronan 14, 79, 86,
121, 157
HURRICANE MARIA 78
Hurtado-Cerasoli, James
95

I
Iliev, Lydia 77, 86, 132,
146, 147, 155
INDIA'S KITCHEN FT
18, 63
Infusino, Naman 86
INTERNATIONAL TOWNE
FT 4, 40, 41
INTRO TO DIGITAL
MEDIA 60, 108
Isroff, Julian 19, 102

J
J-DAY 18
Jackson, Hadley 15, 38,
102, 160
Jacob, Delaney 102
JANUARY 58, 60, 62,
64
Jargon, Alyah 102
Jayasanker, Ella 13, 59,
61, 102
Jayasanker, Holly 22, 42,
76, 86, 122, 146, 147,
148, 150, 155, 157

JAZZ BAND 60, 61, 63,
108
Jeffers, Allison 10, 61,
102
Jeffers, Rianne 13, 18, 70,
86, 146, 147, 155,
156
Jenkins, Evelyn 95, 155
Jenkins, Syler 102
Jenner, Kylie 79
Jerome, Titan 85
Jessen, Garrett 85, 86,
131
Jimenez, Serenity Kathryn
95, 155
Jiron, Estevan 73, 81, 95,
153
JOHN ERWIN SCHOOL
4
Johns, Noah 63, 102
Johnson, Aiden 86
Johnson, Alyssa 95
Johnson, Ervwin 38, 39
Johnson, Lily 17, 86, 91,
155
Johnson, Megan 42, 95
Johnson, Miriam 17, 51,
86, 146, 147
Johnson, Violet 38, 67,
76, 102
Jonas, Kevin 79
Jones, Hayden 15, 16, 48,
86, 115, 148, 155
Jones, Nathaniel 95
Jonnard, Katherine 102
Jordan, Jason 31, 86, 141
Jordan, Marnie 66, 108
Juarez, Dylan 77, 95, 153
Juergens, Grant 86, 157
JUSTICE RUN 35

K
Kadarisman, Jessilia 86,
120, 131, 147, 155,
156
Kaikofen, Chloe 149
Kailani, Peyden 143
Kaleb, Yoel 102
Kalkofen, Caden 66, 95
Kalkofen, Chloe 41, 95
Kamionka, Hayden 95
Karcz, Hannah 94, 95
Karlsгодt, Ryan 25, 40,
86, 119
Kasaini, Mable 108
Kasim, Jamal 68, 95, 153
Kasim, Jason 153
Kauffman, Heather 108
Keasler, Calla 2, 36, 47,
48, 102
Keaty, Gwyneth 66, 86
Keaty, Neal 44, 86
Keirns, Jenna 59, 60, 73,
106, 108
Kellams-Morris, Hailey 95
Kellems, Alexandria 47, 95
Kellems, Roxanne 102
Kelly, Courtney 25, 48,
51, 86, 147, 155
Kelly, Whitney 61, 67, 102
Kenneally, Devin 29, 43,
67, 95, 154
Kennedy, Declan 102
Keough, Joyce 109
Keran, John Nicolas 40,
48, 95, 153
Keys, Jackson 30, 102

Kho, Giovanni Aaron 64,
74, 86, 152, 156
KICKBALL
TOURNAMENT 78
KICKIN' & FLIPPIN' IT
CLUB 69
KICKIN' IT OLD SCHOOL
5, 16, 67, 78, 81
Kingston-Cruz, Marc 86
Kirk, Andrew 31, 67, 102
Kirk, Grace 9, 94, 149
Kirk, Wilson 9, 13, 64, 74,
86, 144, 148, 152
Klein, Elsa 151
Kloppenber, Keegan 39,
95
Knispel, Aidan 75, 86,
118
Knowles, Hailey 62, 63,
86
Knowles, Hayden 56, 95
Knutsen, Jaxton 96
Kobar, Riley 6, 21, 96, 151
Kochan, Marisol 86, 90,
144
Koepek, Isabella 15, 46,
47, 102
Kollars, Elena 102
Kopperman, Ember 96
Kou, Keira 70, 102
Kozinski, Nina 47, 96
Krause, William 86, 87
Krenz, Kevin 73, 108
Kretzschmar, Danielle 31,
86
Krieger, Miles 96
Kriss, Elise 6, 63, 86, 130,
146, 157
Krumholz, Cole 37, 96
Kubicki, Hayden 102

Kuhl, Haleigh 29, 70, 72,
86
L
La Forett, Xavier 86
LaBrecque, Emma 51, 96,
155
LaBrecque, Madison 86,
155, 157
Lacey, Benjamin 108,
109
Lambert, Elyse 21, 86
Lambert, James 68, 86,
146, 147
Lambert, Jonathan 102
Lambert, Lynae 58, 68,
96
Lamontagne, Emily 32,
86, 136, 148, 155
Lamora, Jorge 24, 86
Landen, Carter 13, 67, 69,
102
Landen, Trevor 15, 63,
86, 116
Lang, Avery 15, 28, 48,
86, 135, 147, 148,
155, 156
LANGUAGE ARTS 21,
31, 47, 51, 107, 108
Lara, Leala 55, 73, 102
Larson, Jacob 28, 72,
102
Larson, Joseph 41, 102
Larson, Samuel 60, 86
Larson, Violet 27, 67, 102
Lasley, Grae 86, 110, 154

Lauffer, Dean 40, 48, 49,
87
Laushman, Madelyn 27,
33, 87
Lawson, Calen 21, 33, 48,
87, 148
LeDuff, Mikayla 87, 120,
155
LeeAnne, Sheets 47, 76
Leeder, Olivia 13, 47, 102,
158
Lehl, Samuel 31, 77, 96
Leid, Brody 43, 96, 154
Lenzen, Thomas 82, 87,
146, 148
Lercara, Sophia 73, 76,
96, 149, 155
Lesan, Nancy 22, 108,
156
Letzelter, Jack 42, 53, 87,
148, 154
Lewis, Chloe 63, 96
Liburdi, Conall 52, 96,
154, 158
LITERATURE
ENRICHMENT 108
Little, Benjamin 18, 28,
87, 156
LITTLETON PUBLIC
SCHOOLS 47, 58
Lloyd, Elliott 25, 96
LoBuglio, Mason 102
Lockard, Douglas 9, 96,
149
Loggia, Alexis 36, 38, 60,
102
Long, Aaliyah 25, 103
Loomis, Dakota 17, 95, 96
Lopes, Daylen 96
Lopez, Isabella 103

Lopez, Jewel 17, 27, 96
Lopez, Victor 60
Loring, Eva 98
Losier, Braeden 6, 96
Lovett, Colin 43, 96, 149,
153, 154
Loving, Katherine 73, 96
Loyd, Grace 21, 87, 146
Loyd, Quinn 87, 156
Luckinbill, Joshua 59, 72,
73, 96
LUNCH 5, 17, 36, 47,
158
Lundberg, Trae 96
Luter, Eva 87, 142
Lux-Offermann, Avalon
32, 103, 105
Luzietti, Zachary 55, 63,
87, 118
LYMPHOMA SOCIETY
4, 79
Lynch, Willem 103
Lyons, Kevin 47, 67, 103

Malaney, Maddox 87
Maloney, Aaron 15, 28,
46, 87
Manculich, Yvette 19,
108, 156
Mangers, Marek 52, 103
Mann, Jackson 87, 122,
146, 156
Mann, Preston 103
MARCH 75
Marlin, Weston 96
Marquez, Esteban 74, 75,
87, 152
Martin, Heidi 13, 87, 127,
146
Martin, Jacob 60, 103
Martin, Margie 13, 48, 87,
146, 155
Martineau, Jensen 87,
156
Masek, Karen 3, 13, 47,
108
Mather, Ian 70, 96
Matsker, Kellen 55
Matthews, Summer 87,
155, 157
May, Natalie 18, 20, 87,
139
McArdle, Isabella 87, 155,
157
McBride, Caleb 96, 154
McCallister, Tyler 13, 47,
52, 103
McCausland, Devin 38,
87, 135, 152
McClendon, Seth 31, 103
McConnell, John 85
McCoy, Liam 19, 96

McDermott, Corbin 6, 15,
18, 28, 31, 87, 133,
148, 152, 157
McDowell, Skylynn 51, 87,
120, 147
McGarvey, Karter 15, 71,
103
McGarvey, Kellen 15, 96
McGowan, Grayson 31,
96, 149
McGrath, Rebecca 156
McHale, Ava 21, 28, 48,
49, 87, 139, 146, 147
McHale, Carly 44, 63,
103
McHale, Molly 2, 87
McHale, Riley 30, 103
McIntosh, Gustav 28, 30,
87, 122, 148
McKenzie, Kemper 103
McKinnon, Berkeley 42,
48, 51, 52, 56, 87,
135, 146, 147, 150,
155
McMonigle, Miles 47, 102
McPherson, Peyton 96
Meadors, Paige 87
Meadors, Piper 87, 157
Meale, Matteo 96
Meale, Ryder 12, 63, 103
Medina, Janpierre 103
Meersman, Donald 108
Meili, Chance 64, 72, 96,
153
Melvin, Mathew 21, 103
METAL TECH 13, 20,
107
Metsker, Kellen 103
Meyers, Kaitlyn 103
Michael, Raven 96

Miller, Taylor 42, 48, 77,
87, 123, 146, 150,
155
Millner Calvo, Sofia 60,
103
Mills, Jake 87, 136, 156
Mitchell, Ava 13, 32, 73,
80, 87, 143, 146, 147,
148
Mitchell, Tate 27, 56, 57,
73, 96, 149
Miyazaki, Shelby 5, 40,
48, 87, 146, 148,
155, 157, 159
MIZE, Delaine 96
MODERN TECHNOLOGY
63, 108
Molzahn, Ellen 96, 155
Monniere, Lydia 2, 103
Montemayor, Ayden 77,
96
Montgomery, Lindi 87
Mooney, Ian 20, 86, 87
Moore, Kelsey 67, 96
Morales-Eck, Christian 96
Morgan, Allie 27, 36, 47,
68, 103
Morgan, Charlotte 20, 44,
97, 149
Morgan, Gabriel 17, 103
Morgan, Jack 97
Moritz, David 66, 97, 153
Morris, Anthony 108
Mostowy, Izzy 15
MOUNT VERNON 28
MOVIE NIGHT 4, 71
Mowle, John 87
Moynihan, Michael 97,
153
Muldoon, David 48, 108

8th grade GIRLS BASKETBALL MORE COVERAGE ON PG. 42, 52



8TH GRADE BASKETBALL TEAM: FRONT ROW: Tessa Upah, Taylor Miller, Berkeley McKinnon, Claire Aylward, Ella Beebe, Sophia Pallman, Maya Budler. SECOND ROW: Holly Jayasanker, Madison Groth, Abigail Harrison, Keira Oriel, Jane Griffin, Sutton Damiano, Sierra Cromar. NOT PICTURED: Julia Donahue, Gillian Ward.

SCOREBOARD

10/23/18 US VS. NEWTON A Team 35-12 W B Team No Game	11/08/18 US VS. GODDARD A Team 43-07 W B Team 16-07 W
10/24/18 US VS. GODDARD A Team 50-06 W B Team 38-04 W	11/29/18 US VS. EUCLID A Team 31-11 W B Team 20-02 W
10/30/18 US VS. EUCLID A Team 16-07 W B Team 12-12 Tie	12/04/18 PLAYOFFS US VS. GODDARD A Team 40-07 W B Team 28-04 W
11/06/18 US VS. NEWTON A Team 31-05 W B Team 37-03 W	12/08/18 FINALS US VS. A Team 18-17 W B Team 32-06 W

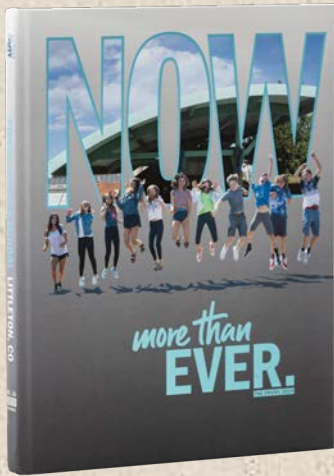
7th grade GIRLS BASKETBALL MORE COVERAGE ON PG. 42, 52



7TH GRADE TRACK TEAM: FRONT ROW: Madison Dykstra, Shay Santos, Isabella Cote, Riley Kobar. SECOND ROW: Elsa Klein, Kayla Wallace, Zoey David. NOT PICTURED: Logan Wilson.

SCOREBOARD

10/29/18 US VS. NEWTON Girls 24-9 W
11/05/18 US VS. GODDARD Girls 30-8 W
11/12/18 US VS. EUCLID Girls 15-29 L



// **The Prowl**
Powell Middle School
Littleton, Colorado



"The best part about being a Puma is the support and the teachers."
 CLAYTON WERN, 07



1. AFTER THE PUMA PROWL, the Puma mascot congratulates Reece Hansen, 07. "I enjoyed the aftermath of The Prowl because I got to hang out with my friends," Hansen said. *photo by k. sweezey* **2. RIDING PIGGY-BACK**, Clayton Wern and Conall Liburdi, 07, have fun at lunch. "More friendship every day equals more fun," Liburdi said. *photo by d. yates* **3. FINISHING THE SCHOOL DAY**, Madeline Anjaria, 06, has been riding the bus since the beginning of middle school. "There are a bunch of seventh graders in the back of the bus that blast their

music," Anjaria said. *photo by m. schmeling* **4. EACH DAY**, Bralen Taylor, Cash Skrivan and Luke Madison, 06, run around playing games outside. "Now I am playing lots of baseball and basketball more than every," Skrivan said. *photo by m. murphy* **5. DURING LUNCH**, Olivia Becker, Callen Wolf, Olivia Leeder, Natalee Gunnell, Maryjane Gardner, Powell DaHart, Emma Poole and Dylan Dickson, 06, take time to let loose and show off their crazy side. "I love talking to friends and having fun during lunch," Gunnell said. *photo by s. pallman*

WE ARE

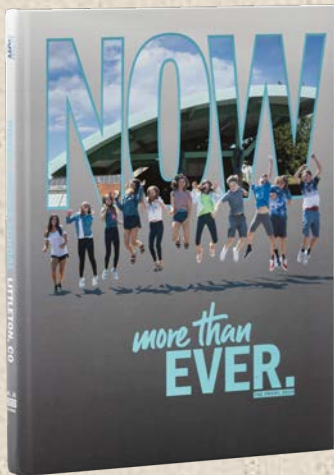
the PUMAS who devoured over 1,407 lollipops in two days during Student Council's sold out sucker sales. WE celebrated Mrs. Christina Gelhausen Dupen's third place victory at the Taekwondo competition in Sydney, Australia. WE cheered when we got two snow days in a row because of the Bomb Cyclone Blizzard in March. WE explored our creativity in STEM, Wood Tech, Art and Drama. WE supported our teachers who wore Red for Ed to increase funding for education. WE beat every rival school, in four rival sports to become **DISTRICT CHAMPIONS.**

NOW You might ask us, what's next? WE don't know 'cause we're too busy livin' in the **RIGHT HERE AND RIGHT NOW.**

NOW we were proud to make a difference after donating \$1,082.50 to the Red Cross during our annual Hat Day. WE rock 'n' rolled during Tyler Bearden's performance at the Showcase Night. We didn't sit back and just watch our lives happen. **WE** took control even with a District wide time change to our daily schedule because it was always a great day to be a **PUMA.**



more than ever
 we made each moment count.



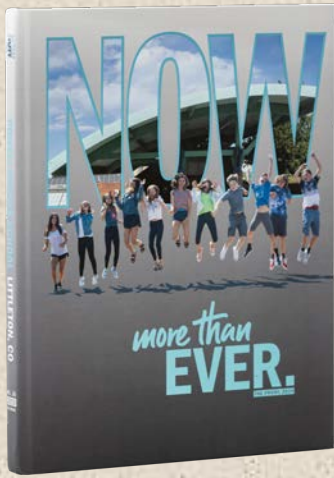
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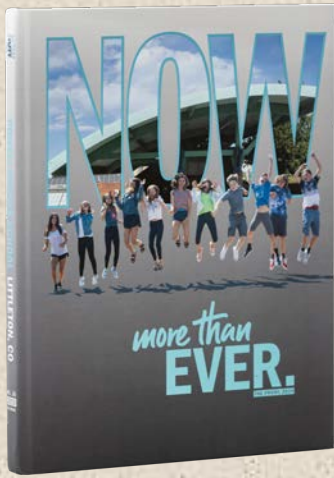
more than
EVER.

1. EXCITED TO MAKE A FRESH START IN A NEW SCHOOL. Auriella Dunda and Hadley Jackson, 06, walk to the gym for the PRIDE Assembly on the first day of school. As the sixth graders entered the gym, teachers and staff welcomed them. "I really liked being able to switch classes and move around during the day," Dunda said. *photo by y. manuelich* **2. CROSSING THE FINISH LINE AT THE DISTRICT TRACK MEET.** Raymond Fix, 08, takes first place. "My favorite events are the 4X100 relay and the 4X200 relay because to succeed, you need your teammates to help you out." Fix said. *photo by g. ward* **3. ON PAST VS. FUTURE DAY.** Vice Principal Lawrence Chavers dresses up as a rapper from Run DMC. "I like the creativity of Spirit Week and how it lets the entire staff and students wear what they might not wear usually," Chavers said.

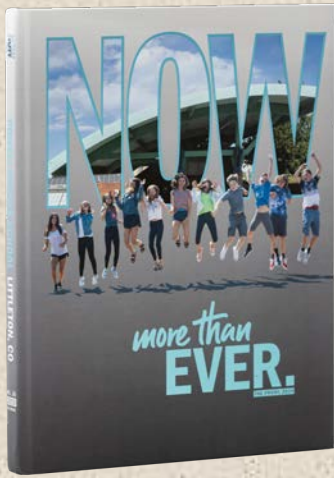
photo by s. damiano



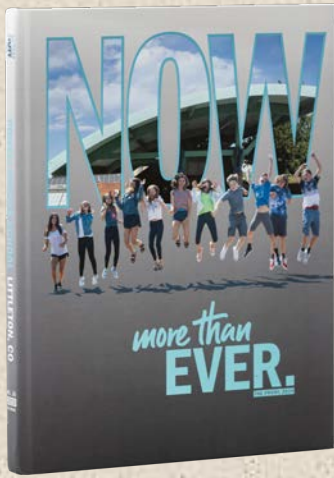
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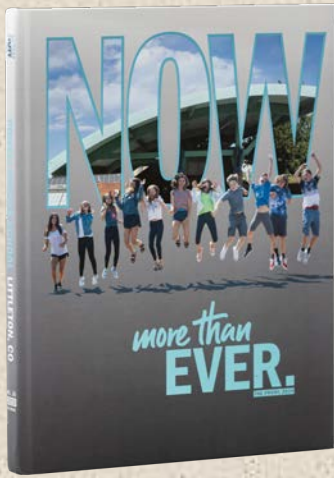
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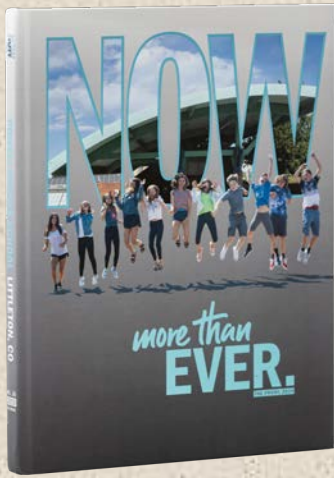
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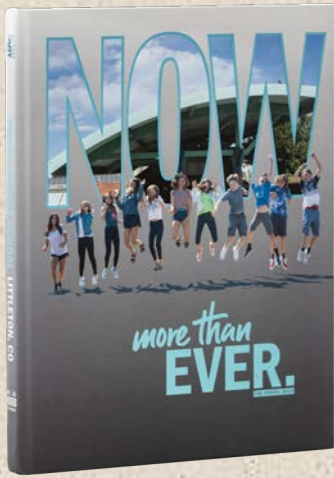
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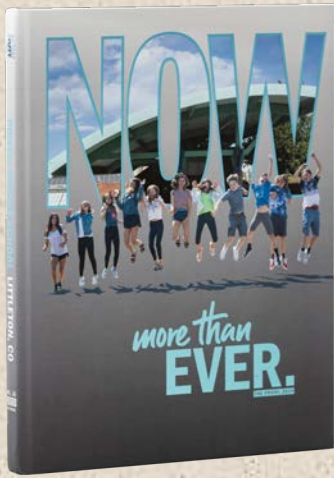
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